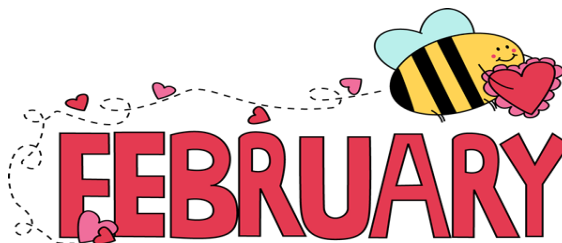


# Mt Nebo

## Afterschool Program

### 2023-2024



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Prevention: REVIEW Cooperation & Positive Communication	29 <u>Morning</u> <b>Orchestra</b> (Cieslak) Rm 302	30 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - P</b>  <b>Sewing</b> (Baguley) Rm 221  <b>Ping-Pong</b> (McGregor) Front Commons-(canceled today)  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Legos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Gifted &amp; Talented</b> (Tasha) Rm 215  <b>Musical Rehearsals</b> (Schofield) Cafeteria	31 <u>Morning</u> <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>Crafts/Quilting</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Digital Gamified Platforms</b> (Nelson) Rm 109  <b>Dungeons &amp; Dragons</b> (Hunt) Art room 100  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria	1 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - B</b>  <b>Science</b> (Daniel) Rm 208  <b>Rollerblading</b> (Cope) Aux gym  <b>Coding</b> (Nelson) Rm 409 (canceled today)  <b>Space</b> (Fordiani) Rm 107  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302-(canceled today)	2  <b>Science Study Hall</b> (Mendenhall) Rm 208  <del><b>Orchestra</b> (Cieslak) Rm 302-(canceled today)</del>  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <del><b>Coding</b> (Baguley) Rm 224 (canceled today)</del>  <b>Math</b> (Luckau) Rm 203  <b>3D Printing</b> (Lai) Library  <del><b>Dominos</b> (Nelson) Rm 409 (canceled today)</del>  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <del><b>Orchestra</b> (Cieslak) Rm 302-(canceled today)</del>  <b>Lacrosse</b> (Today only!) Gym or outside
Mid-Survey 2	5 <u>Morning</u> <b>Orchestra</b> (Cieslak) Rm 302	6 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302	7 <u>Morning</u> <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>	8 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302	9  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u>
Mid-Survey 2	No after school clubs - Teacher Collaboration	No after school clubs - Teacher Collaboration	No after school clubs - Teacher Collaboration	No after school clubs - Teacher Collaboration	No after school clubs - Teacher Collaboration

		<b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - P</b>  <b>Sewing</b> (Baguley) Rm 221  <b>Ping Pong</b> (McGregor) Front Commons  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Legos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 407 (canceled today)  <b>Gifted &amp; Talented</b> (Tasha) Rm 215  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<u>Afternoon:</u> <b>Crafts/Quilting</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Digital Gamified Platforms</b> (Nelson) Rm 109  <b>Dungeons &amp; Dragons</b> (Hunt) Art room 100  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>No after school clubs - Parent Teacher Conferences</b>	<b>Coding</b> (Baguley) Rm 221  <b>Math</b> (Luckau) Rm 203  <b>3D Printing</b> (Lai) Library  <b>Dominos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302
Prevention: Getting Real & Moving Toward the Positive  Behavior: Where I'm Strong & Where I Struggle	<b>12</b> <u>Morning</u> <b>Orchestra</b> (Cieslak) Rm 302  <b>No after school clubs - Teacher Collaboration</b>	<b>13</b> <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - P</b>  <b>Sewing</b> (Baguley) Rm 221  <b>Ping Pong</b> (McGregor) Front Commons  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***	<b>14</b> <u>Morning</u> <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>Crafts/Quilting</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Digital Gamified Platforms</b> (Nelson) Rm 109  <b>Dungeons &amp; Dragons</b> (Hunt) Art room 100  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<b>15</b> <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - B</b>  <b>Science</b> (Daniel) Rm 208  <b>Rollerblading</b> (Cope) Aux gym  <b>Coding</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room	<b>16</b> <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>Coding</b> (Baguley) Rm 221  <b>Math</b> (Luckau) Rm 203  <b>3D Printing</b> (Lai) Library  <b>Dominos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 407 (canceled today)  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302

