

Heber Valley Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Weekly Theme	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self		26	27	28	29	1 *Power Hour - HYLEA Clubs: Art, Get Moving, Music
My Truest Self	Magic	4 *STEM Labs *SEL - Positive Action (P) K-2: Telling Yourself the Truth 3-5: Starting Out with the Truth *Clubs: Art, Get Moving, Music	5 *Power Hour - Reading *Clubs: Art, Get Moving, Music	6 *Power Hour - Math *SEL - Positive Action (B) K-2: Telling Yourself the Truth 3-5: Your Own Truth *Clubs: Art, Get Moving, Music	7 *Power Hour - Spelling *Clubs: Art, Get Moving, Music	8 *Power Hour - HYLEA *Clubs: Art, Get Moving, Music
My Truest Self	St. Patrick's Day	11 *STEM Labs *SEL - Positive Action (P) K-2: Telling Yourself the Truth 3-5: What's Real and What Isn't *Clubs: Art, Get Moving, Music	12 *Power Hour - Reading *Clubs: Art, Get Moving, Music	13 *Power Hour - Math *SEL - Positive Action (B) K-2: Telling Yourself the Truth 3-5: Keeping Our Word *Clubs: Art, Get Moving, Music	14 CLOSED	15 CLOSED
My Truest Self	Travel	18 *STEM Labs *SEL - Positive Action (P) K-2: Telling Yourself the Truth 3-5: Standing True *Clubs: Art, Get Moving, Music	19 *Power Hour - Reading *Clubs: Art, Get Moving, Music	20 *Power Hour - Math *SEL - Positive Action (B) K-2: Telling Yourself the Truth 3-5: What Did You Learn? *Clubs: Art, Get Moving, Music	21 *Power Hour - Spelling *Clubs: Art, Get Moving, Music	22 *Power Hour - HYLEA Clubs: Art, Get Moving, Music
Improving Me	Easter	25 *STEM Labs *SEL - Positive Action (P) K-2: Improving Yourself Continually 3-5: Believing We Can Do More, Be More *Clubs: Art, Get Moving, Music	26 *Power Hour - Reading *Clubs: Art, Get Moving, Music	27 *Power Hour - Math *SEL - Positive Action (B) K-2: Improving Yourself Continually 3-5: Believe, Try Hard, and Stick it Out! *Clubs: Art, Get Moving, Music	28 *Power Hour - Spelling *Clubs: Art, Get Moving, Music	29 *Power Hour - HYLEA *Clubs: Art, Get Moving, Music

Daily Schedule

<p>Monday 2:15pm Arrive 2:30pm - 3:00pm Snack & Recess 3:05pm - 3:45pm SEL – Positive Action 3:50pm - 4:40pm STEM 4:45pm - 5:30pm CLUBS 5:40 pm - 6:00pm Clean up and Check out 6:00pm Program closes</p>	<p>Wednesday 3:15pm Arrive 3:30pm - 4:00pm Recess & Snack 4:05pm - 4:35pm Power Hour 4:40pm - 5:10pm SEL - Positive Action 5:15pm - 5:50pm Clubs 5:50pm - 6:00pm Clean up and Check out 6:00pm Program closes</p>	<p>Tuesday, Thursday, Friday 3:15pm Arrive 3:30 pm - 4:15pm Snack and Recess 4:15pm - 4:45pm Power Hour 4:50pm - Clubs 5:40pm - Clean up 6:00pm Program closes</p>
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Contact Info

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Site Coordinator
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Phone: (801) 857-4793

Program Address: 730 S 6th W, Heber City, UT 84032



March Club & Activity Details

Message to Parents:

Hello! We are excited to continue our programming this month and have a lot of fun activities planned! Thank you for always supporting our clubs and programming!

SEL- Positive Action - This month, our focus within social emotional learning is continuing to learn about “My Truest Self”. Members will be able to learn what it means to tell the truth, how to be honest to themselves and others, and what members can do to promote honesty. The last week of the month we will start covering ‘Improving Me’, where members will learn how to continue to apply the skills they’ve been learning.

STEM Labs - This month members will learn to use science, technology, engineering, and math in a fun and creative way! Circuit board connections, rocket building, and more.

Get Moving Club - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills!

Arts & Crafts Club - Members get to express their creativity in this club! This month we will be making art with shaving cream and making ‘Magic’ watercolors with color and salt.

Music Club - Building off what members have been learning and practicing, members will continue to learn notes, scales, and practice piano. Members in this club are able to express themselves through music, teach one another, and practice taking turns as they all learn music techniques together.

MARCH 2024

[Heber Valley]

[730 S 6th W, Heber City, UT 84032] | [(801) 857-4793]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: My Truest Self, Improving Me

Success Stories!

We are so proud of all of our club members for showing growth over the last few months. We know there has been a lot of change at Club and we are thankful for the constant support you as parents provide! Members are learning each day on how to ask for what they need, follow instructions and routine, and build friendships.

Happy Birthday!

- 1- Kolter
- 1- Cooper
- 2- Dale
- 13- Kannon
- 22- Remington
- 22- Ahri
- 23- Nolan
- 24- Gabriel
- 25- Simone
- 26- Axton
- 29- Lennon
- 29- Rishelle



CLUB CLOSED

3/14 and 3/15



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Project Learn

Wednesday 4:05pm - 4:35pm
Tuesday, Thursday, Friday 4:15pm - 4:45pm

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and participate in our reading program.

STEM Labs

Monday 3:50pm - 4:40pm
Our Main STEM lab will be on Mondays. Students will have the opportunity to be involved in Science, Technology, Engineering and Math activities.

Clubs - See Clubs Detail Page

Prevention & Education

Mondays 3:05pm - 3:45pm
Wednesdays 4:40pm - 5:10pm

This month's theme is My Truest Self & Improving Me

Upcoming Events

3/14 - Closed
3/15 - Closed

www.instagram.com/bgcutah

www.facebook.com/BGCUtah

www.facebook.com/BGCUtah

