

Panorama Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	Kid Grit Creative, Physical, STEM clubs Fun Friday! 1
My Truest Self	4 Project Learn SEL (P) Positive Action: Telling yourself the truth/starting out with the Truth Performing Arts Club Puzzles/ Brain Teaser Club	5 Project Learn STEM Origami Club Volleyball Club	6 Project Learn SEL (B) Positive Action: Telling yourself the truth/Your own Truth Performing Arts Club Puzzles/Brain Teaser Club	7 Project Learn STEM Origami Club Volleyball Club	8 Kid Grit Creative, Physical, STEM Clubs Fun Friday!
My Truest Self	11 Spring Break No Club	12 Spring Break No Club	13 Spring Break No Club	14 Spring Break No Club	15 Spring Break No Club
My Truest Self	18 Teacher Prep No Club	19 Project Learn SEL (P) Positive Action; Telling yourself the Truth/What's Real and What Isn't Origami Club Volleyball Club	20 Project Learn SEL (B) Positive Action: Telling Yourself the Truth/Keeping our Word Performing Arts Club Puzzles/Brain Teaser Club	21 Project Learn STEM Origami Club Volleyball Club	22 Kid Grit Creative, Physical, STEM Clubs Fun Friday! Guest Speaker: Chris Waddell
My Truest Self	25 Project Learn SEL (P) Positive Action: Telling Yourself the Truth/Standing True Performing Arts Club Puzzles/ Brain Teaser Club	26 Project Learn STEM Origami Club Volleyball Club	27 Project Learn SEL (B) Positive Action: Telling Yourself the Truth/What Did You Learn? Performing Arts Club Puzzles/Brain Teaser Club	28 Project Learn STEM Origami Club Volleyball Club	29 Spring Recess No Club

Daily Schedule

Monday-Thursday	Friday
2:35 - 3:00 Check-in, Super Snack, Feeling check in 3:00 - 3:25 Structured Recess / 5 minute transition 3:30 - 4:00 K-3 (SEL-Positive Action or STEM Labs), 4-5 (Power Hour) / 5 minute trans. 4:05 - 4:35 4-5 (SEL-Positive Action or STEM Labs), K-3 (Power Hour) / 5 minute trans. 4:40 - 5:20 Enrichment Clubs 5:30 Snack, Check-out (Tuesday and Thursday - we spend our first hour outside due to gym access)	1:00 - 1:15 Check-in, Feelings check in / 5 minute transition 1:20 - 1:45 Structured Recess / 5 minute transition 1:50 - 2:20 SEL-Kid Grit / 5 minute transition 2:25 - 2:40 Super Snack / 5 minute transition 2:45 - 3:15 Fun Friday / 5 minute transition 3:20 - 3:50 Rotation 1 (Creative) / 5 minute transition 3:55 - 4:25 Rotation 2 (Physical) / 5 minute transition 4:30 - 5:00 Rotation 3 (STEM) / 5 minute transition 5:05 - 5:20 Group game 5:20 - 5:30 Gratitude/PM Snack/check-out

Contact Information:
Bob Kendall - Site Coordinator
 Phone: 801-372-4767
 Email: panorama@bgcutah.org

Program Address: 301 N 2200 E, St George, UT



March Club & Activity Details

Message to Parents:

We have truly enjoyed your kids this past couple months. We have been blessed to be able to see them grow in their thought processes and abilities to work together as a team. We look forward to the nicer weather when we can get out more and do some team building activities and have fun in the sun. Friday, March 22 we will have a guest speaker Chris Waddell between 4:30-5:30pm. He is a Paralympic sit-skier and wheelchair track athlete coming to speak to club members about overcoming adversity.

Positive Action (SEL) - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program runs Mondays and Wednesdays with new topics each week. We will be working on "My Truest Self," which gives club members a chance to develop understanding of why it's important to tell ourselves the truth.

