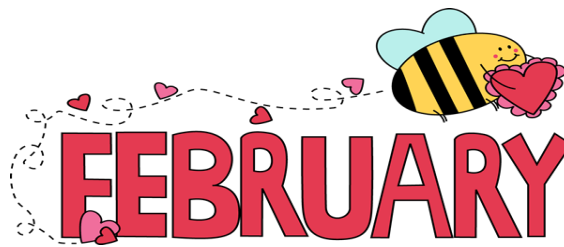


Panorama Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Others	29	30	31	Project Learn STEM Kickball Club No-Bake Club 1	Kid Grit Creative, Physical, STEM Clubs Fun Friday! 2
Getting Along with Others	Project Learn 5 SEL (P) Positive Action: Getting Along with Others Culture Club Sign Language Club	Project Learn 6 STEM Kickball Club No-Bake Club	Project Learn 7 SEL (B) Positive Action: Getting Along With Others Culture Club Sign Language Club	Project Learn 8 STEM Kickball Club No-Bake Club	NO CLUB Staff Training 9
My Truest Self	Project Learn 12 SEL (P) Positive Action: Telling Yourself the Truth Culture Club Sign Language Club	Project Learn 13 STEM Kickball Club No-Bake Club	Project Learn 14 SEL (B) Positive Action: Telling Yourself the Truth Culture Club Sign Language Club	Project Learn 15 STEM Kickball Club No-Bake Club	NO CLUB 16
My Truest Self	NO CLUB 19	Project Learn 20 STEM Kickball Club No-Bake Club	Project Learn 21 SEL (P) Positive Action: Telling Yourself the Truth Culture Club Sign Language Club	Project Learn 22 STEM Kickball Club No-Bake Club	SEL (B) Positive Action: 23 Telling Yourself the Truth Kid Grit Creative, Physical, STEM Clubs Fun Friday!
My Truest Self	Project Learn 26 SEL (P) Positive Action: Telling Yourself the Truth Culture Club Sign Language Club	Project Learn 27 STEM Kickball Club No-Bake Club	Project Learn 28 SEL (B) Positive Action: Telling Yourself the Truth Culture Club Sign Language Club	Project Learn 29 STEM Kickball Club No-Bake Club	1

Daily Schedule

Monday-Thursday	Friday
2:35 - 3:00 Check-in, Super Snack, Feeling check in 3:00 - 3:25 Structured Recess / 5 minute transition 3:30 - 4:00 K-3 (SEL-Positive Action or STEM Labs), 4-5 (Power Hour) / 5 minute trans. 4:05 - 4:35 4-5 (SEL-Positive Action or STEM Labs), K-3 (Power Hour) / 5 minute trans. 4:40 - 5:20 Enrichment Clubs 5:30 Snack, Check-out (Tuesday and Thursday - we spend our first hour outside due to gym access)	1:00 - 1:15 Check-in, Feelings check in / 5 minute transition 1:20 - 1:45 Structured Recess / 5 minute transition 1:50 - 2:20 SEL-Kid Grit / 5 minute transition 2:25 - 2:40 Super Snack / 5 minute transition 2:45 - 3:15 Fun Friday / 5 minute transition 3:20 - 3:50 Rotation 1 (Creative) / 5 minute transition 3:55 - 4:25 Rotation 2 (Physical) / 5 minute transition 4:30 - 5:00 Rotation 3 (STEM) / 5 minute transition 5:05 - 5:20 Group game 5:20 - 5:30 Gratitude/PM Snack/check-out

Contact Info

Contact Information:

Bob Kendall - Site Coordinator

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Program Address: 301 N 2200 E, St George, UT



February Club & Activity Details

Message to Parents:

This month we are focusing on giving club members the skills to be a little more self-sufficient in the kitchen as well as teaching them about other parts of the world. We are always working on ways to expand their horizons and think outside of their current comfort zone. We have some well rounded clubs for this month which will provide these learning opportunities as well as continuing to provide the reinforcement of Social Emotional Learning.

Project Learn - Not everyone gets homework from their teachers, however we try to challenge the club members to work towards doing harder work. We always encourage members to read for the duration of Project Learn, and are available to assist with any homework they have.

STEM - For the month of February we will be learning about all the parts of a plant. We will be germinating seeds and planting seeds and watching the progress of them grow. This encourages the study of plant growth and development.

Positive Action (SEL) - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program runs Mondays and Wednesdays with new topics each week. We will be concluding the topic "Getting Along With Others" and then starting a new segment called "My Truest Self."

Kid Grit - This is a perfect combination of social-emotional learning, mindfulness, character education, and youth development. We will be splitting this curriculum into 2 parts to facilitate the level of learning for each grade, ensuring all club members are getting the most out of it. In January and February we are focusing on the mind and activities that feed and build mental strength, develop new ways of thinking and expose students to the idea of becoming mindful.

Culture Club - In February we will be discussing Australian culture. We will talk about all the things that make this an awesome culture such as the food, holidays, customs and traditions. This series is something that we will continue until the end of the program in May to ensure club members get plenty of exposure to other cultures.

Sign Language Club - Club members will learn the basics of sign language. They will cover the alphabet and basic phrases that will enable them to communicate. This is a great introduction to sign language and may excite them to learn more.

No Bake Club - We will be discussing and practicing kitchen safety such as cleanliness and proper handling of kitchen utensils. We will learn to make a few items that don't require the oven or stove and give club members a chance to make some things that are safe and fun to eat while enabling them to gain some independence in the kitchen.

Kickball Club - Club members will be learning the basics of kickball, which can be applied to baseball/softball as well. They will learn strategy as well as rules and fair play. This is a great exercise in sportsmanship while enabling club members to get their energies out.

Fun Friday - This is a great period where club members get to choose between playing games with other members, doing specified crafts and having some free time. These games help them learn social skills such as waiting, turn taking, sharing, how to cope with losing, winning gracefully, making conversation, problem solving, compromising, collaborating and being flexible. Most importantly, they love having time to have fun and having the autonomy to determine what they want to do.

FEBRUARY 2024

Panorama

301 N 2200 E, St George, UT | 801-372-4767



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self

Get To Know



Ashlie Chaston is Theater major (Junior) at Utah Tech. She is a “floater YDP” which means she gets to go to other schools when needed to assist program. Ashlie touches the lives of hundreds of students each week which truly makes her an “All-Star!”

Upcoming Events

Happy Valentine's Day!

Happy Birthday!

Elizabeth // William
Ryder // Hazel
AJ // Jackson
Saydee



CLUB CLOSED

Feb 9 - staff training
Feb 16 - no school
Feb 19 - no school



Contact Information:

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www.facebook.com/BGCUtah

Project Learn

Monday - Thursday 3:20-4:25 pm

We offer assistance to club members with class assigned homework and provide reading and math opportunities for those without homework.

STEM Labs

Tuesday/Thursday 3:20 - 4.25 pm

We alternate grades between Project Learn and STEM to ensure each student get the assistance they need. We are continuing to focus on our plants this month, learning about germination, soil, photosynthesis, etc.

Enrichment

Monday - Thursday 4:30 - 5:20 pm

We are running 4 clubs this month, giving club members a full range of learning opportunities: Kickball, No-Bake, Sign Language and Culture (Australia).

Prevention & Education

Monday/Wednesday 3:20 - 4:25 pm

We are learning “My Truest Self” which incorporates being honest with ourselves and those around us.



www.instagram.com/bgcutah



Utah State Board of Education



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