

# Bonneville Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS  
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	26	27	28	29	1 <b>FUN FRIDAY</b> SEL Rotations: STEM Physical Creative
My Truest Self	4 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	5 <b>Power Hour</b> <b>SEL: Positive action (P)</b> K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Starting Out with the Truth <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	6 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	7 <b>Power Hour</b> <b>SEL: Positive action (B)</b> K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Your Own Truth <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	8 <b>FUN FRIDAY</b> SEL Rotations: STEM Physical Creative
My Truest Self	11 <b>Closed</b> <b>-Teacher Work Day-</b>	12 <b>Closed</b> <b>-Teacher Work Day-</b>	13 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	14 <b>Power Hour</b> <b>SEL: Positive action (B)</b> K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Keeping Our Word <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	15 <b>FUN FRIDAY</b> SEL Rotations: STEM Physical Creative
My Truest Self	18 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	19 <b>Power Hour</b> <b>SEL: Positive action (P)</b> K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: Standing True <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	20 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	21 <b>Power Hour</b> <b>SEL: Positive action (B)</b> K-2: Telling Yourself the Truth Using Soc/Em Positive Action 3-6: What Did You Learn? <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	22 <b>FUN FRIDAY</b> SEL Rotations: STEM Physical Creative
Improving Me	25 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	26 <b>Power Hour</b> <b>SEL: Positive action (P)</b> K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6:Believing We Can Do More, Be More <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	27 <b>Power Hour</b> <b>STEM Labs:</b> Forensic Science <b>Clubs:</b> K-2: Luck of the Irish 3-6: Flag Football	28 <b>Power Hour</b> <b>SEL: Positive action (B)</b> K-2: Improving Yourself Continually Using Soc/Em Positive Action 3-6:Believe, Try Hard, and Stick It Out <b>Clubs:</b> K-2: Flag Football 3-6: Luck of the Irish	29 <b>FUN FRIDAY</b> SEL Rotations: STEM Physical Creative

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:50- 3:10 Circle-up 3:15-3:45 Power hour (K-3) & STEM Labs (4-6) 3:50-4:20 Power Hour (4-6) & STEM Labs (K-3) 4:25-5:25 Enrichment Clubs 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:50- 3:10 Circle-up 3:15-3:45 Power hour (K-3) & SEL: Positive Action (4-6) 3:50-4:20 Power Hour (4-6) & SEL: Positive Action (K-3) 4:25-5:25 Enrichment Clubs 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:50- 3:10 Circle-up 3:15-4:00 SEL Activity 4:05-4:25 Rotation 1 (STEM) 4:30-4:50 Rotation 2 (Physical) 4:55-5:15 Rotation 3 (Creative) 5:20-5:30 Gratitude 5:30 Snack & Check-out

Contact Info
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## March Club & Activity Details

### Message to Parents:

Welcome back! We hope you all have been able to get into a groove and are feeling good about the last half of the school year. We are excited to jump back into afterschool programs. This month we will be continuing some different curriculum aligned with Boys and Girls Clubs across the county designed to help children develop in multiple key areas. We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders!

**STEM** - Children will get hands-on experience with the scientific method and engineering process. This month they will be focusing on forensic science and the different skills that go into solving mysteries and problems. STEM Labs are taught on Tuesday and Thursday, with an additional activity during Friday rotations.

**SEL** -- The Positive Action curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is getting along with others, mid-surveys, and my truest self!

**Power Hour** - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

**Luck of the Irish Club** - The purpose of this club is to introduce children to a variety of holidays, cultures and beliefs from around the world! Our goal is to help develop a deeper understanding of other people and cultures while helping them continue to embrace their own cultures and beliefs. K-2 will participate in this club on Monday and Wednesday, 3-6 will participate in this club Tuesday and Thursday.

**Football Club** - Physical activity is important year round, especially now that it is warming up the students have requested to have a football club. Our goal is to give them an opportunity to work on teamwork, good sportsmanship, decision skills, as well as, basic football skills such as passing, catching, kicking, and blocking. 3-6 will participate in this club on Monday and Wednesday, K-2 will participate in this club Tuesday and Thursday.

MARCH 2024

# Bonneville

[1245 N 800 W Orem, UT, 84057] | [(801) 372-5461]



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is My Truest Self and Improving Me!*

### Get To Know

Hey, my name is Elijah Silva and I'm the new BGC program manager at Bonneville! I'm a student at BYU studying English and Philosophy. I love music, the outdoors, and all things art. I have worked for the Boys and Girls Club for the last few years. I love working with the Boys and Girls Club because I get to grow relationships with and have a positive impact on the kids I serve.

## Happy Birthday!



Teo-3/2  
Israel-3/6  
Moana-3/12  
Jesus-3/14  
Frída-3/17  
Jaxen-3/18  
Cristian-3/31

**CLUB CLOSED**

March 11-12: Teacher Work Day



### Contact Information:

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[www.facebook.com/BGCUtah](http://www.facebook.com/BGCUtah)

### Project Learn (Power Hour)

3:15-4:20 (Monday-Thursday)

Time to work on homework, practice math, read, or do other academically enriching activities.

### STEM Labs

3:15-4:20 (Monday & Wednesday)  
4:05-5:15 (Friday)

Activities involving science, technology, engineering, mathematics, and related topics. Kids will learn a variety of STEM related skills and participate in many hands-on activities.

### Enrichment

4:25-5:25 (Monday-Thursday)  
4:05-5:15 (Friday)

Clubs are provided Monday-Thursday that are designed to introduce new activities, new passions, and new ideas to the children.

We offer a rotation of activities on Friday where kids can participate in a new physical and creative activity each week.

### Prevention & Education

3:15-4:20 (Tuesday & Thursday)  
3:15-4:00 (Friday)

Social Emotional Learning (SEL): Lessons that focus on teaching kids social and emotional skills to get through life. We provide this through Positive Action curricula and hand made SEL activities for the youth.

### Upcoming Events

Closed March 11-12, 2024: Teacher Work Days



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



