

Heritage Afterschool Program 2023-2024

MARCH



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	26	27	28	29	1 STEM CLUB Rotations Nature Camp
My Truest Self	4 SEL (P) Positive Action: K-2nd: L96, Telling Yourself the Truth Using Soc/Em Positive Action Clubs: 3rd-5th: Olympics or Basketball Math Project Learn	5 SEL (P) Positive Action: 3rd-5th: L93, What Can You Do? Clubs: K-2nd:Olympics or Basketball Math Project Learn	6 SEL (B) Positive Action: K-2nd: L98, Telling Yourself the Truth Using Soc/Em Clubs: 3rd-5th:KickBall or Ocean Project Learn	7 SEL (B) Positive Action: 3rd-5th: L96/97 Where You Shine & Where You Need Help Clubs: K-2nd:KickBall or Ocean Project Learn	8 STEM CLUB Rotations Nature Camp
My Truest Self	11 SCHOOL CLOSED	12 SCHOOL CLOSED	13 SCHOOL CLOSED	14 SCHOOL CLOSED	15 SCHOOL CLOSED
My Truest Self	18 SCHOOL CLOSED	19 SEL (P) Positive Action: K-2nd: L100, Telling Yourself the Truth Using Soc/Em Positive Action Clubs: 3rd-5th: Olympics or Basketball Math Project Learn	20 SEL (P) Positive Action: 3rd-5th L98, The Blame Game Clubs: K-2nd:Olympics or Basketball Math Project Learn	21 SEL (B) Positive Action: K-2nd: L102, Telling Yourself the Truth Using Soc/Em Positive Action Clubs: 3rd-5th:KickBall or Ocean Project Learn	22 STEM CLUB Rotations SEL (B) Positive Action: 3rd-5th: L100, 'Fessing Up Clubs: K-2nd:KickBall or Ocean
My Truest Self	25 SEL (P) Positive Action: K-2nd: L103, Telling Yourself the Truth Using Soc/Em Positive Action Clubs: 3rd-5th: Olympics or Basketball Math Project Learn	26 SEL (P) Positive Action: 3rd-5th: L101, Starting Out with the Truth Clubs: K-2nd:Olympics or Basketball Math Project Learn	27 SEL (B) Positive Action: K-2nd: L104, Telling Yourself the Truth Using Soc/Em Positive Action Clubs: 3rd-5th:KickBall or Ocean Project Learn	28 SEL (B) Positive Action: 3rd-5th: L103, Your Own Truth Clubs: K-2nd:KickBall or Ocean Project Learn	29 SCHOOL CLOSED

Monday-Thursday Schedule	Friday Schedule
3:30-3:45 pm Welcome Check-in/Snack 3:45-3:55 pm - Recess 4:05-4:15 pm- Circle up 4:15-4:45 pm - Project Learn 4:50-5:20 pm - SEL Positive Action or Clubs 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:20- Check-in/Recess 12:20-12:35 pm- Snack 12:45-1:05 pm - Circle Up 1:10-1:40 pm- Nature Camp 1:50-3:50 pm - Station Rotation Club Time 4:00-4:20 pm- Snack 4:25-4:45 pm - Team Building 4:50-5:20 pm - Gratitude 5:20-5:30 pm - clean up/check out



Contact Info
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Program Address: Program Address: 747 E Riverside Dr, St. George UT 84790



March Club & Activity Details

Message to Parents:

We are excited for this month's activities and program. We are also excited for our changed schedule and hope it will improve all students' learning and participation this month. Boys & Girls club would like to remind you of spring break, this will be from March 11th-15th. Then we will have Monday the 18th and Friday the 29th off.

Social Emotional Learning

Positive Action- Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves.. The March theme is "My Truest Self." k-2nd: Tuesday/Thursday & 3rd-5th: Monday/Wednesday

Nature Camp - Students will learn about how humans interact with nature. They will explore how to care and build different environments around the world. We are asking parents to send their child to club with an apple on **MARCH 8th**. We will be making bird feeders with the apples, learning how to maximize our waste.

