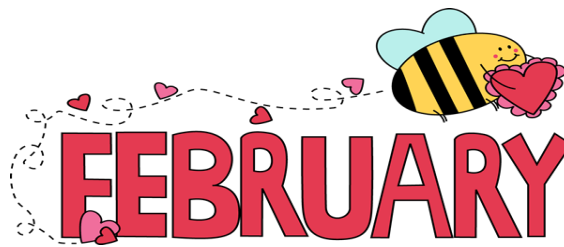


Orem Jr. High Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Friendly and Honest	29	30	31	1 Clubs Open Art Sports Robotics Debate Cosmetology VR: After 4:30 Tutor Lab/Power Hour: 3-5	2 Clubs Open Art Sports Dungeons and Dragons STEM Activity Fashion Design Tutor Lab/Power Hour: 3-5
Mid Survey: Strong Minds	5 SEL-Positive Action (P): Mid-Survey Clubs Reading and Hammocking Robotics Debate Cooking Tutor Lab/Power Hour: 3-5	6 Clubs Club Latino Weight Training STEM Activity Graphic Design Game Show Club VR: After 4:30 Tutor Lab/Power Hour: 3-5	7 SEL-Positive Action (B): Strong Mind Clubs Weight Training Robotics Perler Beads Podcasting Tutor Lab/Power Hour: 2-5	8 Clubs Open Art Sports STEM Activity Debate Cosmetology VR: After 4:30 Tutor Lab/Power Hour: 3-5	9 NO SCHOOL
The Truth of Me	12 SEL-Positive Action (P): Getting Real: Moving Toward the Positive Clubs Reading and Hammocking Robotics Debate Tutor Lab/Power Hour: 3-5	13 SEL-Positive Action (B): Where I'm Strong and Where I Struggle Clubs Club Latino STEM Activity Bouquet Design Game Show Club Tutor Lab/Power Hour: 2-5	14 SCHOOL DANCE NO CLUBS	15 Clubs Open Art Sports Debate Cosmetology VR: After 4:30 Tutor Lab/Power Hour: 3-5	16 Clubs Open Art Sports Robotics Dungeons and Dragons Fashion Design Tutor Lab/Power Hour: 3-5
My Truth and Others	19 PRESIDENT'S DAY No School	20 SEL-Positive Action (P): Discovering My Strengths and Weaknesses Clubs Club Latino Game Show Club STEM ACTIVITY Graphic Design Tutor Lab/Power Hour: 3-5	21 SEL-Positive Action (B): Doing What I Say I Will Do Clubs Weight Training STEM ACTIVITY Robotics Making Homemade Paper Podcasting Tutor Lab/Power Hour: 2-5	22 Clubs Open Art Sports Robotics Debate Cosmetology VR: After 4:30 Tutor Lab/Power Hour: 3-5	23 Clubs Open Art Sports Robotics Dungeons and Dragons Fashion Design Tutor Lab/Power Hour: 3-5
Being Truthful	26 SEL-Positive Action (P): Admitting My Mistakes, Refusing to Blame Others Clubs Cooking STEM ACTIVITY Debate Tutor Lab/Power Hour: 3-5	27 Clubs Open Art Reading and Hammocking Robotics Graphic Design Club Latino VR: After 4:30 Tutor Lab/Power Hour: 3-5	28 SEL-Positive Action (B): Acknowledging Truth Clubs Weight Training STEM ACTIVITY Graphic Design Podcasting Tutor Lab/Power Hour: 2-5	29 Clubs Open Art Sports Robotics Debate VR: After 4:30 Tutor Lab/Power Hour: 3-5	1

Daily Schedule

M/T/Th/F

2:45-3:00 Super snack in the lunchroom, select club
3:00-3:30 SEL Positive Action (Mondays typically)
3:30-4:20 Club rotations
4:20-4:30 Small snack. Late bus arrives
4:30-5:30 Ending club rotations and cleanup

Wednesdays

12:45-1 Super snack in the lunchroom, select club
2-2:30 SEL Positive Action
2:30-2:50 Club rotations
2:50-3 Small snack. Late bus arrives.
3-5:30 Ending club rotations and cleanup

HOMEWORK HELP (Power Hour) IS OFFERED EVERY DAY until 5:00 in the tutor lab



Contact Info

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Site Coordinator
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February Club & Activity Details

Message to Parents:

Hello parents! We are excited to be coming into the month of February with fresh ideas and new clubs. We have the aim this month to help your kids to expand on what they are learning in school this month, through problem solving and critical thinking activities. Please look at the options below and encourage your child to participate in something new.

SEL:

Positive Action - refers to a comprehensive educational program designed to promote positive behaviors, character development, and social-emotional learning among students. The curriculum encompasses lessons, activities, and resources aimed at fostering a positive after school culture by teaching values, emotional well-being, and responsible decision-making to enhance both academic and personal development in teens. This is run on Mondays from 3-3:30 pm and Wednesdays from 2-2:30 pm.

STEM

Various STEM Activities - Teens will have a chance to try out new experiments every A-day. Students will learn about science, technology, engineering, math, and more during these fun activities. Students often have the chance to make their own creations using science.

