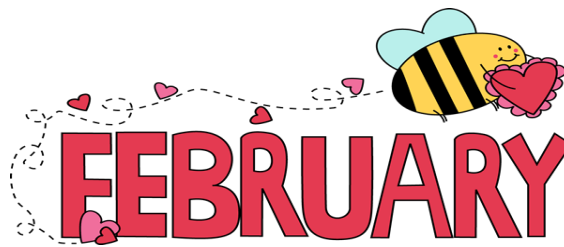


Milford Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	1 Passport Club SEL (B) - Superfriend: Review Power Hour	2
Mid-Surveys	5 Nature Club SEL (P) - Mid-Survey Power Hour	6 STEM Club Fun! Power Hour	7 Edventures Club! Power Hour	8 Passport Club SEL (B) - Mid-Survey Power Hour	9
My Truest Self	12 Create Better Health Club! SEL (P) - Self-Awareness Power Hour	13 STEM Club Fun! SEL (P) - Self-Awareness Power Hour	14 Edventures Club! Power Hour	15 Passport Club SEL (B) - Self-Awareness Power Hour	16
My Truest Self	19 President's Day-No School	20 STEM Club Fun! SEL (P) - MyTruths Power Hour Club 12 pm - 3 pm	21 Edventures Club! Power Hour Club 12 pm - 3 pm	22 Passport Club SEL (B) - MyTruths Power Hour Club 12 pm - 3 pm	23
My Truest Self	26 Nature Club SEL (P) - Taking Responsibility: No Blaming or Excuses Power Hour	27 STEM Club Fun! Power Hour	28 Edventures Club! Power Hour	29 Passport Club SEL (B) - Taking Responsibility: No Blaming or Excuses Power Hour	1

Daily Schedule

- 2:30 - Super Snack
- 2:50 - Restroom Break
- 3:00 - Brain Break/Club Fun!
- 3:30 - Positive Action/Smart Moves/STEM/HYLA
- 4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)
- 5:00 - Club Fun, Reflection and Clean Up
- 5:30 - End of Program



Contact Info
MILFORD BOYS AND GIRLS CLUB Site Coordinator: Lorie Schow Email: lorie.schow@bgcutah.org Phone: 1-801-372-4836
Program Address: 450 S 700 W, Milford Utah



February Club & Activity Details

Message to Parents:

We are looking forward to continuing to build relationships with your Youth as they work towards completing their 3rd quarter goals. We are excited that our Club Service Project will be Random Acts of Kindness this month. This will give an opportunity to grow our Social Emotional Skills in our Club, Community and home. **We will have Club on the Early Out Days for Student Led Conferences Feb. 20th, 21st and 22nd from 12 pm - 3 pm to better serve your youth.**

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Thursday with new topics each week. The February theme is My Truest Self.

Academic Support:

Power Hour - the main focus of power hour will be to help youth complete homework assignments, work on Hyla activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at programs to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them!

Enrichment Clubs:

Passport Club - Passport Club is a club that provides opportunities for youth to learn about various countries, cultures and geography. Together we will explore and become more aware of our world around us.

STEM Club - Youth will participate in a fun STEM Club activity! STEM activities provide opportunities for youth to explore STEM subjects, topics and challenges through hands-on experiential learning.

Edventures Club - Our Edventure Club activities encourage the discovery of talents, interests and self-confidence. While building unique creations and problem-solving through engaging challenges, learners are given autonomy and the opportunity to realize their full potential.

Nature Club - Nature club is a great opportunity for youth to explore and appreciate the natural world. Through hands on activities and experiences youth will develop a love and appreciation for nature and environmental awareness.

Create Better Health Club - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

FEBRUARY 2024

Milford

450 South 700 West | 801-372-4836



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self

Get To Know

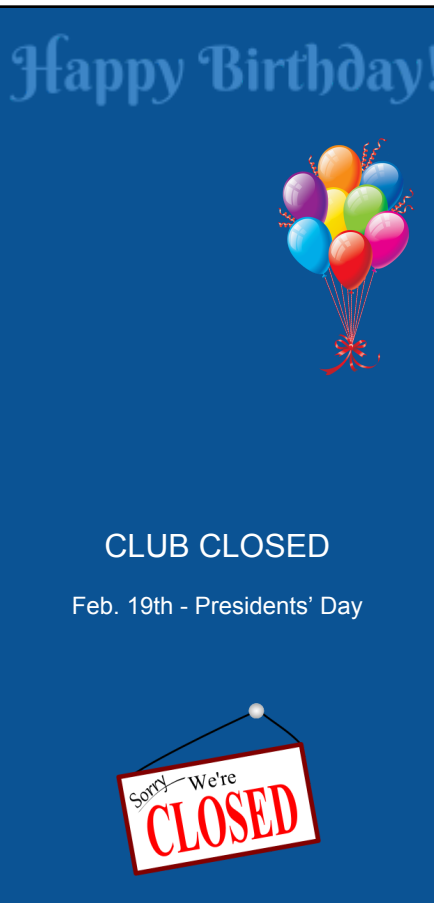


Lori Carter was born and raised here in Milford, She has 2 kids, 7 grand-kids and 3 great grand-kids! She loves having my family around her. Lori spends a lot of time chasing kids in sports and babysitting the little greats! She loves to stay active, She does a lot of walking, hiking and working outside, Summer and Fall are her favorite seasons. Lori loves to travel and see new places and meet new people. This is her 3rd year with the Boys and Girls Club. She really enjoys working and playing with the kids here, they are all great kids!

Upcoming Events

FEB. 19th - NO SCHOOL Presidents' Day

FEB. 20th, 21st & 22nd - School early out/
Club 12pm - 3pm



Contact Information:

Lorie Schow - Site Coordinator

Phone: 801-372-4836

Email: lorie.schow@bgcutah.org

Project Learn

Monday - Thursday 4:30 - 5:00

The main focus of power hour will be to help members complete homework and school assignments.

STEM Labs

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

Enrichment

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and fun activities.

SEL (Prevention and Behavior)

Monday - Thursday

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

