

Mt. Mahogany Afterschool Program 2023-2024

MARCH



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	26	27	28	29	1 FUN FRIDAY SEL Activity Physical Rotation Creative Rotation
My Truest Self	4 SEL-Positive Action (P): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Starting Out with the Truth Power Hour Clubs Creative Writing: Olympics	5 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	6 SEL-Positive Action (B): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Your Own Truth Power Hour Clubs Creative Writing Olympics	7 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	8 FUN FRIDAY SEL Activity Physical Rotation Creative Rotation
My Truest Self	11 Closed -Teacher Work Day-	12 Closed -Teacher Work Day-	13 SEL-Positive Action (B): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Keeping Our Word Power Hour Clubs Creative writing: Olympics	14 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	15 FUN FRIDAY SEL Activity Physical Rotation Creative Rotation
My Truest Self	18 SEL-Positive Action (P): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Standing True Power Hour Clubs Creative Writing Olympics	19 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	20 SEL-Positive Action (B): K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: What Did You Learn? Power Hour Clubs Creative Writing Olympics	21 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	22 FUN FRIDAY SEL Activity Physical Rotation Creative Rotation
Improving Me	25 SEL-Positive Action (P): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Believing We Can Do More, Be More Power Hour Clubs Creative Writing Olympics	26 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	27 SEL-Positive Action (B): K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Believe, Try Hard, and Stick It Out Power Hour Clubs Creative Writing Olympics	28 Power Hour STEAM LABS K-2: Animals 3-6: Thanksgiving Point	29 FUN FRIDAY SEL Activity Physical Rotation Creative Rotation

Daily Schedule Monday, Wednesday	Daily Schedule Tuesday, Thursday	Daily Schedule Friday
3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:30 SEL - Positive Action 4:30-4:35 Transition 4:35-4:55 Power Hour 4:55-5:00 Transition 5:00-5:25 Enrichment Clubs 5:25-5:30 Transition 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:20 Power Hour 4:20-4:25 Transition 4:25-5:25 STEAM 5:25-5:30 Transition 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:25 SMART Moves-SEL Activity 4:25-4:30 Transition 4:30-4:50 Physical Enrichment 4:50-4:55 Transition 4:55-5:15 Physical Enrichment 5:15-5:20 Transition 5:20 Gratitude, Snack, Check out



UTAH DEPARTMENT OF
WORKFORCE SERVICES
CHILD CARE

Contact Info

Kiah Molyneux
Site Coordinator
Email: mtmahogany@bgcutah.org
Phone: 801-633-1525

Program Address: 618 N 1300 W St, Pleasant Grove, UT 84602



March Club & Activity Details

Message to Parents:

Hello! We are excited for our upcoming clubs and activities for this next month! Each month we will have a physical and creative club. Our YDPs work hard on lesson planning so all of the students are engaged and excited about the activities. The physical activity this month will include learning and participating in the Olympics!. The creative activities will include creative writing and illustration. We will also be participating in STEAM Tuesdays and Thursdays. We hope to increase our creativity and physical strength this month in clubs! Listed below will be a more detailed list of what each activity this month will include.

Social Emotional Learning Clubs:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week. The February theme focuses on helping our club members become their best selves.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Power Hour is only 20 minutes, rather than what the name states. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

STEAM Club - This club is for all students! They will be provided with engaging activities related to science, engineering, technology, and mathematics. It will be held on Tuesdays and Thursdays. Thanksgiving Point are our community partners and they provide similar activities for our 3rd-6th graders as what was listed above every Tuesday and Thursday.

Physical & Creative Clubs:

[Creative Club] - This club will include each student using their imaginations and putting it to paper! Each student will get to learn the art of creative writing and try it out themselves. There will be different prompts, group work, illustrations and much more to create their own portfolios.

[Physical Club] - This club will get the students up and moving. Not only will they get to move their bodies but will be engaged in the olympics! They will learn what the olympics are, the different sports played and will be able to compete and work with each other!

MARCH 2024

Mt. Mahogany

618 N 1300 W St, Pleasant Grove, UT 84602 | 801-633-1525



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self and Improving Me!

Get To Know Kiah!



Hello! I am Kiah and I am the new Site Coordinator for Mount Mahogany! I am so excited to work with your students! I have worked

with the Boys and Girls Club for about a year and a half and have loved it! In my free time I love to be outside, bake sourdough bread, travel, go to concerts and be with my friends and family. I look forward to getting to know each of you!

Upcoming Events


Closed March 11-12, 2024: Teacher Work Days



www.instagram.com/bgcutah


Happy Birthday!

Rikki-3/1
Cimeriya-3/7
Laikyn-3/10
Maddox-3/16
Kyden-3/22
Dylan-3/29



CLUB CLOSED

March 11-12: Teacher Work Day



Contact Information:

Kiah Molyneux - Site Coordinator
Phone: 801-633-1525
Email: mtmahogany@bgcutah.org



www.facebook.com/BGCUtah

Project Learn

Monday-Thursday 4:30-5:00 pm
The main focus of Power Hour will be to help members complete homework, work on learning activities, and participate in our reading program. The students can practice writing, reading, multiplication, addition, and subtraction during this time.

STEM Labs

Tuesday and Thursdays
We are having a variety of different Science, Technology, Engineering, and Math activities that every student has a chance to participate in. We have the Coding Club and Science Club every Tuesday and Thursday!

Enrichment

Mondays and Wednesdays
Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Monday, Wednesday, Friday
Positive Action curriculum focuses on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