		<b>Legos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Gifted &amp; Talented</b> (Tasha) Rm 215  <b>Musical Rehearsals</b> (Schofield) Cafeteria		<b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302	
Prevention: Discovering My Strengths & Weaknesses  Behavior: Doing What I Say I Will Do	19  <b>No clubs - President's day</b>	20 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - P</b>  <b>Sewing</b> (Baguley) Rm 221  <b>Ping Pong</b> (McGregor) Front Commons  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Legos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Gifted &amp; Talented</b> (Tasha) Rm 215  <b>Musical Rehearsals</b> (Schofield) Cafeteria	21 <u>Morning</u> <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>Crafts/Quilting</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Digital Gamified Platforms</b> (Nelson) Rm 109  <b>Dungeons &amp; Dragons</b> (Hunt) Art room 100  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria	22 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>SEL - B</b>  <b>Science</b> (Daniel) Rm 208  <b>Rollerblading</b> (Cope) Aux gym  <b>Coding</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302	23 <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u> <b>Coding</b> (Baguley) Rm 221  <b>Math</b> (Luckau) Rm 203  <b>3D Printing</b> (Lai) Library  <b>Dominos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302
Prevention: Admitting My Mistakes, Refusing to Blame Others  Behavior: Acknowledging Truth,	26 <u>Morning</u> <b>Orchestra</b> (Cieslak) Rm 302  <b>No after school clubs - Teacher Collaboration</b>	27 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302	28 <u>Morning</u> <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u>	29 <u>Morning</u> <b>Math Honors</b> (Brown) Rm 209  <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302	1 <b>Science Study Hall</b> (Mendenhall) Rm 208  <b>Orchestra</b> (Cieslak) Rm 302  <b>Power Hour/Study hall</b>  <u>Afternoon:</u>

Refusing to Rationalize		<b>Power Hour/Study hall</b>  <b>Afternoon:</b> <b>SEL - P</b>  <b>Sewing</b> (Baguley) Rm 221  <b>Ping Pong</b> (McGregor) Front Commons  <b>Strategy Card/Board Games</b> (Tiffini) Faculty Room  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Legos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Gifted &amp; Talented</b> (Tasha) Rm 215  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<b>Crafts/Quilting</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library  <b>*** Underwater Robotics</b> (Bufton) Stem Lab ***  <b>Digital Gamified Platforms</b> (Nelson) Rm 109  <b>Dungeons &amp; Dragons</b> (Hunt) Art room 100  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<b>Power Hour/Study hall</b>  <b>Afternoon:</b> <b>No after school clubs - Mini Parent Teacher Conferences</b>	<b>Coding</b> (Baguley) Rm 221  <b>Math</b> (Luckau) Rm 203  <b>3D Printing</b> (Lai) Library  <b>Dominos</b> (Nelson) Rm 109  <b>Space</b> (Fordiani) Rm 107  <b>Musical Rehearsals</b> (Schofield) Cafeteria  <b>Orchestra</b> (Cieslak) Rm 302

### Daily Schedule

#### Mornings

7:30 am - 8:00 am

#### Afternoons

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in

2:45 pm - 3:00 pm: Check-in and snacks

3:00 pm: Clubs Start

4:00 pm - 4:30 pm: SEL Positive Action Lesson - SMART Moves

4:30 pm- 4:35 pm: Afternoon snacks

4:40 pm: Buses Leave

4:40 pm: Extension Clubs (library)

5:30 pm: Clubs Close

### Contact Info

Brynn Bowers- *Site Coordinator*

Email: [brynn.bowers@bgcutah.org](mailto:brynn.bowers@bgcutah.org)

Phone: (801) 633-4104

Program Address: 851 W 450 S, Payson



## February Club & Activity Details

Thank you for sending your child(ren) to clubs each week. We look forward to working with and supporting them in all their needs. Please, do not hesitate to contact us if you have any questions.

Brynn Bowers

Site-Coordinator

brynn.bowers@bgcutah.org

**Math Honors** - Every morning from 7:30-8:00am with Mrs. Brown (Rm 209). Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting.

**Sewing** - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

**Ping Pong** - Tuesdays after school with Mr. McGregor. Participating in a ping pong club can help kids develop hand-eye coordination, reflexes, strategic thinking, teamwork, and physical fitness, fostering both social skills and a love for an active and engaging sport.

