

# Mt Nebo Afterschool Program 2023-2024

# MARCH



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	26	27	28	29	1 <u>Afternoon</u> Coding (Baguley) Rm 221  Orchestra (Cieslak) Rm 302  3D Printing (Lai) Library  Musical Rehearsals (Schofield) Cafeteria
Honest Connections	4 No after school clubs - Teacher Collaboration	5 <u>Morning</u> Power Hour (Brown) Rm 209  SEL - P  <u>Afternoon</u> Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library <del>Gifted and Talented (Tasha) Rm 215</del> (Canceled Today) *** Underwater Robotics (Bufton) Stem Lab *** Strategy Card/Board Games (Tiffani) Faculty Room  Musical Rehearsals (Schofield) Cafeteria	6 <u>Afternoon</u> Crafts/Quilting (Baguley) Rm 221  3D Printing (Lai) Library  Dungeons and Dragons (Hunt) Rm 100  *** Underwater Robotics (Bufton) Stem Lab ***  Fine Arts (Brynn) Faculty Room  Musical Rehearsals (Schofield) Cafeteria	7 <u>Morning</u> Power Hour (Brown) Rm 209  SEL - B  <u>Afternoon</u> Science (Daniel) Rm 208  Strategy Card/Board Games (Tiffani) Faculty Room  Orchestra (Cieslak) Rm 302  Musical Rehearsals (Schofield) Cafeteria	8 <u>Afternoon</u> Coding (Baguley) Rm 221  Orchestra (Cieslak) Rm 302  3D Printing (Lai) Library  Musical Rehearsals (Schofield) Cafeteria  Fine Arts (Brynn) Faculty Room
Me Now and Future Me	11 No after school clubs - Teacher Collaboration	12 <u>Morning</u> Power Hour (Brown) Rm 209  SEL - P  <u>Afternoon</u> Sewing (Baguley) Rm 221 Ping Pong (McGregor) Front Commons 3D Printing (Lai) Library Gifted and Talented (Tasha) Rm 215	13 <u>Afternoon</u> Crafts/Quilting (Baguley) Rm 221  3D Printing (Lai) Library  Dungeons and Dragons (Hunt) Rm 100  *** Underwater Robotics (Bufton) Stem Lab ***	14 <u>Morning</u> <del>Power Hour (Brown) Rm 209</del> (Canceled Today)  SEL - B  <u>Afternoon</u> Science (Daniel) Rm 208  Strategy Card/Board Games (Tiffani) Faculty Room	15 <u>Afternoon</u> Coding (Baguley) Rm 221  Orchestra (Cieslak) Rm 302  3D Printing (Lai) Library  Fine Arts (Brynn) Faculty Room  Madagascar the Musical Performance

		<b>*** Underwater Robotics</b> (Bufton) Stem Lab *** <b>Strategy Card/Board Games</b> (Tiffani) Faculty Room  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<b>Fine Arts</b> (Brynn) Faculty Room  <b>Musical Rehearsals</b> (Schofield) Cafeteria	<b>Orchestra</b> (Cieslak) Rm 302  <b>Madagascar the Musical Opening!</b>	
Discovering My Ways	18 No after school clubs - Teacher Collaboration	19 <u>Morning</u> <b>Power Hour</b> (Brown) Rm 209  <b>SEL - P</b>  <u>Afternoon</u> <b>Sewing</b> (Baguley) Rm 221 <b>Ping Pong</b> (McGregor) Front Commons <del><b>3D Printing</b> (Lai)</del> <del>Library (Canceled today)</del> <del><b>Gifted and Talented</b> (Tasha) Rm 215</del> <del>(Canceled today)</del> <b>*** Underwater Robotics</b> (Bufton) Stem Lab *** <b>Strategy Card/Board Games</b> (Tiffani) Faculty Room	20  <b>No after school clubs - Half Day</b>	21 <u>Morning</u> <b>Power Hour</b> (Brown) Rm 209  <b>SEL - B</b>  <u>Afternoon</u> <b>Science</b> (Daniel) Rm 208  <b>Strategy Card/Board Games</b> (Tiffani) Faculty Room  <b>Orchestra</b> (Cieslak) Rm 302  <b>***Underwater Robotics Competition***</b>	22 <u>Afternoon</u> <b>Coding</b> (Baguley) Rm 221  <b>Orchestra</b> (Cieslak) Rm 302  <b>3D Printing</b> (Lai) Library  <b>Fine Arts</b> (Brynn) Faculty Room
Believing in Me	25 No after school clubs - Teacher Collaboration	26 <u>Morning</u> <b>Power Hour</b> (Brown) Rm 209  <b>SEL - P</b>  <u>Afternoon</u> <b>Sewing</b> (Baguley) Rm 221 <b>Ping Pong</b> (McGregor) Front Commons <b>3D Printing</b> (Lai) Library <b>Gifted and Talented</b> (Tasha) Rm 215 <b>Strategy Card/Board Games</b> (Tiffani) Faculty Room	27 <u>Afternoon</u> <b>Crafts/Quilting</b> (Baguley) Rm 221  <b>3D Printing</b> (Lai) Library  <b>Dungeons and Dragons</b> (Hunt) Rm 100  <b>Fine Arts</b> (Brynn) Faculty Room	28 <u>Morning</u> <b>Power Hour</b> (Brown) Rm 209  <b>SEL - B</b>  <u>Afternoon</u> <b>Science</b> (Daniel) Rm 208  <b>Strategy Card/Board Games</b> (Tiffani) Faculty Room  <b>Orchestra</b> (Cieslak) Rm 302	29 <u>Afternoon</u> <b>Coding</b> (Baguley) Rm 221  <b>Orchestra</b> (Cieslak) Rm 302  <b>3D Printing</b> (Lai) Library  <b>Fine Arts</b> (Brynn) Faculty Room

