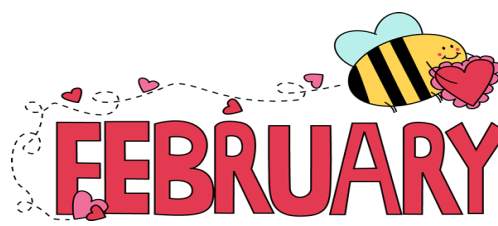


Mount Mahogany After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
My Truest Self	29	30	31	1 Power Hour STEAM LABS K-2: Who Can Build the Tallest ... ? 3-6: Thanksgiving Point	2 SMART MOVES Physical Rotation Creative Rotation
My Truest Self	5 Positive Action: Mid Survey! Power Hour Clubs K-2: Art Club 3-6: Sports Club	6 Power Hour STEAM LABS K-2: What Floats? 3-6: Thanksgiving Point	7 No Program! Parent Teacher Conference	8 No Program! Parent Teacher Conference	9 No School or Program! Teacher Work Day
My Truest Self	12 Positive Action: SEL (P): Telling Yourself the Truth--On Purpose Power Hour Clubs K-2: Sports Club 3-6: Bracelet Club	13 Power Hour STEAM LABS K-2: Active Math! 3-6: Thanksgiving Point	14 Positive Action: SEL (B): Your Bravest, Truest Self Power Hour Clubs K-2: Game Club 3-6: Yoga Club	15 Power Hour STEAM LABS K-2: Origami Stars 3-6: Thanksgiving Point	16 SMART MOVES Physical Rotation Creative Rotation
My Truest Self	19 No School or Program! Presidents' Day	20 Power Hour STEAM LABS K-2: Soap Experiments 3-6: Thanksgiving Point	21 Positive Action: SEL (B): Telling Yourself the Truth Using Soc/Em Positive Action Power Hour Clubs K-2: Yoga Club 3-6: Art Club	22 Power Hour STEAM LABS K-2: Freezing & Melting 3-6: Thanksgiving Point	23 No Program! BGC Staff Development Day
My Truest Self	26 Positive Action: SEL (P): The Blame Game Power Hour Clubs K-2: Art Club 3-6: Bracelet Club	27 Power Hour STEAM LABS K-2: Engineering Gliders 3-6: Thanksgiving Point	28 Positive Action: SEL (B): Fessing Up Power Hour Clubs K-2: Game Club 3-6: Sports Club	29 Power Hour STEAM LABS K-2: Making Columns 3-6: Thanksgiving Point	1 SEL Activity Physical Rotation Creative Rotation

Daily Schedule Monday, Wednesday	Daily Schedule Tuesday, Thursday	Daily Schedule Friday
3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:30 SEL - Positive Action 4:30-4:35 Transition 4:35-4:55 Power Hour 4:55-5:00 Transition 5:00-5:25 Enrichment Clubs 5:25-5:30 Transition 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:20 Power Hour 4:20-4:25 Transition 4:25-5:25 STEAM 5:25-5:30 Transition 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:25 SMART Moves-SEL Activity 4:25-4:30 Transition 4:30-4:50 Physical Enrichment 4:50-4:55 Transition 4:55-5:15 Physical Enrichment 5:15-5:20 Transition 5:20 Gratitude, Snack, Check out



Contact Info
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Program Address: 618 N 1300 W St, Pleasant Grove, UT 84602



February Club & Activity Details

Message to Parents & Guardians:

Hello! We are so excited for all the activities that will be happening in February! We have added so many new club members and it has been so fun adding them to our team! Thanksgiving Point is officially back every Tuesday and Thursday to provide fun STEAM activities for our 3rd-6th graders. Our K-2nd graders will be doing exciting STEAM experiments as well on Tuesday and Thursdays! Last month, we had a fun time making iSpy bottles, learning about the phases of the moon with Oreos and tinfoil, and figuring out Morse Code!