**Strategy Card/Board Games** - Tuesdays and Wednesdays after school in the faculty room. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

**3D Printing** - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

**Underwater Robotics** - Tuesdays and Wednesdays after school with Mrs. Bufton, Mrs. Dinkel and Mr. Mendenhall in the Stem Lab. Participating in an underwater robotics club can enable kids to develop skills in engineering, problem-solving, teamwork, programming, and hands-on application of STEM concepts, as they design and build underwater vehicles for various challenges.

**LEGOS** - Tuesdays after school with Mrs. Nelson (Rm. 109). Participating in a LEGO club can help kids cultivate creativity, spatial awareness, teamwork, problem-solving, and fine motor skills as they engage in hands-on construction and imaginative play with the iconic interlocking bricks.

**Space** - Tuesdays-Fridays after school with Mrs. Fordiani (Rm. 107). Participating in a space club can impart knowledge about astronomy, teamwork, critical thinking, and communication skills, fostering a passion for space exploration while encouraging scientific curiosity and a deeper understanding of the cosmos.

**Crafts** - Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

**Dungeons & Dragons**- Wednesdays after school with Mr. Hunt (Rm. 100). Participating in a Dungeons & Dragons club can enhance kids' creativity, critical thinking, teamwork, communication, and problem-solving skills as they engage in collaborative storytelling, strategic decision-making, and imaginative exploration within the fantasy world of the game.

**Science**- Thursdays after school with Ms. Daniel (Rm. 208). Participating in a science club can empower kids with hands-on experimentation, critical thinking, observation, collaboration, and communication skills, fostering a love for inquiry-based learning and scientific exploration.

**Rollerblading**- Thursdays after school with Mr. Cope (Aux gym). Participating in a rollerblading club can develop kids' balance, coordination, agility, perseverance, and confidence as they engage in a physically active and dynamic sport, promoting a healthy and active lifestyle.

**Coding**- Thursdays after school with Mrs. Nelson (Rm. 109). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology.

**Math**- Fridays after school with Mrs. Luckau (Rm. 203). Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting.

**Dominos**- Fridays after school with Mrs. Nelson (Rm. 109). Participating in a domino's club can develop kids' concentration, strategic thinking, fine motor skills, patience, and teamwork as they engage in the intricate art of setting up and toppling domino structures in creative and collaborative ways.

**Digital Gamified Platforms**- Wednesdays after school with Mrs. Nelson (Rm. 109). Participating in a gamified platforms club (Kahoot, Gimkit, Blooket, etc) can enhance kids' digital literacy, problem-solving, strategic thinking, collaboration, and adaptability, as they navigate and engage with interactive and educational gaming environments. Students will create their own games based on educational topics, and then share them with the club.

# FEBRUARY 2024

## MtNebo Middle

[851 W 450 S, Payson, UT 84651] | (801) 633-4104



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Honesty*

### Get To Know Mrs Bufton



Mrs. Bufton has been doing Underwater Robotics for several years, even before BGC! She also teaches Stem. Everyone loves Mrs. Bufton!

### Upcoming Events

President's Day - Feb 19  
Parent Teacher Conference: Thu, Feb 8  
Mini Parent Teacher Conferences: Thu Feb 29

## Happy Birthday!

Sabrina  
Tate  
Crew  
Tolman  
Samuel  
Christian  
Parker



Paizley  
William  
Brooklynn  
Rhaef  
Andru

**CLUB CLOSED**

President's Day - Feb 19  
Parent Teacher Conference: Thu, Feb 8  
Mini Parent Teacher Conferences: Thu Feb 29



### Contact Information:

**Brynn Bowers - Site Coordinator**  
Email: [brynn.bowers@bgcutah.org](mailto:brynn.bowers@bgcutah.org)



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

### Project Learn/ Power Hour

Power Hour is a period of time in our morning clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

### STEM

Underwater Robotics: Tuesdays and Wednesdays run by Mrs. Bufton, Mrs. Dinkel, and Mr. Mendenhall

3D Printing: Tuesdays, Wednesdays, and Fridays run by Mr. Lai in the library.

### Enrichment

Lacrosse, Rollerblading, Ping-Pong, Sewing, Quilting, Crafts, Drama

Come enjoy some time learning and building these skills!

### SEL (Prevention and Behavior)

*Positive Action and SMART Moves*

We teach Social Emotional skills to our students in order to give them confidence as they grow up. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.



Utah State Board of Education



