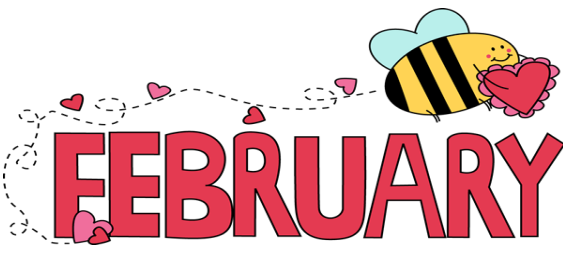


# Sunset Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Other	29 Sign Language Club OR 4 Square Club Positive Action SEL(P) (K-2) L. 84 (3-6) L. 85 Power Hour	30 Volleyball Club OR Jewelry Club SEL Kid-Grit Power Hour	31 Sign Language Club OR 4 Square Club Positive Action SEL(B) (K-2) L. 86 (3-6) L. 87 Power Hour	1 <b>STEM</b> Power Hour	2 Flag Football Club OR Disney Club SEL Lesson Power Hour
Mid-Surveys	5 Basketball Club OR Music Club SEL Positive Action(P) Mid-Surveys Power Hour	6 Flag Football Club OR Disney Club SEL Kid-grit Power Hour	7 Basketball Club OR Music Club SEL Positive Action(B) Mid-Surveys Power Hour	8 <b>STEM</b> Power Hour	9  No After School Program
My Truest Self	12 Basketball Club OR Music Club SEL Positive Action(P) (K-2) L. 94 (3-6) L. 90 Power Hour	13 Flag Football Club OR Disney Club SEL Kid-grit Power Hour	14 Basketball Club OR Music Club SEL Positive Action(B) (K-2) L. 95 (3-6) L. 92 Power Hour	15 <b>STEM</b> Power Hour	16  No After School Program
My Truest Self	19 <b>No After School Program</b>	20 Flag Football Club OR Disney Club SEL Positive Action(P) (K-2) L. 96 (3-6) L. 93 Power Hour	21 Basketball Club OR Music Club SEL Positive Action(B) (K-2) L. 98 (3-6) L. 96 & 97 Power Hour	22 <b>STEM</b> Power Hour	23 Flag Football Club OR Disney Club SEL Lesson Power Hour
My Truest Self	26 Basketball Club OR Music Club SEL Positive Action(P) (K-2) L. 100 (3-6) L. 98 Power Hour	27 Flag Football Club OR Disney Club SEL Kid-grit Power Hour	28 Basketball Club OR Music Club SEL Positive Action(B) (K-2) L. 102 (3-6) L. 100 Power Hour	29 <b>STEM</b> Power Hour	1 Flag Football Club OR Disney Club SEL Lesson Power Hour

Daily Schedule Mon-Thurs	Daily Schedule Friday	Contact Info
2:35-2:45 <b>CHECK IN</b> 2:45-3:00 Snack Time & Feelings check-in 3:00-3:30 Recess 3:30-4:00 Power Hour 4:00-4:30 Club Time 4:30-5:15 SEL Positive Action OR SEL Kid-grit, STEM 5:15-5:30 Snack Time 5:30 <b>PICKUP</b>	1:00-1:15 <b>CHECK IN</b> & Pos. of the week 1:15-1:45 Recess 1:45-2:00 PM Snack Time 2:00-2:15 Feelings Check-in 2:15-2:45 Power Hour/ Computer Lab Time 2:45- 3:15 Recess 3:15-3:30 Snack Time 3:30-4:00 SEL Positive Action OR SEL Kid-grit 4:00-4:30 Brain Break 4:30-5:30 Club 5:30 <b>PICK UP</b>	<b>Alexis Hatch</b> Site Coordinator Email: alexis.hatch@bgcutah.org Phone: 801-372-3151  Program Address: 495 Westridge Dr. St George, UT



Sunset  
Afterschool Program  
2023-2024

## February Club & Activity Details

### Message to Parents:

We will not be having Afterschool Program on the 9th. Our staff will be at a training that day.  
We will also not have Program on the 16th & the 19th

### Positive Action Lesson Description:

**1/29-2/2:** P: (K-2) L. 84, p.163 Getting Along with Others Using Soc/Em Positive Action

(3-6) L. 85, p.174 Remember This?

