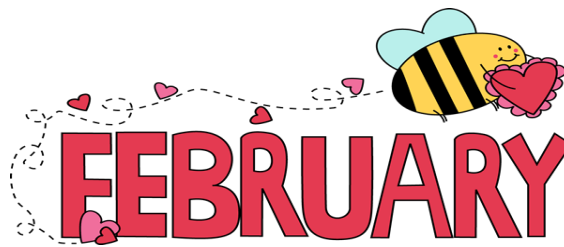# Parkside Afterschool Program 2023-2024

FEBRUARY

BOYS & GIRLS CLUBS OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1 **Power Hour** SEL (B)- Getting Along with Others **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	2 **Power Hour** SEL - KidGrit: Capstone **Clubs** Physical, Creative, Student Leadership Club
	5 **Power Hour** SEL - KidGrit: I appreciate you because... **Clubs** K-3: STEM Lab & Ocean Club 4-6: Science Club & Room Decor Club	6 **Power Hour** SEL (P)- Mid-Survey **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	7 **Power Hour** SEL - KidGrit: Dump & Fill (Mindsets) **Clubs** K-3: Ocean Club & Science Club 4-6: STEM Lab & Knitting Club	8 **Power Hour** SEL (B)- Mid-Survey **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	9 **No Programs** -Teacher Development Day-
	12 **Power Hour** SEL - KidGrit: Identity & Connection **Clubs** K-3: STEM Lab & Ocean Club 4-6: Science Club & Room Decor Club	13 **Power Hour** SEL (P)- Telling Yourself the Truth **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	14 **Power Hour** SEL - KidGrit: Module 3 Capstone **Clubs** K-3: Ocean Club & Science Club 4-6: STEM Lab & Knitting Club	15 **Power Hour** SEL (B)- Telling Yourself the Truth **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	16 **Power Hour** SEL - KidGrit: SEL: Module 3 Capstone **Clubs** Physical, Creative, Student Leadership Club
	19 **No Programs** -Presidents' Day-	20 **Power Hour** SEL (P)- Telling Yourself the Truth **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	21 **Power Hour** SEL - KidGrit: Play it Safe in the Gaming & Digital World **Clubs** K-3: Ocean Club & Science Club 4-6: STEM Lab & Knitting Club	22 **Power Hour** SEL (B)- Telling Yourself the Truth **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	23 **No Programs** -Organization Wide Training-
	26 **Power Hour** SEL - KidGrit: The Digital Divide **Clubs** K-3: STEM Lab & Ocean Club 4-6: Science Club & Room Decor Club	27 **Power Hour** SEL (P)- Telling Yourself the Truth **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	28 **Power Hour** SEL - KidGrit: Intro to the Internet **Clubs** K-3: Ocean Club & Science Club 4-6: STEM Lab & Knitting Club	29 **Power Hour** SEL (B)- Telling Yourself the Truth **Clubs** K-3: Trip to Egypt Club & Valentine's Club 4-6: Geography Club & Knitting Club	1

Time	Activity
2:15 - 2:25	Meet up/Check In
2:30 - 2:45	Snack & Circle Up
2:45 - 3:10	Recess
3:15 - 3:45	Younger SEL/Older PowerHour
3:50 - 4:20	Older SEL/Younger PowerHour
4:25 - 4:50	Club 1
4:55 - 5:20	Club 2
5:25 - 5:30	Dismiss to Pick Up
5:30	Check-Out

Kate Howe, Area Director

Email: parkside@bgcutah.org
Phone: 801-592-6286
Program Address: 668 W 150 N, Orem, UT 84057

UTAH DEPARTMENT OF WORKFORCE SERVICES CHILD CARE

AMERICORPS

February Club & Activity Details

Message to Parents:

Hello parents! We are so excited to participate with your children in these super fun activities! We recently have changed our daily schedule around and it has been a huge success with your children. It includes more diverse activities for your kids that are tailored to their attention spans. If you have any suggestions for future activities, feel free to talk to any staff member about your ideas!

SEL:

Positive Action - (All grades, taught by all staff)
- During the month of February, all kids will be learning about honesty to themselves and others. Please ask your kids what they are learning about during SEL (social emotional learning) to help foster positive conversations around important life skills.

KidGrit - (All grades, taught by all staff)
- Kids will be learning different concepts dealing with positive mindsets and negative mindsets during the first half of our month, and then they will be learning techniques to stay safe online during the second half of the month.

Enrichment Clubs:

Ocean Club - (K-3 on Mondays/Wednesdays taught by Abi)

Students will complete multiple art projects involving the ocean while learning about the creatures, plants, and human interactions with the ocean.

STEM Lab - (K-3 on Mondays, 4-6 on Wednesdays taught by Sadie)

STEM this month will be expanding on the lessons taught last month about membranes!

Trip to Egypt Club - (K-3 on Tuesdays/Thursdays taught by Abi)

Valentine's Club - (K-3 on Tuesdays/Thursdays taught by Nikki)

Science Club - (K-3 on Wednesdays, 4-6 on Mondays taught by Nikki)

Room Decor Club - (4-6 on Mondays/Wednesdays taught by Alanna)

Geography Club - (4-6 on Tuesdays/Thursdays taught by Alanna)

Knitting Club - (4-6 on Tuesdays, Wednesdays, and Thursdays taught by Miss Cowan)

FEBRUARY 2024

Parkside

668 W 150 N, Orem, UT 84057 | 801-592-6286

BOYS & GIRLS CLUBS OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

AMERICORPS

Our SEL focus this month is "Your Truest Self"

Get To Know Robert!

Our spotlight this week is our Program Manager, Robert! Robert grew up in Washington and then moved to Utah for college. He recently got his EMT license and is in school for Business Management. In his spare time, Robert enjoys going to the gym and planning for his upcoming wedding next month!

www.facebook.com/BGCUtah

www.instagram.com/bgcutah

Utah State Board of Education

WORKFORCE SERVICES CHILD CARE

Happy Birthday!

Jared N.
Ismael A.
Silas I.
Joaquin P.
Jocelyn O.
Annabella O.
Kendra S.
Marcos A.

CLUB CLOSED

(2/9) Teacher Development Day
(2/19) Presidents' Day
(2/23) Organization-Wide Training

Sorry We're CLOSED

Contact Information:

Kate Howe - Area Director
Phone: 801-592-6286
Email: parkside@bgcutah.org

Project Learn

*M-F (**K-3:** 3:50-4:20) (**4-6:** 3:15-3:45)*

Project Learn is a time for your students to receive additional academic support. Staff members are able to help them with math, reading, writing, and other homework subjects.

STEM Labs

*(**K-3**: M 4:25-5:20) (**4-6:** W 4:25-5:20)*

Students will be focusing on Science, specifically biology. They will learn about membranes through Engineering is Elementary curriculum.

Enrichment

M-TH 4:25-5:20

Activity specifics are listed in the previous page titled *January Clubs & Activity Details.*

Prevention & Education

*M-F (**K-3:** 3:15-3:45) (**4-6:** 3:50-4:20)*

Our focus this month will be on Getting Along with Others (Positive Action) and Physical Health (KidGrit).