

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Others				Positive Action (B) (K-2) L84 Getting Along with Others Using Soc/Em (3-6) L85 Trying it Out in Class STEM Club Power Hour	Healthy Lifestyles Music Activity (1) Music Activity (2)
Mid-Surveys	5 Drama Club (1) Drama Club(2) Power Hour	6 Positive Action Mid-Surveys American History Activity (1) American History Activity (2) Power Hour	7 Career Club (1) Career Club (2) Power Hour	8 Positive Action Mid-Surveys STEM Club Power Hour	9 No Club School Closed
My Truest Self	12 Drama Club (1) Drama Club(2) Power Hour	13 Positive Action (P) (K-2) L94 Telling Yourself the Truth (3-6) L 90, p.181 Telling Yourself the Truth--On Purpose American History Activity (1) American History Activity (2) Power Hour	14 Career Club (1) Career Club (2) Power Hour	15 Positive Action (B) (K-2) L 95, p.183 Telling Yourself the Truth Using Soc/Em Positive Action (3-6) L92 Your Bravest, Truest Self STEM Club Power Hour	16 Healthy Lifestyles Music Activity (1) Music Activity (2)
My Truest Self	19 No Club President's Day	20 Positive Action (P) (K-2) L96 Telling Yourself the Truth Using Soc/Em (3-6) L93 What Can You Do? American History Activity (1, 2) Power Hour	21 Career Club (1) Career Club (2) Power Hour	22 Positive Action (B) Superfriend: Cooperation, Courtesy and Manners, Fairness STEM Club Power Hour	23 No Club BGC Professional Development
My Truest Self	26 Drama Club (1) Drama Club(2) Power Hour	27 Positive Action (P) Superfriend: Review American History Activity (1) American History Activity (2) Power Hour	28 Career Club (1) Career Club (2) Power Hour	29 Positive Action (B) Superfriend: Cooperation, Courtesy and Manners, Fairness STEM Club Power Hour	2

Daily Schedule

Monday/Wednesday 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:45 Clubs 4:50 - 5:05 Recess 5:10 - 5:30 Power Hour 5:30 Dismissal, take home snack	Tuesday/Thursday 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 SEL - Positive Action 4:30 - 5:00 Activities 5:05 - 5:25 PowerHour 5:30 - Dismissal, take home snack	Friday 3:30 - 3:50 Check In, Circle Up, Snack 3:55 - 4:25 Healthy Lifestyles/KidGrit 4:30 - 5:05 Activities 5:10 - 5:25 Recess 5:30 - Dismissal, take home snack
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Contact Info

Site Coordinator: Fina Giraldo.
 Phone: 801-372-5373 (Monday-Friday 2:30-6:00 pm)
 Email: josefina.muller@bgcutah.org
 Program Address: 1315 N Main St, Orem, UT



February Club & Activity Details

Message to Parents:

We are very excited to offer your children clubs and activities to learn about drama, history, music, and more. They will have the opportunity to expand their knowledge about those topics through a series of activities that will allow them to learn and grow in a positive learning environment.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is "Your Truest Self".

Healthy Lifestyle/KidGrit - A supplementary social emotional learning program designed to guide youth through healthy lifestyles for a strong and healthy future.

Academic Support:

Power Hour - The main focus of power hour will be to help children complete homework assignments, work on other academic activities and also participate in enhancing reading skills. Our goal is to help students reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs:

Drama Club - The purpose of this club is to create a space where children can build confidence, express creativity, develop public speaking and leadership skills, and learn about the skills needed to study acting as a career.

Career Day Club - The purpose of this club is to provide children with opportunities to learn about different careers and professions that are available to them. They will be able to explore their interests and strengths and learn how to find careers that match their interests.

STEM Lab - The purpose of this lab is to provide children with learning opportunities about science, technology, engineering, and math. They will interactively explore and create problems and solutions to different everyday problems.

Activities:

American History - Children will learn in a fun and positive setting about different aspects of American History.

Music - The purpose of music is to engage children in a positive way while learning about musical expression. Children will be able to explore musicality, different musical instruments, and learn new skills.

February 2024

Windsor Elementary

1315 North Main Street Orem, UT 84057 | 801-372-5373



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is
"Positivity Me/ Strong Body and Minds (Prevention and Behavior)."

Get to Know our Program Manager!



Carolina Castro is our Program Manager. Your student will know her as Ms. Castro. She has been working for the Boys and Girls Club for almost a year and she loves it!

She loves your children and they love her! We are so happy to have her! Ms. Castro loves drawing and being with kids.

Upcoming Events

Check our **February Calendar!** So you can plan accordingly, especially on the days that our club is closed. **Please pay attention to any emails that we send you.**

Follow us on



www.facebook.com/BGCUtah



www.instagram.com/bgcutah



Rylie - 25
Alivia - 28



February

9, 19 and 23

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Power Hour and STEM Club

Monday-Friday

We have homework help available every single day. We also will have reading, writing, and math activities.

We will have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

Club Enrichment Activities

Monday-Friday

Sports, arts, crafts, science experiments, team-building activities, and more!

SEL (Prevention and Behavior)

Monday-Friday

We will use three programs to teach SEL to the kids, which are Positive Action, SMART Moves, and Kid-Grit. We will implement daily lessons and activities from those programs to teach the kids the importance of understanding their emotions.