B: (K-2) L. 86, p.166 Getting Along with Others Using Soc/Em Positive Action

(3-6) L. 87, p.176 Trying It Out in Class

**2/5-2/9:** Mid-Survey

**2/12-2/16:** P: (K-2) L. 94, p.182 Telling Yourself the Truth Using Soc./Em. Positive Action

(3-6) L. 90, p.181 Telling Yourself the Truth--On Purpose

B: (K-2) L. 95, p.183 Telling Yourself the Truth Using Soc./Em. Positive Action

(3-6) L. 92, p.186 Your Bravest, Truest Self

**2/19-2/23:** P: (K-2) L. 96, p.184 Telling Yourself the Truth Using Soc./Em. Positive Action

(3-6) L. 93, p.188 What Can You Do?

B: (K-2) L. 98, p.186 Telling Yourself the Truth Using Soc./Em. Positive Action

(3-6) L. 96 & 97, p.194 & 195 Where You Shine & Where You Need Help

**2/26-3/1:** P: (K-2) L. 100, p.189 Telling Yourself the Truth Using Soc./Em. Positive Action

(3-6) L. 98, p.196 The Blame Game

B: (K-2) L. 102, p.192 Telling Yourself the Truth Using Soc./Em. Positive Action

(3-6) L. 100, p.201 'Fessing Up

### CLUBS:

**Basketball Club:** This month for our first active club, students will be learning and participating in Basketball! Students will be learning the rules of the game, different drills and exercises, as well as a little history on the game. At the end of the month, students will get to compete in a STUDENT vs. TEACHERS game. They will have a fun time showing the skills they have learned!

**Music Club:** This month for our first creativity club, students will learn about many different types of music. Music from all over the world. They then will get to create their own song as groups to perform them for each other.

**Flag Football Club:** This month for our second active club, students will be learning and participating in Flag Football. Students will be learning the rules of the game, different drills and exercises, as well as a little history on the game. At the end of the month, students will get to compete in a flag football game and have fun showing the skills they have learned!

**Disney Club:** This month for our second creativity club, the students will learn about Disney. They will learn about how it was created and other cool interesting facts about Disney. Students will do many fun crafts to go along with the Club.

Since Fridays are so long we have a Brain Break. This is a time for the students to relax and reset before we continue with the rest of the day

February 2024

# Sunset Elementary

495 Westridge Dr. St George, UT | 801-372-3151



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self



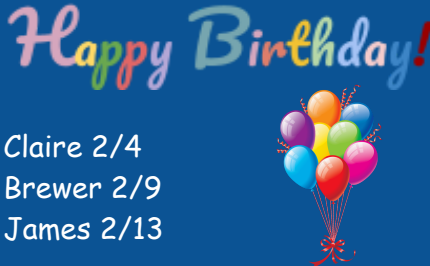
Meet Sunset Elementary's  
**STEM Specialist**  
Dakota Baptista



Aloha everyone! This is Dakota and she was born and raised in Hawai'i. She graduated from high school in 2022 from Sacred Hearts Academy in Honolulu. Throughout high school she played volleyball. Dakota is currently in college working towards getting her bachelors in Criminal Justice from Utah Tech University. In the future she plans to become a lawyer.


### Upcoming Events

Program Closed: February 9th, 16th & 19th



Claire 2/4  
Brewer 2/9  
James 2/13

**CLUB CLOSED**  
February 9th  
February 16th & 19th



### Contact Information:

Alexis Hatch, *Site Coordinator*  
Email: [alexis.hatch@bgcutah.org](mailto:alexis.hatch@bgcutah.org)  
Phone: 801-372-3151



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)



### Enrichment

**Monday-Thursday 4:00-4:30**

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

### STEM LABS

**Thursdays 4:30-5:00**

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

### Project Learn

**Monday-Thursday 3:30-4:00**

**Fri 2:25-2:45**

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also participate in our reading program.

### SEL (Prevention & Behavior)

**Monday-Friday**

Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming

