

# Heber Valley Afterschool Program 2023-2024

# JANUARY



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting along with Others	1 Closed Winter Break	2 Closed Winter Break	3 Closed Professional Development Day	4 STEM Labs Clubs	5 Power Hour- HYL A Clubs
Getting along with Others	8 SEL- Positive Action (P) "Superfriend: Respect, Friendliness, Empathy" STEM Labs Clubs	9 Power Hour- HYL A Clubs	10 Power Hour- HYL A SEL- Positive Action (B) "Superfriend: Respect, Friendliness, Empathy" Clubs	11 Power Hour- HYL A Clubs	12 Power Hour- HYL A Clubs
Getting along with Others	15 CLOSED: Martin Luther King Jr.	16 STEM Labs Clubs	17 Power Hour- HYL A SEL- Positive Action (P) "Superfriend: Kindness, Choosing not to Bully" Clubs	18 Power Hour- HYL A SEL - Positive Action (B) "Superfriend: Kindness, Choosing not to Bully" Clubs	19 Power Hour - HYL A Clubs
Getting along with Others	22 STEM Labs SEL - Positive Action (P) "Superfriend: Cooperation, Courtesy and Manners, Fairness" Clubs	23 Power Hour – HYL A Clubs	24 Power Hour - HYL A SEL - Positive Action (B) "Superfriend: Cooperation, Courtesy and Manners, Fairness" Clubs	25 Power Hour - HYL A Clubs	26 PROGRAM CLOSED: Region Team Building Activity
Getting along with Others	29 STEM Labs SEL - Positive Action (P) "Superfriend Review" Clubs	30 Power Hour – HYL A Clubs	31 Power Hour - HYL A SEL - Positive Action (B) "Superfriend Review" Clubs		2

## Daily Schedule

Monday  
2:15pm Arrive  
2:30pm - 3:00pm Snack & Recess  
3:05pm - 3:45pm SEL – Positive Action  
3:50pm - 4:40pm STEM  
4:45pm - 5:30pm CLUBS  
5:40 pm - 6:00pm Clean up and Check out  
6:00pm Program closes

Wednesday  
3:15pm Arrive  
3:30pm - 4:00pm Recess & Snack  
4:05pm - 4:35pm Power Hour  
4:40pm - 5:10pm SEL - Positive Action  
5:15pm - 5:50pm Clubs  
5:50pm - 6:00pm Clean up and Check out  
6:00pm Program closes

Tuesday, Thursday, Friday  
3:15pm Arrive  
3:30 pm - 4:15pm Snack and Recess  
4:15pm - 4:45pm Power Hour  
4:50pm - Clubs  
5:40pm - Clean up  
6:00pm Program closes

## Contact Info

Ashley Parrott  
Area Director  
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Phone: (801) 857-4793

Program Address: 730 S 6th W, Heber City, UT 84032



## January Club & Activity Details

### Message to Parents:

Welcome to 2024! We are so excited to be back with your students and hope you enjoyed the break! We are going to begin running month-long clubs at Boys & Girls Club. This will help your students learn more skills and takeaways about various topics and activities. These clubs are things that our Youth Development Professionals are passionate about! We hope your students have more positive things to share about the club with you.

**SEL- Positive Action** - This month, our focus within social emotional learning is “Getting Along with Others”. Club members will be able to learn how to speak kindly to themselves and others, how to avoid bullying, being kind, showing manners, and doing our part.

**STEM Labs** - Tower construction, creating fake snow, learning and making lava lamps! These activities will allow members to learn about science, engineering, and express creativity through their own creations.

**Get Moving Club** - Playground parachute– members will learn how to work together and find fun through teamwork.

Around the world– To support our global theme for the week, members will be able to practice and refine their basketball skills and compete/cheer on their peers.

Hopscotch & Red light, Green Light– members will learn the history of these games from different parts of the world and enjoy playing different versions of them.

**Art Club** - Spinning Earths– members will create their own spinning Earth or create a spinning planet of their own.

Art around the World– Members will replicate their own Van Gogh works of art and learn about him.

**Craft Club** - Create your own dragon– members will be able to see how using their own body parts and other craft materials they can make a dragon!

Snow Storm Jars– Members will learn and create their own mini snow storms.

# JANUARY 2024

# [Heber Valley]

[730 S 6th W, Heber City, UT 84032] | [(801) 857-4793]



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is: Getting along with Others*

### Get To Know

Kelli Schofield!



Kelli is our newest Youth Development Professional on our Heber Valley team! Kelli is a California native and has a passion for working with children. Kelli has had many roles working with youth before in the past, but her specialty is teaching youth about music. Kelli is a certified music therapist and we can't wait for our students to experience her in her element.

### Upcoming Events

CLUB CLOSED:

1 - 3 January Winter Break  
26th January - Region Team Building

## Happy Birthday!

2- Sawyer  
9 - James  
10 - Avett  
12 - Gabriel  
15 - Ruby  
16 - Mayzee & Vanessa  
22 - Remi  
28 - Frank



**CLUB CLOSED**

January 1 - 3  
January 26



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### Project Learn

Wednesday 4:05pm - 4:35pm  
Tuesday, Thursday, Friday 4:15pm - 4:45pm

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and participate in our reading program.

### STEM Labs

Monday 3:50pm – 4:40pm  
Our Main STEM lab will be on Mondays. Students will have the opportunity to be involved in Science, Technology, Engineering and Math activities.

### Clubs – See Clubs Detail Page

### Prevention & Education

Mondays 3:05pm - 3:45pm  
Wednesdays 4:40pm - 5:10pm

This month's theme is getting along with others.



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Utah State Board of Education

