

**Cascade
Afterschool Program
2023-2024**

MARCH



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1 Power Hour Fun Friday Rotations
My Truest Self	4 Power Hour STEM: K-2: Service Club 3-6: Music Club	5 Power Hour SEL (P): Starting Out with the Truth K-2: Music Club 3-6: Service Club	6 Power Hour STEM K-2: Spy Club 3-6: Spring Art Club	7 Power Hour SEL (B): Your Own Truth K-2: Spring Art Club 3-6: Spy Club	8 Power Hour Fun Friday Rotations
My Truest Self	11 NO CLUBS	12 NO CLUBS	13 Power Hour STEM K-2: Spy Club 3-6: Spring Art Club	14 Power Hour SEL (B): Keeping Our Word K-2: Spring Art Club 3-6: Spy Club	15 Power Hour Fun Friday Rotations
My Truest Self	18 Power Hour STEM: K-2: Service Club 3-6: Music Club	19 Power Hour SEL (P): Standing True K-2: Music Club 3-6: Service Club	20 Power Hour STEM K-2: Spy Club 3-6: Spring Art Club	21 Power Hour SEL (B): What Did You Learn? K-2: Spring Art Club 3-6: Spy Club	22 Power Hour Fun Friday Rotations
My Truest Self	25 Power Hour STEM: K-2: Service Club 3-6: Music Club	26 Power Hour SEL (P): Believing We Can Do More, Be More K-2: Music Club 3-6: Service Club	27 Power Hour STEM K-2: Spy Club 3-6: Spring Art Club	28 Power Hour SEL (B): Believe, Try Hard, and Stick It Out K-2: Spring Art Club 3-6: Spy Club	29 Power Hour Fun Friday Rotations

Daily Schedule

2:15 - 2:25 Meet up/Check In
 2:30 - 2:45 Snack & Circle Up
 2:45 - 3:10 Recess
 3:15 - 3:45 K-2 SEL/STEM; 3-6 PowerHour
 3:50 - 4:20 3-6 SEL/STEM; K-2 PowerHour
 4:25 - 5:25 Club
 5:25 - 5:30 Dismiss to Pick Up
 5:30 Check-Out

Contact Info

Kalo Maluga
 Site Coordinator
 Email: Cascade@bgcutah.org
 Phone: 801-372-6113

Program Address: 860 E 200 N, Orem, UT 84097



March Club & Activity Details

Message to Parents:

Our after school programs and clubs are designed to provide your child with a safe and engaging environment where they can explore their interests, develop new skills, and build meaningful relationships with their peers. Our programs are tailored to foster academic, social, and emotional growth, and offer a range of activities that cater to diverse interests and abilities.

Service Club - In this club, we will practice leadership skills and perform different service projects.

Spy Club - In this club, we will provide a fun and interactive way for children to use their imaginations, creativity and analytical thinking while having a thrilling experience.

Spring Art Club - In this club, we will engage the children in various art forms inspired by the season.

Music Club - In this club, we will focus on music-making, where children can learn, play and enjoy music together.

SEL: Positive Action - In this club we will promote positive behavior, attitudes and skills. It encourages social and emotional learning to help children develop habits and skills that lead to success in life.

Power Hour - In this club, we will focus on homework completion, academic support and tutoring. It would help with the children's challenging assignments and new knowledge.

Fun Friday Rotations - In this club, we will provide a variety of different activities which give students a break from regular structured activities and homeworks.

MARCH 2024

Cascade

860 E 200 N, Orem, UT 84097 | 801-372-6113



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Your truest self"

Get To Know Kalo

Our spotlight this month is our new site coordinator Kalo!! Kalo is originally from Tonga and moved out to Utah to go to college. She graduated with a Masters in Public Health and enjoyed working with children. She likes to hang out with her friends when she has time and loves to read books about leadership.



www.facebook.com/BGCUtah



www.instagram.com/bgcutah



Happy Birthday!



Elias- 3/1
Tatiana- 3/14
Virgil- 3/18

CLUB CLOSED

3/11: Teacher Development Day
3/12: Teacher Development Day



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Kalo Maluga - Site Coordinator

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Email: Cascade@bgcutah.org

Project Learn

M-T (K-2: 3:15-3:45) (3-6: 3:50-4:20)

Project Learn is a time for your students to receive additional academic support. Staff members are able to help them with math, reading, writing, and other homework subjects.

STEM Labs

M,W (K-2: 3:15-3:45) (3-6: 3:50-4:20)

Students will be focusing on chemical reactions and research design this month!

Enrichment

M-TH 3:15-4:20

Activity specifics are listed in the previous page titled *March Clubs & Activity Details*.

SEL (Prevention & Education)

T/TH (K-2: 3:15-3:45) (3-6: 3:50-4:20)

Our focus this month will be on being honest and true to ourselves and others. (Positive Action).