

Milford Afterschool Program 2023-2024

MARCH



BOYS & GIRLS CLUBS
OF UTAH COUNTY

| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|--|---|---|---|--------|
| | 26 | 27 | 28 | 29 | 1 |
| My Truest Self | 4 Engineering Club SEL (P) - Integrity Power Hour | 5 STEM Club Fun! Power Hour | 6 Edventures Club! Power Hour | 7 Meteorology Club SEL (B) - Integrity Power Hour | 8 |
| My Truest Self | 11 Create Better Health Power Hour | 12 STEM Club Fun! SEL (P) - Keeping Promises Power Hour | 13 Edventures Club! Power Hour | 14 Meteorology Club SEL (B) - Keeping Promises Power Hour | 15 |
| My Truest Self | 18 Engineering Club SEL (P) - Standing True Power Hour | 19 STEM Club Fun! Power Hour | 20 Edventures Club! Power Hour | 21 Meteorology Club SEL (B) - Standing True Power Hour | 22 |
| Improving Me | 25 Engineering Club SEL (P) - Believing In Me Power Hour | 26 STEM Club Fun! Power Hour | 27 Edventures Club! Power Hour | 28 Meteorology Club SEL (B) - Believing In Me Power Hour | 29 |

Daily Schedule

- 2:30 - Brain Break/Club Fun!
- 3:00 - (SEL) Positive Action/Smart Moves/STEM/HYLA
- 4:00 - Super Snack
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program

Contact Info

MILFORD BOYS AND GIRLS CLUB
 Site Coordinator: Lorie Schow
 Email: lorie.schow@bgcutah.org
 Phone: 1-801-372-4836
 Program Address: 450 S 700 W, Milford Utah



March Club & Activity Details

Message to Parents:

We are excited to support your youth as they finish out the 3rd Quarter and begin the 4th Quarter. This month we are focusing on building our skills regarding Being our Truest Self. For our Service Project we will be showing our appreciation for our local Healthcare Professionals.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Thursday with new topics each week. The February theme is My Truest Self.

Academic Support:

Power Hour - the main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at Club to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them!

Enrichment Clubs:

Engineering Club - Engineering club focuses on introducing youth to basic engineering concepts through fun and interactive activities. Youth will explore simple experiments, learn about problem solving, and engage in hands-on projects to foster a love for STEM activities. Activities may include building structures, exploring robotics and encouraging creativity in problem solving.

STEM Club - Youth will participate in a fun STEM Club activity! STEM activities provide opportunities for youth to explore STEM subjects, topics and challenges through hands-on experiential learning.

Edventures Club - Our Edventure Club activities encourage the discovery of talents, interests and self-confidence. While building unique creations and problem-solving through engaging challenges, learners are given autonomy and the opportunity to realize their full potential.

Meteorology Club - Youth will explore the exciting world of weather through activities and interactive experiments. By understanding clouds and precipitation this club aims to foster a curiosity about the natural elements that shape our environment.

Create Better Health Club - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

MARCH 2024

Milford

450 South 700 West | 801-372-4836



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self

Get To Know



Anthony Gross is our AmeriCorp STEM Specialist. He joined our Club August 2023. Tony was born and raised in Colorado. He is the father of 3 girls. Tony is a technology buff who loves gaming and rock hounding.

Upcoming Events

- March 4th-9th: Dr Sues Week
- March 14th: 3rd Grade Egg Drop
- March 15th: No School Day Between Quarters
- March 18th: 1st Day of 4th Quarter
- March 28th: Leadership Day
- March 29th: 4th Grade Utah Play

Happy Birthday!

- Ana 3/1
- Leo 3/3
- Anali 3/5
- Bruno 3/10
- Mateo 3/12
- William 3/16
- Brexley 3/19
- Vaida 3/20
- Eddy 3/26
- King 3/27



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Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.