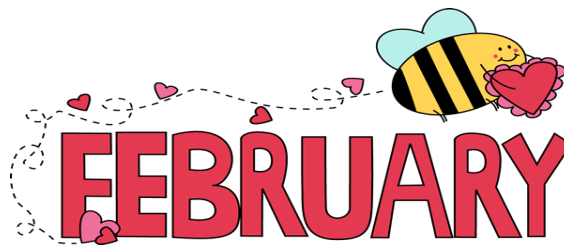


# Heber Valley Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Mid Surveys	29	30	31	1 Power Hour - HYL Clubs: Art, Get Moving, Music	2 Power Hour - HYL Clubs: Art, Get Moving, Music
Mid Surveys	5 STEM Labs SEL - Positive Action-Mid Surveys Clubs: Art, Get Moving, Music	6 Power Hour - HYL Clubs: Art, Get Moving, Music	7 Power Hour - HYL SEL - Positive Action-Mid Surveys Clubs: Art, Get Moving, Music	8 Power Hour - HYL Clubs: Art, Get Moving, Music	9 Power Hour - HYL Clubs: Art, Get Moving, Music
My Truest Self	12 STEM Labs SEL - Positive Action (P) "Telling Yourself the Truth" Clubs: Art, Get Moving, Music	13 Power Hour - HYL Clubs: Art, Get Moving, Music	14 Power Hour - HYL SEL - Positive Action (B) "Telling Yourself the Truth" Clubs: Art, Get Moving, Music	15 Power Hour - HYL Clubs: Art, Get Moving, Music	16 Power Hour - HYL Clubs: Art, Get Moving, Music
My Truest Self	19 <b>Closed Presidents Day</b>	20 Power Hour - HYL SEL - Positive Action (P) "What Can You Do?" Clubs: Art, Get Moving	21 <b>Closed HVE SSP</b>	22 <b>Closed HVE SSP</b>	23 <b>Closed BGC Staff Training</b>
My Truest Self	26 STEM Labs SEL - Positive Action (P) "The Blame Game" Clubs: Art, Get Moving, Music	27 Power Hour - HYL Clubs: Art, Get Moving, Music	28 Power Hour - HYL SEL - Positive Action (B) "Fessing Up" Clubs: Art, Get Moving, Music	29 Power Hour - HYL Clubs: Art, Get Moving, Music	1

Daily Schedule		
Monday 2:15pm Arrive 2:30pm - 3:00pm Snack & Recess 3:05pm - 3:45pm SEL – Positive Action 3:50pm - 4:40pm STEM 4:45pm - 5:30pm CLUBS 5:40 pm - 6:00pm Clean up and Check out 6:00pm Program closes	Wednesday 3:15pm Arrive 3:30pm - 4:00pm Recess & Snack 4:05pm - 4:35pm Power Hour 4:40pm - 5:10pm SEL - Positive Action 5:15pm - 5:50pm Clubs 5:50pm - 6:00pm Clean up and Check out 6:00pm Program closes	Tuesday, Thursday, Friday 3:15pm Arrive 3:30 pm - 4:15pm Snack and Recess 4:15pm - 4:45pm Power Hour 4:50pm - Clubs 5:40pm - Clean up 6:00pm Program closes

Contact Info
Kellie Barrus Site Coordinator Email: hebervalley@bgcutah.org Phone: (801) 857-4793
Program Address: 730 S 6th W, Heber City, UT 84032



## February Club & Activity Details

### **Message to Parents:**

Hello! We are excited to continue our programming this month and have a lot of fun activities planned! Thank you for always supporting our clubs and programming!

**SEL- Positive Action** - This month, our focus within social emotional learning is “My Truest Self”. Members will be able to learn what it means to tell the truth, how to be honest to themselves and others, and what members can do to promote honesty.

**STEM Labs** - This month members will build and learn about rockets, have more fun with chemical reactions (baking soda and vinegar), and stretch their curious minds with experimentation and hypothesis testing.

**Get Moving Club** - Members really enjoy this club, getting to learn new games, practice teamwork, and developing gross motor skills!

**Arts & Crafts Club** - Members get to express their creativity in this club! This month we will be making Valentines, making marbled paper, and making some other heart and space themed projects.

**Music Club** - This is a new club we are excited about! One of our newer teachers, Mrs. Kelli, is a licensed music therapist with a great passion for teaching students through music and developing their sense of rhythm and passion for music. Members in this club will be learning about different instruments, notes, and scales. Members will also continue practicing and learning “The Cup Song”.

# FEBRUARY 2024

# [Heber Valley]

[730 S 6th W, Heber City, UT 84032] | [(801) 857-4793]



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is: Mid-Surveys and My Truest Self*



### Get To Know: Kellie Barrus

Hello BGC friends and families! My name is Kellie Barrus,

and I am thrilled to be the new Site Coordinator for BGC here at Heber Valley Elementary. A little about me, I am a licensed clinical social worker for the state of Utah and work full time for Wasatch School District. I am originally from Florida so many of my existing hobbies revolve around the ocean. I am a certified scuba diver and love collecting sea shells but I am excited to learn how to ski and develop new hobbies! I look forward to working with you and your students.

### Upcoming Events

CLOSED:  
2/19- President's day  
2/21 - 2/22 - Heber Valley SSP's  
2/23- BGC Staff Training day

Happy Birthday!

7- Noah  
23- Tommy  
23- David



CLUB CLOSED

2/19  
2/21  
2/22  
2/23



### Contact Information:

**Kellie Barrus - Site Coordinator**  
Phone: (801) 857-4793  
Email: [hebervalley@bgcutah.org](mailto:hebervalley@bgcutah.org)



### Project Learn

Wednesday 4:05pm - 4:35pm  
Tuesday, Thursday, Friday 4:15pm - 4:45pm

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and participate in our reading program.

### STEM Labs

Monday 3:50pm - 4:40pm  
Our Main STEM lab will be on Mondays. Students will have the opportunity to be involved in Science, Technology, Engineering and Math activities.

### Clubs - See Clubs Detail Page

### Prevention & Education

Mondays 3:05pm - 3:45pm  
Wednesdays 4:40pm - 5:10pm

*This month's theme is My Truest Self*

