

Washington Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Getting Along With Others</i>	29	30	31	1 Craft day/club sign up day SEL (B) - Positive Action: Getting Along With Others	2 Skill Building Labs: Active Rotation Creative Rotation STEM Lab
<i>Surveys</i>	5 Mid-Survey/Skills Labs POWER HOUR	6 CLUBS: 3-5: Art Fundamentals and K-2: Dance POWER HOUR	7 Mid-Survey/Skills Labs POWER HOUR	8 CLUBS: 3-5: Dance and K-2: Art Fundamentals POWER HOUR	9 No After School Program
<i>My Truest Self</i>	12 SEL (P) - Positive Action: Telling Yourself The Truth POWER HOUR	13 CLUBS: 3-5: Art Fundamentals and K-2: Dance POWER HOUR	14 SEL (B) - Positive Action: Telling Yourself The Truth POWER HOUR	15 CLUBS: 3-5: Dance and K-2: Art Fundamentals POWER HOUR	16 No After School Program
<i>My Truest Self</i>	19 No After School Program	20 CLUBS: 3-5: Art Fundamentals and K-2: Dance POWER HOUR	21 SEL (P) - Positive Action: Telling Yourself The Truth POWER HOUR	22 CLUBS: 3-5: Dance and K-2: Art Fundamentals POWER HOUR	23 Skill Building Labs: SEL (B) - Positive Action: Telling Yourself The Truth Active Rotation STEM Lab
<i>My Truest Self</i>	26 SEL (P) - Positive Action: Telling Yourself The Truth POWER HOUR	27 CLUBS: 3-5: Art Fundamentals and K-2: Dance POWER HOUR	28 SEL (B) - Positive Action: Telling Yourself The Truth POWER HOUR	29 CLUBS: 3-5: Dance and K-2: Art Fundamentals POWER HOUR	1

Monday/Wednesday	Tuesday/Thursday	Friday
3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:05 - 4:45 pm - Power Hour / Positive Action 4:50 - 5:25 pm - Positive Action / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:05 - 4:45 pm - Power Hour / Club Time 4:45 - 5:25 pm - Club Time / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	12:00 - 12:30 Check in, recess 12:30 - 1:00 Structured recess 1:00 - 1:40 Computer lab 1:40 - 2:00 Super Snack 2:00 - 2:45 1st Club rotation 2:45 - 3:30 2nd Club rotation (STEM) 3:30 - 4:15 3rd Club rotation 4:15 - 4:30 PM Snack 4:30 - 5:30 Quiet time/weekly recap 5:30 Dismissal

Contact Info

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February Club & Activity Details

Message to Parents:

Our mission with clubs and activities is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week! Every day except Fridays we spend time with students doing power hour for academic support. Your child has time during clubs to work on homework that they have been given during the school day and they receive assistance from all Boys and Girls Club staff. On Mondays and Wednesdays students are able to participate in a staff led activity for the purpose of social and emotional learning. This time is allotted for students to become more educated on life skills and emotional intelligence! For clubs this month we are doing an art fundamentals club and a dance club. This gives your child the opportunity to participate in an activity that is creative and an activity that involves fun physical activity.

If you have any questions or concerns please feel free to reach out to me!

~ *Brittney Thliveris* ~

Washington Site Coordinator

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The February theme is getting along with others, a great way to start off the new year!

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Skill Building Labs:

Each week on Friday youth rotate among fun and engaging activities designed to build or advance a skill in a creative, physical or STEM concentration area.

Enrichment Clubs:

Art Fundamentals Club - This month for our creative club we are introducing art fundamentals and learning labs. Each Tuesday and Thursday your child will be able to understand the basic fundamentals of art and build on those skills each week. This will include interactive activities where students will get the chance to create their own artwork and express themselves individually!

Dance Club - This month for our physical activity club we are introducing a dance club. This club will take place every Tuesday and Thursday and will allow students to learn about different dance styles and types of dance from all over the world. This club will include teaching and interactive dance activities along with lessons educating students about the fundamentals of dance!

FEBRUARY 2024

WASHINGTON

300 N 300 E Washington UT 84780 | 801-372-5667



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "My Truest Self"

Get To Know -Ms Brittney-

We would like to introduce our new site coordinator, Ms. Brittney, here at Washington Boys and Girls Club! She has been working with youth for the past six years and has a passion for helping others. She loves music and is an avid world traveler. She is excited to work with the students here at Washington and make a difference!



Upcoming Events

No club on February 16th and 19th



Jaxten - Feb 26th
Scarlett - Feb 11th
Steven - Feb 8th
Halle - Feb 4th

CLUB CLOSURES

February 16th, 19th



Contact Information:

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POWER HOUR

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and also have the opportunity to work with program staff on assignments given throughout the week.

Clubs

Tuesdays & Thursdays

This month for our clubs students will get the opportunity to learn different types of dances from all over the world. They will also learn about the fundamentals of drawing

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Mondays & Wednesdays

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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