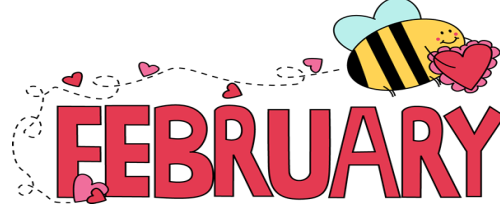


Walden Elementary Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along With Others	29	30	31	1 SEL: Positive Action "Saying Thank You" Leadership Club: "Cup Stacking Challenge" Power Hour	2 Power Hour Art Club: "Painting: Van Gogh" Fun Friday: Scavenger Hunt
Mid-Year Survey	5 Power Hour Art Club "Faux Stained Glass"	6 SEL: Positive Action "Mid-Year Survey" PE Club: "Pool Noodle Archery" Power Hour	7 Power Hour STEM: Research and Design Method "Building Structures"	8 SEL: Positive Action "Mid-Year Survey" Leadership Club: "Just Dance" Power Hour	9 Power Hour Art Club: "Painting: Picasso" Fun Friday: Service Activity
My Truest Self	12 Power Hour Art Club "Love Monsters"	13 SEL: Positive Action "Telling Yourself the Truth On Purpose" PE Club: "Volleyball" Power Hour	14 Power Hour STEM: Chemical Reactions "Elephant Toothpaste"	15 SEL: Positive Action "Your Bravest, Truest Self" Leadership Club: "Poison Frog" Power Hour	16 Power Hour Art Club: "Painting: Bob Ross" Fun Friday: Valentine's Activities
My Truest Self	19 No Clubs	20 SEL: Positive Action "What Can You Do?" PE Club: "Noodle Hockey" Power Hour	21 Power Hour STEM: Chemical Reaction "Alka Seltzer Lava Lamps"	22 SEL: Positive Action "Where You Shine" Leadership Club: "Obstacle Course" & "2 Minute Skits" Power Hour	23 No Clubs
My Truest Self	26 Power Hour Art Club "Blot Paper"	27 SEL: Positive Action "The Blame Game" PE Club: "Balloon Tennis" Power Hour	28 Power Hour STEM: Research and Design Method "Cup Tower Challenge"	29 SEL: Positive Action "Fessing Up" Leadership Club: "Great Chain Race" Power Hour	1

Monday/Wednesday Schedule	Tuesday/Thursday Schedule	Friday Schedule
<ul style="list-style-type: none"> 3:15-3:35 – Snack and Circle Up 3:35-4:00 – Recess 4:00-4:30 – Power Hour 4:30-5:25 – Club/STEM 5:30 – Pick Up 	<ul style="list-style-type: none"> 3:15-3:35 – Snack and Circle Up 3:35-4:05 – Positive Action SEL 4:00-4:50 – Enrichment Club 4:55-5:25 – Power Hour 5:30 – Pick Up 	<ul style="list-style-type: none"> 1:15-1:30 - Check In and Circle Up 1:30-2:15 - Recess 2:15-2:30 - Snack 2:30-3:00 - Power Hour 3:00-4:00 - Enrichment Club 4:00-4:30 - Meditation Club 4:30-5:25- Fun Friday Rotations 5:30 - Pick Up



Contact Info

Kate Howe, Area Director
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 Address: 4230 N University Ave.



February Club & Activity Details

Message to Parents:

We are so happy to be able to spend time with your children in the afterschool program this month! We hope to provide fun, safe, and engaging activities that will help your kids learn and grow. Please note that there have been some schedule changes with the new year- club activities such as painting, sports, service, and STEM, are all occurring around 4pm. If there is an activity your child is especially excited about, we would love to have them stay as long as they are able! Pick up time is at 5:30 pm and club activities wrap up between 4:25-5:25 depending on the day. Thank you!

STEM Club - This month, STEM club aims to explore two topics: research and design methods relating to geometry and architecture and chemical reactions. Stem club will be Wednesdays from 4:30pm-5:25pm. Your kids have asked to make elephant toothpaste; we will do this on Valentine's day this month at 4:30pm!

Art Club - Art Club will happen on Mondays and Fridays this month! Mondays will be 4:30pm-5:25pm and Fridays from 2:00pm-3:00pm. Fridays we will focus on famous painters and learning new painting techniques. Mondays we will be doing various art projects to practice creativity, patience, and different art techniques.

PE Club - PE club focuses on building gross and fine motor skills while also learning what being a part of a team includes. Activities include volleyball, balloon tennis, and noodle hockey this month. PE club is every Tuesday from 4:00pm to 4:50 pm.

Leadership Club - This month, leadership club will focus on communication, service, and empathy. Activities include challenges, obstacle courses, mini-skits, and different games involving all aspects of learning what it means to be a leader. Leadership club is every Thursday from 4:00pm-4:50pm.

Service - At least once a month, we will introduce children to a service project. This month, our service project will be February 9th from 4:30pm-5:25pm. Serving others helps us to develop empathy, self-confidence, and practice gratitude in our lives.

Power Hour - Power hour is a time every day for club members to either complete homework assignments, get tutoring in a subject they would like help on, or practice math or literacy skills. This occurs for 30 minutes each day.

SEL - On Tuesdays and Thursdays at 3:35, we spend 30 minutes learning about social and emotional skills through a program called Positive Action. We teach specific lessons aimed to introduce a positive action children can use to improve their social and emotional skills. This month is focused on being your truest self.

FEBRUARY 2024

Walden Elementary

4230 N University Ave. | 801-372-8594



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Your Truest Self"

Kate Howe - New Area Director



Kate joined the Boys and Girls Club as an Area Director at the beginning of January. She has worked in schools and with nonprofits for the last 3 years.

Kate loves music, her dog Maggie, hiking, sunshine, running, and daydreaming about the beach. She is very excited to spend time working at Walden Elementary's after-school club.

Happy Birthday!

2/7- Amelia, Wendy
2/10- Delilah, Nico
2/11- David
2/14- Xavier
2/20- Elijah
2/25- Valentina,
Roland



CLUB CLOSED

February 19th and February 23rd



Contact Information:

Kate Howe - Area Director

Phone: 801-372-8594

Email: waldenelementary@bgcutah.org



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

Power Hour

Daily

- Homework and study help
- Reading and Math time

STEM Labs

Wednesday

- Chemical Reactions
- Research and Design

Enrichment

Monday, Tuesday, Thursday, Friday

- Art, Service, PE, Leadership

Prevention & Education

Tuesday and Thursday

- We will build social and emotional skills by learning to be our truest selves.

