# Walden Middle Afterschool Program 2023-2024





SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	HW Help/Power Hour Fandom Club Performance - Music	HW Help/Power Hour Collectable Card Games Dungeons & Dragons SEL (P)-"Prevention: REVIEW Cooperation & Positive Communication"	31 HW Help/Power Hour Tech Club Spanish Club Performance - Props STEM Emphasis	HW Help/Power Hour Dungeons & Dragons Performance - Dance SEL (B)-"Behavior: Telling Ourselves the Truth"	HW Help/Power Hour Retro Video Games Upcycling Performance - Read Throughs
	5 HW Help/Power Hour Fandom Club Performance - Music	6 HW Help/Power Hour Collectable Card Games Dungeons & Dragons SEL - Mid-Survey 2	7 HW Help/Power Hour Tech Club Spanish Club Performance - Props STEM Emphasis	HW Help/Power Hour Dungeons & Dragons Performance - Dance SEL - Mid-Survey 2	HW Help/Power Hour Retro Video Games Upcycling Performance - Read Throughs
	312 HW Help/Power Hour Fandom Club Performance - Music	HW Help/Power Hour Collectable Card Games Dungeons & Dragons SEL (P)-"Prevention: Getting Real & Moving Toward the Positive"	HW Help/Power Hour Tech Club Spanish Club Performance - Props STEM Emphasis	HW Help/Power Hour Dungeons & Dragons Performance - Dance SEL (B)-"Behavior: Where I'm Strong & Where I Struggle"	HW Help/Power Hour Retro Video Games Upcycling Performance - Read Throughs
	No Clubs Presidents Day	20 HW Help/Power Hour Collectable Card Games Dungeons & Dragons SEL (P)-"Prevention: Discovering My Strengths & Weaknesses"	21 HW Help/Power Hour Tech Club Spanish Club Performance - Props STEM Emphasis	22 HW Help/Power Hour Dungeons & Dragons Performance - Dance SEL (B)-"Behavior: Doing What I Say I Will Do"	23 No Clubs Staff Training
	26 HW Help/Power Hour Fandom Club Performance - Music	27 HW Help/Power Hour Collectable Card Games Dungeons & Dragons SEL (P)-"Prevention: Admitting My Mistakes, Refusing to Blame Others"	28 HW Help/Power Hour Tech Club Spanish Club Performance - Props STEM Emphasis	29 HW Help/Power Hour Dungeons & Dragons Performance - Dance SEL (B)-"Behavior: Acknowledging Truth, Refusing to Rationalize"	HW Help/Power Hour Retro Video Games Upcycling Performance - Read Throughs

#### **Daily Schedule**

3:00-3:15 Sign in and Snack (1:00-1:15 Fridays)

3:15-3:45 Social Emotional Learning (1:15-1:45 Fridays)

3:45-5:00 Student Interest Based Activities (1:45-3:00 Fridays)

5:00-5:30 Reflection and clean up time (3:00-3:30 Fridays)



#### **Contact Info**

Bryan Sours
Site Coordinator

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Phone: (801) 247-5773

Program Address: 4230 N. University Ave.

Provo, Utah 84604



### Walden Middle Afterschool Program 2023-2024



## January After School Clubs Schedule

#### Mondays

- After School Homework Help Power Hour Need help with assignments? Want a quiet place to study? Need access to school resources and computers? Homework help is the perfect place to get ahead and get individual help with school work. (3:15-5:00) (Stephanie's Room)
- Fandom Club Watch, learn and discuss your favorite fandom, geek culture and anime! Students will lead a new fandom each week. (3:15-5:00) (Bryan's Room)
- <u>Performance Practice</u> Help prepare for the 2024 world Premier of Kip Dynamite. A musical based on contemporary living
  in a small town in Idaho about self discovery and following your dreams. (3:15-5:00) (Will's Room)

#### Tuesdays

- After School Homework Help Power Hour (Morning 7:45-8:30 Afterschool 3:15-5:00) (Stephanie's Room)
- <u>Collectable Card Games</u> Design decks of cards to impress and challenge your opponents. Any type of card game can be
  explored in this club including Magic: The Gathering, Pokemon, Yu-Gi-Oh and more! Emphasis on designing and creating
  decks of cards and mastering gameplay techniques. (Afterschool 3:15-5:00) (Bryan's Room)
- <u>Dungeons & Dragons</u> Whether you've played D&D before or are a total beginner, create a character and join our campaign. Our dungeon master will lead us through adventures involving magic, monsters, quests and treasure.
   (3:15-5:00) (Bryan's Room)
- SMART Moves Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

#### Wednesdays

- After School Homework Help Power Hour (Afterschool 3:15-5:00) (Stephanie's Room)
- <u>Tech Club</u> Design and print 3-D things and other STEM based projects!
- Performance Practice (3:15-5:00) (Will's Room)

#### **Thursdays**

- After School Homework Help Power Hour (Afterschool 3:15-5:00) (Stephanie's Room)
- <u>Dungeons & Dragons</u> Whether you've played D&D before or are a total beginner, create a character and join our campaign. Our dungeon master will lead us through adventures involving magic, monsters, quests and treasure.
   (3:15-5:00) (Bryan's Room)
- Performance Practice (3:15-5:00) (Will's Room)

#### Fridays

- After School Homework Help Power Hour (1:15-5:00) (Stephanie's Room)
- Retro Video Game Club Learn and play the history of video games. (1:15-3:00) (Bryan's Room)
- <u>Upcvcling Club</u> Have fun reusing and repurposing everyday items in creative ways. (1:15-3:00) (Maker Space)
- Performance Practice (1:15-3:00) (Will's Room)

# FEBRUARY 2024

# Walden Middle

4230 N. University Ave. Provo, Utah 84604 | (801) 247-5773



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Caring

#### Get To Know Crispin Jones



Crispin has been working at clubs for Walden Middle since 2017. He now serves as the program manager and leads many interest based activities such as Lego Robotics and Dungeons and Dragons. Crispin is working to complete his degree in special education from Western Governors University.







#### **Contact Information:**

Bryan Sours - Site Coordinator
Phone: (801) 247-5773 (Call or Text)
Email: waldenmiddle@bgcutah.org





#### **Power Hour**

Monday - Thursday 3:45-5:00 Fridays - 1:45-3:00

Homework Help is the perfect place to get ahead and get individual help with school work. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

#### **STEM Club**

Wednesdays 3:45-5:00

We have been working on mastering Lego robotics and will continue to explore what these robots can do.

#### **Enrichment**

Monday - Thursday 3:45-5:00 Fridays - 1:45-3:00

Daily interest based clubs which focus on career and interpersonal skills and positive youth outcomes.

#### **Prevention & Education**

Tuesdays and Thursdays 3:15-3:45

This month through the Positive Action Curriculum we will be reviewing what we have covered since school started and seeing what we have learned.