Project Learn - For the next few months we are focusing on reading. We will be ensuring that each club member has a chance to do whatever homework is assigned, and if they don't have homework they will read to help achieve the school goal of 30 minutes per day.

STEM - For our regular STEM days (Tues/Thurs) we will be focusing on growing plants. In February we learned how to build plant packages that would withstand the elements and protect the plant. Now we'll be learning the parts of a plant and will be planting seeds to watch them grow.

Kid Grit - This is a perfect combination of social-emotional learning, mindfulness, character education, and youth development. We will be splitting this curriculum into 2 parts to facilitate the level of learning for each grade, ensuring all club members are getting the most out of it. As with SEL, we will be discussing the importance of being honest with ourselves and others and why that's important.

Fun Friday - Club members get to choose between playing games, doing crafts or having some free time. Games help them learn social skills such as waiting, turn taking, sharing, how to cope with losing, winning gracefully, making conversation, problem solving, compromising, collaborating and being flexible. They love having time to have fun and having the autonomy to determine what they want to do.

Performing Arts Club - Club members will have the opportunity to act out scenes which enable them to imagine what is possible. They will use their imaginations to enact certain parts and to continue the scene with limited prompts. This will help them with self-confidence, public speaking, teamwork, collaboration, critical thinking, and self-discipline.

Puzzles/Brain Teaser Club - In our latest training we were allowed to discover some escape room puzzles with Pete the Cat! These are online stories that are basically a "choose your own adventure" and can go several ways. We will have club members work in pairs to navigate the stories and describe their adventures to one another. Additionally, we will have brain teasers that will encourage club members to think of possible solutions and work together to solve them. Club members will use creative thinking and problem solving skills.

Origami Club - We will be doing this club to introduce club members to a different kind of craft. This will be a fun way to learn something new while boosting creativity, enhancing motor skills, improving mental concentration and increasing problem solving skills.

Volleyball Club - We will be using beach balls to work on our volleyball skills and have some friendly competition. Not only is this good for club members to get up and move, but it teaches them discipline, fast thinking, effective communication and to work as a team.

MARCH 2024

Panorama

301 N 220 E ST, St George, UT | 801-372-4767



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self

Get To Know

Ayden Pedersen

Hello! My name is Ayden and I am the STEM Specialist here. This is my first year at Panorama and I love working with your kids! I also run a small cleaning business and am currently taking classes to receive a financial planning certification. I love baking bread, lifting weights, and learning new things.



Upcoming Events

Spring Break is coming up!

We will be conducting our NYOI survey on Thursday, March 21 and Friday, March 22. If you "DO NOT CONSENT" to have your child participate, please send the filled out form back and they will not be surveyed.

Happy Birthday!



Alejandra
Lucy
Caydence

CLUB CLOSED

March 11 - 18 - Spring Break
March 29 - Spring Recess



Contact Information:

Bob Kendall - Site Coordinator
Phone: 801-372-4767
Email: panorama@bgcutah.org



www.facebook.com/BGCUtah

Project Learn

Monday-Thursday
Grades 4-5 3:30 - 4:00
Grades K-3 4:05 - 4:35

All club members that have homework will receive assistance and our primary focus will be reading for the month of March.

STEM Labs

Tuesday & Thursday
Grades K-3 3:30 - 4:00
Grades 4-5 4:05 - 4:35

We will continue to focus on plants and their life cycle. This is a great way for club members to experience how fun it can be to grow plants.

Enrichment

Monday - Thursday 4:40 - 5:20

We are offering four clubs to give members the opportunity to branch out and try something new! They can work on acting, volleyball, puzzles and brain teasers and/or do origami.

Prevention & Education

Monday & Wednesday
Grades K - 3 3:30 - 4:00
Grades 4-5 4:05 - 4:35

This month our Social Emotional Learning is focusing on telling the truth to ourselves and making good decisions.



www.instagram.com/bgcutah



Utah State Board of Education

