

Cherry Hill Elementary Afterschool Program 2023-2024

MARCH



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	26	27	28	29	1 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
My Truest Self	4 Power Hour SEL-Positive Action (P)- K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Starting Out with the Truth Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	5 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	6 Power Hour SEL-Positive Action (B)- K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Your Own Truth K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	7 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	8 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
My Truest Self	11 PROGRAM CLOSED	12 PROGRAM CLOSED	13 Power Hour SEL-Positive Action (B)- K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Keeping Our Word K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	14 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	15 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
My Truest Self	18 Power Hour SEL-Positive Action (P)- K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Standing True K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	19 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	20 Power Hour SEL-Positive Action (B)- K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: What Did You Learn? K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	21 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	22 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
Improving Me	25 Power Hour SEL-Positive Action (P)- K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Believing We Can Do More, Be More K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	26 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	27 Power Hour SEL-Positive Action (B)- K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6: Believe, Try Hard, and Stick It Out K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	28 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	29 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude

Daily Schedule

Monday-Thursday

2:15-2:30 Check-in, Snack
2:30-2:45 Structured Recess
2:45-2:50 Transition
2:50- 3:10 Circle-up
3:10-3:15 Transition
3:15-3:45 K-2 (SEL-Positive Action or STEM Labs), 3-6 (Power Hour)
3:45-3:50 Transition
3:50-4:20 3-6 (SEL-Positive Action or STEM Labs), K-2 (Power Hour)
4:20-4:25 Transition
4:25-5:25 Enrichment Clubs
5:25-5:30 Transition
5:30 Snack, Check-out

Friday

2:15-2:30 Check-in, Snack
2:30-2:45 Structured Recess
2:45-2:50 Transition
2:50- 3:10 Circle-up
3:10-3:15 Transition
3:15-4:00 SEL Activity
4:00-4:05 Transition
4:05-4:25 Rotation 1 (Creative)
4:25-4:30 Transition
4:30-4:50 Rotation 2 (Physical)
4:50-4:55 Transition
4:55-5:15 Rotation 3 (STEM)
5:15-5:20 Transition
5:20-5:30 Gratitude
5:30 Snack, Check-out

Contact Info

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Program Address: 250 E 1650 S, Orem UT 84058



March Club & Activity Details

Message to Parents:

[Write a small message to parents about programs and our goals through providing these clubs and activities]

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment

throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will have the opportunity to participate in a new experiment every Monday. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Enrichment Clubs:

Drama Club - In Drama Club, the children will learn proper puppetry, improv, and storytelling in a fun and new exciting way with many drama games included. Drama offers ways to express feelings in a silly, fun and expressive way. This club is offered to K-2 on Monday and Wednesday and offered to 3-6 on Tuesday and Thursday.

Art Club - In this club, children will learn different mediums of art such as coloring with water and acrylic paints. They will also learn how to do abstract forms of painting and sketching. Art can be a form of relieving stress, or even an expression of one's self. This club is offered to K-2 on Monday and Wednesday and offered to 3-6 on Tuesday and Thursday.

Workout Warrior Club - In this club children will be taught some fun games, exercises and activities that are fun to do with their friends on their own time as well. This club will teach kids that you can still have fun while staying active. We want to encourage children to keep their bodies moving while having fun because being healthy doesn't mean you have to be bored! This club is offered to K-2 on Tuesday and Thursday and offered to 3-6 on Monday and Wednesday.

Minute-to-Win-It Club - In this club, three short and easy to understand activities will be taught to the students. Some will be more physically active while others are more creative. Team work, creative thinking, and motor control are skills that will be taught during these activities. This club is offered to K-2 on Tuesday and Thursday and offered to 3-6 on Monday and Wednesday.

MARCH 2024

Cherry Hill Elementary

250 E 1650 S, Orem UT 84058 | (801)717-5035



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self & Improving Me

Get To Know



Luke Haskett
YDP

I am a college student, currently studying at Brigham Young University! I am from California, and I love the outdoors, being active, and art!

Upcoming Events

- March 11- Program Closed
- March 12- Program Close



www.instagram.com/bgcutah

Happy Birthday!

-Videl Valdes
-Luke Sanchez
-Liam Sanchez
-Aaliyah Kupu
-Mateo Santos
-Haydee mijangos



CLUB CLOSED

- March 11
- March 12



Contact Information:

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www.facebook.com/BGCUtah

Project Learn

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on Hyla activities and also participate in our reading program.

STEM Labs

Tuesday and Thursday

During our power hour on Tuesdays and Thursdays, members have the opportunity to participate in STEM labs after they have.

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Monday, Wednesday & Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



Utah State Board of Education



UTAH DEPARTMENT OF
WORKFORCE
SERVICES
CHILD LABE