### Daily Schedule

### Mornings

7:30 am - 8:00 am: Power Hour

### Afternoons

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in

2:45 pm - 3:00 pm: Check-in and snacks

3:00 pm: Clubs Start

4:00 pm - 4:30 pm: SEL Positive Action Lesson - SMART Moves

4:30 pm- 4:35 pm: Afternoon snacks

4:40 pm: Buses Leave

4:40 pm: Extension Clubs (Library)

5:30 pm: Clubs Close

### Contact Info

Brynn Bowers

*Site Coordinator*

Email: [brynn.bowers@bgcutah.org](mailto:brynn.bowers@bgcutah.org)

Phone: 801-633-4104

Program Address: 851 W 450 S Payson UT  
84651



**Mt Nebo**  
**Afterschool Program**  
**2023-2024**



## March Club & Activity Details

### Message to Parents:

Hi Parents! We are so excited to be working with your youth for yet another month! We have had some clubs that are no longer available so please have students look over the calendar to see if there are any other clubs that they would like to join! We are continuing to stay open until 5:30 and are offering homework help and different activities in the library after the late buses have left if your youth would like to stay longer! We have several exciting activities this month that your youth have been working on for the past few months! If you have any questions or concerns please feel free to reach out to me at [brynn.bowers@bgcutah.org](mailto:brynn.bowers@bgcutah.org) or (801) 633-4104.

### Morning Club

**Power Hour** - Tuesdays and Thursdays with Mrs. Brown (Rm 209) from 7:30am - 8:00 am. Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting. Students will also be able to work on homework or get academic help if they need it.

### Afternoon Clubs

**Sewing** - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

**Ping Pong** - Tuesdays after school with Mr. McGregor. Participating in a ping pong club can help kids develop hand-eye coordination, reflexes, strategic thinking, teamwork, and physical fitness, fostering both social skills and a love for an active and engaging sport.

**Strategy Card/Board Games** - Tuesdays and Thursdays after school in the faculty room. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

**3D Printing** - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

**Underwater Robotics** - Tuesdays and Wednesdays after school with Mrs. Bufton, Mrs. Dinkel and Mr. Mendenhall in the Stem Lab. Participating in an underwater robotics club can enable kids to develop skills in engineering, problem-solving, teamwork, programming, and hands-on application of STEM concepts, as they design and build underwater vehicles for various challenges.

**Crafts**- Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

**Dungeons & Dragons**- Wednesdays after school with Mr. Hunt (Rm. 100). Participating in a Dungeons & Dragons club can enhance kids' creativity, critical thinking, teamwork, communication, and problem-solving skills as they engage in collaborative storytelling, strategic decision-making, and imaginative exploration within the fantasy world of the game.

**Science**- Thursdays after school with Ms. Daniel (Rm. 208). Participating in a science club can empower kids with hands-on experimentation, critical thinking, observation, collaboration, and communication skills, fostering a love for inquiry-based learning and scientific exploration.

**Gifted and Talented** - Tuesdays after school with Tasha in Rm 215. Students will work on different passion projects throughout the remainder of the year focusing on creativity and problem solving skills. Students will learn new and different things each time!

**Orchestra** - Thursdays and Fridays after school with Mrs. Cieslak (Rm. 302). Students will learn new and different skills on instruments and further develop their skills.

**Coding**- Fridays after school with Mrs. Baguley (Rm. 221). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology

**Fine Arts**- Wednesday and Friday with Brynn (Faculty Rm). Students will learn different art skills using different mediums. They will learn problem solving skills, decision making, and confidence.



# MARCH 2024

## Mt. Nebo Middle

851 W 450 S Payson UT 84651 | 801-633-4104



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Discovering Me*

### Get To Know



Hi! My name is Brynn Bowers and I am the new site coordinator for Mt Nebo's Boys and Girls after school program.

I have worked with the Boys and Girls Club for 3 years and just graduated from UVU this past December. In my free time I love to read and go to concerts. I am very excited to be working at Nebo and working with your kids!

### Upcoming Events

Madagascar the Play 3/14-3/16  
Half Day - No clubs 3/20  
Underwater Robotics Competition 3/21

## Happy Birthday!

Kael  
Owen  
Jasey  
Raquel  
TJ  
Canyon  
Victor  
Emily  
Miles  
Akon  
Hadley  
Curtis

Luke A  
Victoria  
William  
Jane  
Emma  
Luke R  
Ava  
Jacob  
Raegan  
Malakai  
Brilee  
Braedon



Megan  
Kennedy  
Brynlee  
Aiden

### CLUB CLOSED

3/20 - Half Day



### Contact Information:

**Brynn Bowers - Site Coordinator**  
Phone: 801-633-4104  
Email: [brynn.bowers@bgcutah.org](mailto:brynn.bowers@bgcutah.org)



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

### Project Learn

*Tuesdays and Thursdays 7:30-8:00 am*

Power Hour is a period of time in our morning clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

### STEM Labs

*Tuesdays and Wednesdays 2:45 - 4:30*

We have a variety of clubs building skills in science, technology, engineering, and math. Students will learn a variety of STEM skills and related activities.

### Enrichment

*Tuesdays - Friday 2:45 - 5:30*

Students are given the opportunity to explore and learn different skills and a variety of different activities.

### Prevention & Education

*Tuesdays and Thursdays 4:00 - 4:30*

Positive Action is used to teach students social emotional learning skills. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



Utah State Board of Education

