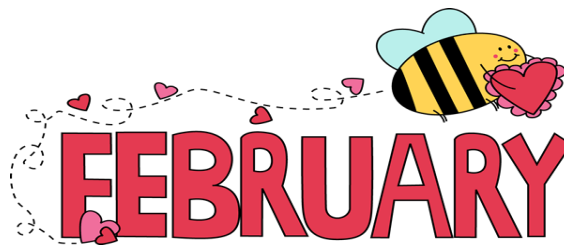


Independence Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Gratitude	29	30	31	1 Homework Help Game Club RPG Club BASKETBALL GAME Boys vs AP @ 4	2 No Clubs
Gratitude	5 Homework Help Basketball Practice	6 Homework Help Basketball Practice Cooking Club ESports	7 Homework Help Basketball Practice ESports	8 Homework Help Game Club RPG Club BASKETBALL GAME Boys @ UR @ 4	9 No Clubs
Gratitude	12 Homework Help Basketball Practice Chill Snowboarding	13 Homework Help Basketball Practice Cooking Club ESports	14 Homework Help Basketball Practice ESports	15 Homework Help Game Club BASKETBALL GAME Boys @ SA @ 5:30	16 No Clubs
Gratitude	19 No School Presidents Day	20 Homework Help Basketball Practice Cooking Club ESports	21 Homework Help Basketball Practice ESports	22 Homework Help Game Club BASKETBALL GAME Boys vs UR @ 4	23 No Clubs Hex 4 Ends
Gratitude	26 Homework Help Basketball Practice Chill Snowboarding Hex 5 Starts	27 Homework Help Cooking Club ESports BASKETBALL GAME Boys @ TA @ 4	28 Homework Help Basketball Practice ESports	29 Homework Help Basketball Practice Game Club	1

Daily Schedule

3:00 School Ends
 3:05 Snack passed out/SEL Lesson
 3:10 Homework Help begins in Library and various Enrichment activities begin
 3:15 Practice Begins in Gym
 4:30 All Programs End
 4:35 Late Bus Leaves School

Contact Info

Brynn Bowers
 Site Coordinator
 Email: Independence@bgcutah.org
 Phone: (801) 372-5839

Program Address: 636 Independence Ave Provo
 UT 84601



February Club & Activity Details

Message to Parents:

Basketball Season is wrapping up and we are having the last of the games this month! We look forward to working with your youth every day with new skills. We are going to be starting the Soccer season this month with conditioning in preparation for the season and are excited to have youth come and start playing!

Sports Practice - We are still in basketball season and are excited to have a team that can work together and be able to play together. We have games every week and practice on days that there aren't games. Practices will always be in the gym from 3:15 - 4:30. Soccer will start conditioning once a week in preparation for the season starting in March. More information to come as that starts this month.

Homework Help - We aim to help support students in their classes with tutors to aid in completing class assignments. Students can stay after for help or to work on assignments to get their grade up. Homework help is offered Monday through Thursday in the library from 3:00 - 4:30.

Cooking Club - Youth will have the opportunity to learn how to make different kinds of foods every week. Using different foods that can be found around the kitchen, there will be a different meal cooked. This is every Tuesday from 3:00 - 4:30.

ESports - Students will learn how to communicate, problem solve, and collaborate with others while playing competitively. Every Tuesday and Wednesday in the cafeteria, practice will start at 3 with matches starting at 4. Mario Kart is on Tuesdays and Smash Bros is on Wednesdays. This is the last full month of ESports!

Game Club - Students have the opportunity to learn how to play a variety of games, as well as learn how to play with others. It also is a time for students to be able to be social with others. Every Thursday in the cafeteria from 3-4:30.

RPG Club - Students learn how to play dungeons and dragons and develop confidence and ability to express themselves. They will also use critical thinking skills, problem-solving and social emotional skills. The first two Thursdays of the month from 3:15-4:30.

Kid-Grit - Kid-Grit is a curriculum that focuses on teaching students how to become well rounded students through social emotional mindfulness techniques. When students are picking up their daily snack they will be asked a question that relates to this curriculum and get them thinking. Everyday from 3-3:15 while students are picking up their snacks.

FEBRUARY 2024

Independence

636 Independence Ave Provo UT 84601 | (801) 372 - 5839



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is gratitude

Announcements

There aren't enough girls for a girls basketball team, however they are welcome to come and practice with the boys!

Soccer Season Conditioning is starting this month. Once a week the team will be conditioning to get ready for the season starting in March!

Upcoming Events

- 2/1 - Boys Home vs AP @ 4
- 2/8 Boys Away @ UR @ 4
- 2/12 Chill Snowboarding
- 2/15 Boys Away @ SA @ 5:30
- 2/19 No School Presidents Day
- 2/22 Boys Home vs UR @ 4
- 2/23 Hex 4 ends
- 2/26 Hex 5 begins
- 2/26 Chill Snowboarding
- 2/27 Boys Away @ TA @ 4

Happy Birthday!

- 16 - Kenyon
- 19 - Danielle
- 24 - Ashley



CLUB CLOSED

2/19 - Presidents Day



Contact Information:

Brynn Bowers - Site Coordinator
Phone: (801) 372-5839
Email: Independence@bgcutah.org

Sports Practice

Monday - Thursday 3:15 - 4:30

Working on creating a welcoming environment where all students can come and learn how to play a sport and be on a team.

Homework Help

Monday - Thursday 3:15 - 4:30

The main goal is to help students complete homework assignments and get help in classes that they are struggling with.

Enrichment

Tuesday - Thursday 3:15 - 4:30

To help introduce students to a variety of different activities and learn different skills every day.

Prevention & Education

Monday - Thursday 3:00 - 3:15

Daily Social Emotional Lessons taught throughout the day with an emphasis on gratitude



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