Just a reminder, we will be closed on Wednesday, February 7th and Thursday, February 8th for Parent Teacher Conferences. We want all our families to be able to focus on their students and teachers. **School AND Program will be closed on February 9th for Teacher Work Day and Monday, February 19th for Presidents' Day.** The Boys and Girls Club does have a Staff Development Day on **Friday, February 23rd**, which means the Club will be closed that day as well. Thank you for taking note of the days that we won't have Boys and Girls Club or school.

I have described each of the activities/clubs below if you would like more information on what we do each day. Each club will run 3-4x for this month, I have listed what days they would be on below. The color of the title will correspond with the color on the calendar. As always, please let me know if you have any questions, comments, concerns, or ideas. Thank you!

Social Emotional Learning Clubs:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week. The February theme focuses on helping our club members become their best selves.

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Power Hour is only 20 minutes, rather than what the name states. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Physical & Creative Clubs:

Art Club - Art Club gives students the opportunity to use their creativity on paper, cardboard, paper plates, and more! They are provided with crayons, markers, glue, tape, and more to create whatever they wish. We provide specific crafts to help them get started. Art Club will be on Mondays for our K-2nd graders and Wednesdays for our 3rd-6th graders.

Sports Club/ Sports Club - Sports Club will be run on Mondays for all grades. They will be taught the skills to succeed and eventually be able to play the full game! Our students have been learning football, basketball, volleyball, and soccer.

Yoga Club - This club will be on Wednesdays for all our club members. They will be able to listen to calming music while learning new yoga poses and how to meditate. This will help them relax after a long day at school.

Bracelet Club - The students are provided with fun material to make bracelets, necklaces, and chains. They work together to build fun creations, enhance their friendships, and learn how to be responsible with cleaning up all the materials. This club was chosen by the 3rd-6th graders and is available on Mondays.

Game Club - This club is for our K-2nd graders on Tuesdays and Thursdays. They will learn fun games to help with physical activity, brain development, and getting some energy out! Some of the games we have done in the past are four corners, ships and shores, and red light green light.

STEAM Club - This club is for all students! They will be provided with engaging activities related to science, engineering, technology, and mathematics. It will be held on Tuesdays and Thursdays. Thanksgiving Point are our community partners and they provide similar activities for our 3rd-6th graders as what was listed above every Tuesday and Thursday.

FEBRUARY 2023

Mount Mahogany

618 N 1300 W St, Pleasant Grove, UT 84602 | 801-633-1525



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning focus this month is being "My Truest Self!"

Get To Know Mr. Noah!

We would like to introduce one of our YDP's, Noah! This is Noah's first year with the Boys & Girls Club. He is attending UVU and majoring in psychology. Noah enjoys being outdoors and spending time with his wife. He wants to become a marriage and family therapist.



Upcoming Events

Parent Teacher Conferences - Feb 7th & 8th
Teacher Work Day - Feb 9th
Presidents' Day - Feb 19th
BGC Staff Development Day - Feb 23rd

Happy Birthday!

Lyanne 02/09
Naviyah 02/10
Caden 02/19
Xander 02/25



CLUB CLOSED

February 7th & 8th - Parent Teacher Conference
February 9th - Teacher Work Day
February 19th - Presidents' Day
February 23rd - BGC Staff Development



Contact Information:

Kennedy Payne - Site Coordinator
Phone: 801-633-1525
Email: mtmahogany@bgcutah.org

Project Learn

Monday-Thursday 4:30-5:00 pm

The main focus of Power Hour will be to help members complete homework, work on learning activities, and participate in our reading program. The students can practice writing, reading, multiplication, addition, and subtraction during this time.

STEAM Labs

Tuesday and Thursdays

We are having a variety of different Science, Technology, Engineering, and Math activities that every student has a chance to participate in. We have the Coding Club and Science Club every Tuesday and Thursday!

Enrichment

Mondays and Wednesdays

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Monday, Wednesday, Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

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Utah State Board of Education

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