Robotics - This is an active club where students learn about robotics and have the chance to design and build their own. No prior knowledge is necessary to join this fun club. After learning the basics, students may have an opportunity to join competitions at other local schools and have a shot at winning robotics tournaments. This also teaches the students important job skills in an engineering and tech environment.

Enrichment

Fashion Design - This club is a place where teenagers can explore their passion for design, experiment with trends, and collaborate on exciting fashion projects. Through workshops, styling sessions, and hands-on design activities, members have the opportunity to express their unique style and foster a sense of camaraderie with like-minded peers. At the end we will be doing a fashion show. This will be every Friday starting in February.

Cooking - Every other Tuesday students will be given the liberty to create using food. Some days focus on practical cooking skills such as cooking ground beef or following a recipe, while other days the students may be able to experiment with their own ideas. We will touch on a variety of different food options, ensuring that every student will love their tasty creations.

Graphic Design - The students will learn principles and elements of graphic design and be introduced into the graphic design world. Students will be given multiple opportunities to create designs for different "clients" and will work with different surfaces and materials. We hope that this will help the teens to think outside the box no matter who or what they are designing for. This club meets every Tuesday and most Wednesdays.

Weight Training and Sports - Let's get active! Students will have the chance to learn about why exercise is extremely important for their bodies. We will be doing a variety of different workouts and sports, teaching students new things that they can do to stay on top of their health. These options are available every day except for Tuesday.

Debate - this is a dynamic club tailored for teenagers seeking to enhance their critical thinking and public speaking skills. Engaging in spirited discussions on a wide range of topics, members develop confidence, analytical abilities, and a passion for effective communication through structured debates and argumentative exercises. We make sure to include everyone's view! Come and learn every Monday and Thursday.

Podcasting - This is one of our student-run activities! Guided by a staff, a student will be in charge of introducing the digital media format of podcasting to the other students. We will learn about how podcasting can be done for fun but also as a growing viable career option. We will brainstorm ideas of topics to talk about and research about these topics in order to have good content. We are excited for this one! Every Wednesday.

Club Latino - Every Tuesday we have a club geared more toward our spanish-speaking population. We will be teaching about different cultures and traditions of many Latin countries. We will also be doing a mixture of our other clubs all in the spanish language so that our Latino students can participate in new experiences and learn new things in their native language.

Game Show Club - this club is a chance for students to use what they have been learning at school and clubs to compete in fun games based on some of the classic tv shows like Jeopardy, Family Feud, Are You Smarter Than a Fifth Grader and more! Kids will work together in teams to win these fast paced activities and tasks. Game Show Club takes place every Tuesday.

Cosmetology - this club is a vibrant and interactive group where students explore the exciting world of beauty and self-expression. Through hands-on workshops and discussions, members learn various cosmetology techniques, share styling tips, and foster a supportive community passionate about personal grooming and creativity. They will also learn how these skills can relate to many jobs that exist in working America.

FEBRUARY 2024

Orem Jr. High

650 W Jaguar Ave, Orem, UT, 84057 | 801-592-6312



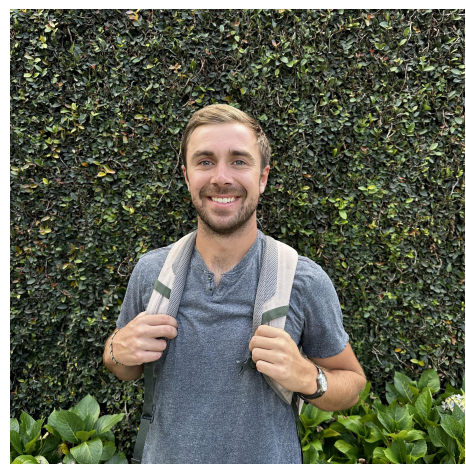
The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Being Truthful.

Get To Know

Hi my name is Spencer Fulton, the site coordinator here at Orem Jr. I like wearing socks with sandals and playing pickleball as much as I can. I am an avid Taco Bell fan, outdoor enthusiast, but most importantly, I love working with your teens and providing them with fun new things to learn and do.



Upcoming Events

School Dance on Valentine's Day!!

We will see you at the Parent Teacher Conference on the 22nd. 😊

 www.instagram.com/bgcutah

Happy Birthday!



Anthony 23th
Avery 10th
Iris 12th
Jaxx 12th
Jaylin 25th
Josefa 10th
Lucas 24th
Matthew 12th
Tanner 22th
Cameron 6th
Denheb 27th
Kevin 22th
Arelly 12th
Kaylan 13th

CLUB CLOSED:
February 9th Teacher Work Day.
February 19th, Presidents Day



Contact Information:

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Project Learn

We have homework help (power hour) every day with help from tutors from UVU. Let's get those grades up!

STEM Labs

Every day we have something ready for the teens! Robotics on B days and on A days, and fun STEM experiments.

Enrichment

We are introducing a few new clubs this month which we are super excited about! We will be starting Club Latino, Debate, Game Show Club, Fashion design club, and a few more.

Prevention & Education

We have Positive Action every Monday and Wednesday. The monthly emphasis is being truthful.

