

Mt. Nebo Afterschool Program 2023-2024



| SEL Weekly Focus | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------|---|---|---|---|---|
| | 1 No clubs - Christmas Break | 2 No clubs - Christmas Break | 3 No clubs - Christmas Break | 4 No clubs - Christmas Break | 5 No clubs - Christmas Break |
| Review Strong Body and Mind | 8 No after school clubs - Teacher Collaboration | Power Hour 9 SEL (P): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 10 AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 11 SEL (B): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 12 AM Academic Support (See Below) PM Enrichment Clubs (See Below) |
| Review Managing My Resources | 15 No clubs - MLK Day | Power Hour 16 SEL (P): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 17 AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 18 SEL (B): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 19 AM Academic Support (See Below) PM Enrichment Clubs (See Below) |
| Review Being A Good Friend | 22 No after school clubs - Teacher Collaboration | Power Hour 23 SEL (P): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 24 AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 25 SEL (B): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 26 AM Academic Support (See Below) PM Enrichment Clubs (See Below) |
| Friendly and Honest | 29 No after school clubs - Teacher Collaboration | Power Hour 30 SEL (P): AM Academic Support (See Below) PM Enrichment Clubs (See Below) | Power Hour 31 AM Academic Support (See Below) PM Enrichment Clubs (See Below) | 1 | 2 |

Daily Schedule

Mornings

7:30 am - 8:00 am

Afternoons

2:40 pm - 2:45 pm: School is Released. Students head to cafeteria to check-in

2:45 pm - 3:00 pm: Check-in and snacks

3:00 pm: Clubs Start

4:00 pm - 4:30 pm: SEL Positive Action Lesson - SMART Moves

4:30 pm- 4:35 pm: Afternoon snacks

4:40 pm: Buses Leave

5:30 pm: Clubs Close



Contact Info

Todd Claybaugh - Site Coordinator

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Program Address: 851 W 450 S, Payson



Notes:

*** = requires club advisor pre approval to attend ***

January Club & Activity Details

Message to Parents:

We are so excited to start 2024 of Boys & Girls After School Clubs at Mt. Nebo Middle! Thank you for sending your child(ren) to clubs each week. We look forward to working with and supporting them in all their needs. Please, do not hesitate to contact us if you have any questions.

Todd Claybaugh

Site-Coordinator

todd.claybaugh@bgcutah.org

Math Honors - Every morning from 7:30-8:00am with Mrs. Brown (Rm 209). Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting.

Sewing - Tuesdays after school with Mrs. Baguley (Rm 221). Participating in a sewing club can empower kids to hone fine motor skills, enhance creativity, cultivate patience, and develop practical problem-solving abilities, while also fostering a sense of accomplishment through the creation of handmade projects.

Ping Pong - Tuesdays after school with Mr. McGregor. Participating in a ping pong club can help kids develop hand-eye coordination, reflexes, strategic thinking, teamwork, and physical fitness, fostering both social skills and a love for an active and engaging sport.

Strategy Card/Board Games - Tuesdays and Wednesdays after school in the faculty room. Participating in a card games club can enable kids to enhance critical thinking, strategic planning, arithmetic proficiency, social interaction, and sportsmanship, while enjoying a diverse array of engaging and intellectually stimulating card games.

3D Printing - Tuesdays, Wednesdays, and Fridays after school with Mr. Lai in the Library. Participating in a 3D printing club can equip kids with skills in digital design, problem-solving, spatial reasoning, technology literacy, and teamwork, fostering their creativity and understanding of additive manufacturing processes.

Underwater Robotics - Tuesdays and Wednesdays after school with Mrs. Bufton, Mrs. Dinkel and Mr. Mendenhall in the Stem Lab. Participating in an underwater robotics club can enable kids to develop skills in engineering, problem-solving, teamwork, programming, and hands-on application of STEM concepts, as they design and build underwater vehicles for various challenges.

LEGOS - Tuesdays after school with Mrs. Nelson (Rm. 109). Participating in a LEGO club can help kids cultivate creativity, spatial awareness, teamwork, problem-solving, and fine motor skills as they engage in hands-on construction and imaginative play with the iconic interlocking bricks.

Space - Tuesdays-Fridays after school with Mrs. Fordiani (Rm. 107). Participating in a space club can impart knowledge about astronomy, teamwork, critical thinking, and communication skills, fostering a passion for space exploration while encouraging scientific curiosity and a deeper understanding of the cosmos.

Crafts - Wednesdays after school with Mrs. Baguley (Rm. 221). Participating in a crafts club can nurture kids' creativity, fine motor skills, patience, attention to detail, and teamwork as they explore various artistic techniques and materials to express their imagination through handmade projects.

Dungeons & Dragons- Wednesdays after school with Mr. Hunt (Rm. 100). Participating in a Dungeons & Dragons club can enhance kids' creativity, critical thinking, teamwork, communication, and problem-solving skills as they engage in collaborative storytelling, strategic decision-making, and imaginative exploration within the fantasy world of the game.

Science- Thursdays after school with Ms. Daniel (Rm. 208). Participating in a science club can empower kids with hands-on experimentation, critical thinking, observation, collaboration, and communication skills, fostering a love for inquiry-based learning and scientific exploration.

Rollerblading- Thursdays after school with Mr. Cope (Aux gym). Participating in a rollerblading club can develop kids' balance, coordination, agility, perseverance, and confidence as they engage in a physically active and dynamic sport, promoting a healthy and active lifestyle.

