

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>No Club/Winter Break</i>	2 <i>No Club/Winter Break</i>	3 <i>No Club/Winter Break</i>	4 <i>No Club/Winter Break</i>	5 <i>No Club/Winter Break</i>
Getting Along with Others	8 Snowflake Club Red (1) Snowflake Club Blue (2) Power Hour	9 Positive Action (P) Superfriend: Respect, Friendliness, Empathy Winter Sports Activity Winter Games Activity Power Hour	10 Winter Weather Club Red (1) Winter Weather Club Blue (2) Power Hour	11 Positive Action (B) Superfriend: Respect, Friendliness, Empathy Igloo Activity STEM Lab (Biology 1) Power Hour	12 Healthy Lifestyles/KidGrit Snowman Activity Polar Artic Activity
Getting Along with Others	15 <b>No Club/Martin Luther King Day</b>	16 Positive Action (P) Superfriend: Kindness, Choosing Not to Bully Winter Sports Activity Winter Games Activity Power Hour	17 <b>Clubs:</b> Winter Weather Club Red (1) Winter Weather Club Blue (2) Power Hour	18 Positive Action (B) Superfriend: Kindness, Choosing Not to Bully Igloo Activity STEM Lab (Biology 2) Power Hour	19 Healthy Lifestyles/KidGrit Snowman Activity Polar Artic Activity
Getting Along with Others	22 Snowflake Club Red (1) Snowflake Club Blue (2) Power Hour	23 Positive Action (P) Superfriend: Cooperation, Courtesy and Manners, Fairness Winter Sports Activity Winter Games Activity Power Hour	24 <b>Clubs:</b> Winter Weather Club Red (1) Winter Weather Club Blue (2) Power Hour	25 Positive Action (B) Superfriend: Cooperation, Courtesy and Manners, Fairness Igloo Activity STEM Lab (Biology 3) Power Hour	26 <b>No Club/ Professional Development Day</b>
Getting Along with Others	29 Snowflake Club Red (1) Snowflake Club Blue (2) Power Hour	30 Positive Action (P) Superfriend: Review Winter Sports Activity Winter Games Activity Power Hour	31 Winter Weather Club Red (1) Winter Weather Club Blue (2) Power Hour		2

**Daily Schedule**

<p><b>Monday/Wednesday</b> 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:45 Clubs 4:50 - 5:05 Recess 5:10 - 5:30 Power Hour 5:30 Dismissal, take home snack</p>	<p><b>Tuesday/Thursday</b> 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 SEL - Positive Action 4:30 - 5:00 Activities 5:05 - 5:25 PowerHour 5:30 - Dismissal, take home snack</p>	<p><b>Friday</b> 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 Healthy Lifestyles/KidGrit 4:30 - 5:05 Activities 5:10 - 5:25 Recess 5:30 - Dismissal, take home snack</p>
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**Contact Info**

**Site Coordinator: Fina Giraldo.**  
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Program Address: 1315 N Main St, Orem, UT



## *January Club & Activity Details*

### **Message to Parents:**

*We are very excited to offer your children clubs and activities to learn about winter and biology. They will have the opportunity to expand their knowledge about those topics through a series of activities that will allow them to learn and grow in a positive learning environment.*

### **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

**Healthy Lifestyle/KidGrit** - A supplementary social emotional learning program designed to guide youth through healthy lifestyles for a strong and healthy future. As youth

### **Academic Support:**

**Power Hour** - The main focus of power hour will be to help children complete homework assignments, work on other academic activities and also participate in enhancing reading skills. Our goal is to help students reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

### **Enrichment Clubs:**

**Snowflake Club** - The purpose of this club is to explore the individuality and intricacy inherent in each formed snowflake. Club members will have the chance to explore this beautiful natural phenomenon through a variety of artistic and scientific mediums.

**Snow Weather Club** - The purpose of this club is to discuss changes of matter and other topics related to clouds and various forms of precipitation as it relates to winter weather.

### **Activities:**

**STEM Lab** - The purpose of this lab is to provide children with learning opportunities about biology. They will interactively explore the properties of membranes, the characteristics of life, and the fundamentals of biology.

**Winter Activities** - Children will learn in a fun and positive setting about different activities related to igloos, winter sports, and winter games.

January 2024

# Windsor Elementary

1315 North Main Street Orem, UT 84057 | 801-372-5373



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is "getting along with others (Prevention and Behavior)."*

## Get to Know our SITE COORDINATOR!



*My name is Fina Giraldo, but your students will know me as Mrs. Giraldo. I am originally from Venezuela. I moved to Utah nine and a half*

*years ago with my husband and three children. I have been with the Boys and Girls Club for one year and an instructional assistant at Windsor Elementary for the past four years. I love to see how children learn and grow each day. Currently, I am attending school to get my bachelor's Degree in Elementary Education. I am excited to serve you and your children this school year!*

### Upcoming Events

Check our **January Calendar!** So you can plan accordingly, especially on the days that our club is closed.

**Please pay attention to any emails that we send you.**

### Follow us on



[www.facebook.com/BGCUtah](http://www.facebook.com/BGCUtah)



[www.instagram.com/bgcutah](http://www.instagram.com/bgcutah)



*Jesus - Jan 7*

*Teo - Jan 9*

*Alex - Jan 13*



*January 15 and 26*

### Contact Information:

**Fina Giraldo - Site Coordinator**

Phone: 801-372-5373

(Monday-Friday 2:30-6:00 pm)

Email: [josefina.muller@bgcutah.org](mailto:josefina.muller@bgcutah.org)

### Power Hour and STEM Club

Monday-Friday

We have homework help available every single day. We also have reading, writing, and math activities.

We have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

### Club Enrichment Activities

Monday-Friday

Biology, sports, arts, crafts, science experiments, team-building activities, and more!

### SEL (Prevention and Behavior)

Monday-Friday

We will use three programs to teach SEL to the kids, which are Positive Action, SMART Moves, and Kid-Grit. We will implement daily lessons and activities from those programs to teach the kids the importance of understanding their emotions.