Academic Support

Project Learn - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home. This takes place Monday-Thursdays 4:20pm - 4:50pm.

STEM

Youth will have the opportunity to participate in a new experiment every Friday during rotations. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Enrichment Clubs- k-2nd: Monday/Wednesday & 3rd-5th: Tuesday/Thursday

Olympics Club- This month youth will explore different events that happen during the olympics. Students will have a chance to learn the basics and try some of these events. A few events we will cover are sprints and volleyball.

Kickball Club This month youth will explore how to Kickball. Students will learn basic techniques and rules to the game of Kickball. Students will advance their knowledge of sports and practice different motor and fine skills in this club. At the end of the month students will have the option to participate in a game of kickball.

Ocean Club- This Month students will learn how to participate in exploration of the ocean. They will experience many activities about what is in the ocean and how humans interact with the ocean. Some activities will include learning about surfing and ocean waste.

Basketball Math- This Month students will explore basketball math. They will learn how to play a basketball math game. They will advance their math skills and work on sportsmanship.

MARCH 2024

Heritage

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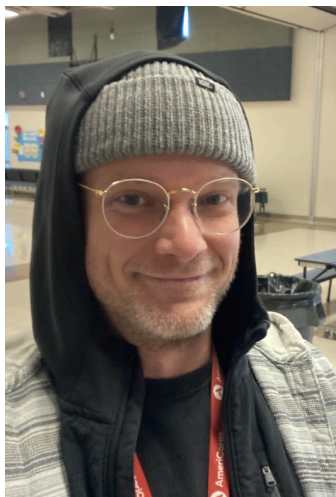


The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "My Truest Self"

Get To Know



Hello! My name is Justin and I am the STEM Specialist for Heritage. I became a certified ABA therapist and began to lend my help not only to my daughter but to other families and children in need. This last summer I took an internship in San Diego, CA working with youth again. Seeing the intense need for compassionate and competent educational professionals pushed me to look for a job helping teach children life skills.

Upcoming Events

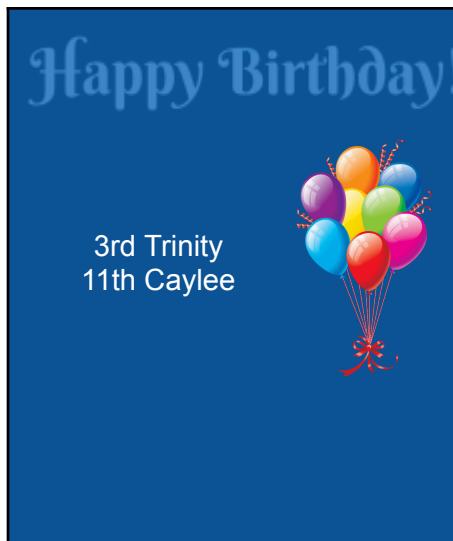
Spring Break



www.instagram.com/bgcutah



www.facebook.com/BGcutah



Monday March 11th-15th

Monday March 18th

Friday March 29th

Contact Information:

Contact Information:
D Leyva- Site Coordinator
Email: darian.leyva@bgcutah.org

Project Learn

Monday- Thursday: 4:15 pm- 4:45 pm

Building strong minds through reading and positive thoughts/actions. We will also talk about self-discipline and continuing to build our self awareness.

STEM Labs

Fridays 2:05 pm- 4:45 pm

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment

3rd-5th-Monday/Wednesday: 4:50 pm- 5:20 pm

K-2nd-Tuesday/Thursday: 4:50 pm- 5:20 pm

Fridays 2:05 pm- 4:45 pm

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Prevention & Education

K-2nd-Monday/Wednesday: 4:50 pm- 5:20 pm

3rd-5th-Tuesday/Thursday: 4:50 pm- 5:20 pm

Positive Action curriculum provide members with important social-emotional skills