Coding- Thursdays after school with Mrs. Nelson (Rm. 109). Participating in a coding club can equip kids with problem-solving, logical reasoning, creativity, collaboration, and computer programming skills, empowering them to navigate the digital world and potentially pursue future careers in technology.

Math- Fridays after school with Mrs. Luckau (Rm. 203). Participating in a math club can enhance kids' critical thinking, problem-solving, logical reasoning, collaboration, and numerical proficiency, fostering a deeper understanding and appreciation for mathematics in a fun and interactive setting.

Dominos- Fridays after school with Mrs. Nelson (Rm. 109). Participating in a domino's club can develop kids' concentration, strategic thinking, fine motor skills, patience, and teamwork as they engage in the intricate art of setting up and toppling domino structures in creative and collaborative ways.

Digital Gamified Platforms- Wednesdays after school with Mrs. Nelson (Rm. 109). Participating in a gamified platforms club (Kahoot, Gimkit, Blooket, etc) can enhance kids' digital literacy, problem-solving, strategic thinking, collaboration, and adaptability, as they navigate and engage with interactive and educational gaming environments. Students will create their own games based on educational topics, and then share them with the club.

Club Schedule

| Tuesday’s | Wednesday’s | Thursday’s | Friday’s |
|--|--|---|--|
| <div>Morning</div> <div>Math Honors (Brown) Rm 209</div> <div>Science Study Hall (Mendenhall) Rm 208</div> <div>Power Hour/Study hall</div> <div>Afternoon:</div> <div>SEL - P</div> <div>Sewing (Baguley) Rm 221</div> <div>Ping Pong (McGregor) Front Commons</div> <div>Strategy Card/Board Games (Tiffini) Faculty Room</div> <div>3D Printing (Lai) Library (canceled today)</div> <div>*** Underwater Robotics (Bufton) Stem Lab ***</div> <div>Legos (Nelson) Rm 109</div> <div>Space (Fordiani) Rm 107</div> <div>Gifted & Talented (Tasha) Rm 215</div> <div>Musical Rehearsals (Schofield) Cafeteria</div> | <div>Morning</div> <div>Science Study Hall (Mendenhall) Rm 208</div> <div>Power Hour/Study hall</div> <div>Afternoon:</div> <div>Crafts/Quilting (Baguley) Rm 221</div> <div>Strategy Card/Board Games (Marissa) Faculty Room</div> <div>3D Printing (Lai) Library</div> <div>*** Underwater Robotics (Bufton) Stem Lab ***</div> <div>Digital Gamified Platforms (Nelson) Rm 109</div> <div>Dungeons & Dragons (Hunt) Art room 100</div> <div>Space (Fordiani) Rm 107</div> <div>Musical Rehearsals (Schofield) Cafeteria</div> | <div>Morning</div> <div>Math Honors (Brown) Rm 209</div> <div>Science Study Hall (Mendenhall) Rm 208</div> <div>Power Hour/Study hall</div> <div>Afternoon:</div> <div>SEL - B</div> <div>Science (Daniel) Rm 208</div> <div>Rollerblading (Cope) Aux gym</div> <div>Coding (Nelson) Rm 109 (canceled today)</div> <div>Space (Fordiani) Rm 107</div> <div>Strategy Card/Board Games (Tiffini) Faculty Room</div> <div>Musical Rehearsals (Schofield) Cafeteria</div> | <div>Morning</div> <div>Science Study Hall (Mendenhall) Rm 208</div> <div>Power Hour/Study hall</div> <div>Afternoon:</div> <div>Coding (Baguley) Rm 221</div> <div>Math (Luckau) Rm 203 (canceled today)</div> <div>3D Printing (Lai) Library</div> <div>Dominos (Nelson) Rm 109</div> <div>Space (Fordiani) Rm 107</div> <div>Musical Rehearsals (Schofield) Cafeteria</div> |

JANUARY 2024

Mt. Nebo Middle

[851 W 450 S, Payson, UT 84651] | (801) 465-6040



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Strong Body and Strong Mind

Get To Know



Mrs. Fordiani teaches science at Mt. Nebo Middle. She has a passion for outer space and decided to start the space club (Mon-Fri). She spent a lot of time researching materials and experiments that have to do with space and gravity. She is very excited to be running this club

Upcoming Events

MLK Day Jan 15



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

Happy Birthday!

Makayla
Annabelle
Brick
Madeline
Kemish
Keaton
Logan



Jackson
Carson
Gus
Taggart
Nix
Traeden

CLUB CLOSED

MLK Day



Contact Information:

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www.facebook.com/BGCUtah

Project Learn/ Power Hour

Power Hour is a period of time in our morning clubs where we provide students with Homework Help and an opportunity to increase literacy skills.

STEM

Underwater Robotics: Tuesdays and Wednesdays run by Mrs. Bufton, Mrs. Dinkel, and Mr. Mendenhall

3D Printing: Tuesdays, Wednesdays, and Fridays run by Mr. Lai in the library.

Enrichment

Lacrosse, Rollerblading, Ping-Pong, Sewing, Quilting, Crafts, Drama

Come enjoy some time learning and building these skills!

SEL (Prevention and Behavior)

Positive Action and SMART Moves

We teach Social Emotional skills to our students in order to give them confidence as they grow up. They will learn communication skills and social skills that they can use their entire lives. We strive to help youth be their best in all situations.



Utah State Board of Education

