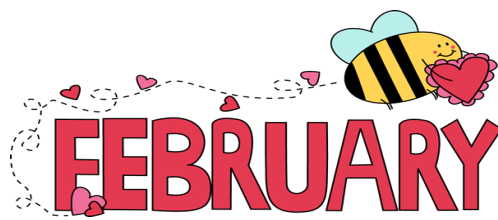


Gateway Middle After School Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Friendly and Honesty	29	30	31	1 Club: Improv Club: Lego Robotics Club: Math Counts Club: Project Learn/Power Hour SEL Positive Action Behavior: Telling Ourselves the Truth	2 Club: Cooking Club: The Arts STEM Project Learn/Power Hour Makerspace
Mid-Surveys	5 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	6 Club: Advanced Improv Club: Lego Robotics Club: P.E. SEL Positive Action: Mid Survey	7 Club: Advanced STEM Club: The Arts SEL Kid Grit	8 Club: Improv Club: Lego Robotics Club: Math Counts Club: Project Learn/Power Hour SEL Positive Action: Mid Survey	9 NO AFTER SCHOOL TRAINING DAY FOR STAFF
The Truth of Me	12 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	13 Club: Advanced Improv Club: Lego Robotics Club: P.E. SEL Positive Action Prevention: Getting Real & Moving Toward the Positive	14 Club: Advanced STEM Club: The Arts SEL Kid Grit 	15 Club: Improv Club: Lego Robotics Club: Math Counts Club: Project Learn/Power Hour SEL Positive Action Behavior: Where I'm Strong & Where I Struggle	16 Club: Cooking Club: The Arts STEM Project Learn/Power Hour Makerspace
My Truth & Others	19 NO AFTER SCHOOL PRESIDENT'S DAY	20 Club: Advanced Improv Club: Lego Robotics Club: P.E. SEL Positive Action Prevention: Discovering My Strengths & Weaknesses	21 Club: Advanced STEM Club: The Arts SEL Kid Grit	22 Club: Improv Club: Lego Robotics Club: Math Counts Club: Project Learn/Power Hour SEL Positive Action Behavior: Doing What I Say I Will Do	23 Club: Cooking Club: The Arts STEM Project Learn/Power Hour Makerspace
Being Truthful	26 Club: Cooking Club: IRL Gaming Project Learn/Power Hour	27 Club: Advanced Improv Club: Lego Robotics Club: P.E. SEL Positive Action Prevention: Admitting My Mistakes, Refusing to Blame Others	28 Club: Advanced STEM Club: The Arts SEL Kid Grit	29 Club: Improv Club: Lego Robotics Club: Math Counts Club: Project Learn/Power Hour SEL Positive Action Behavior: Acknowledging Truth, Refusing to Rationalize	1

Daily Schedule				
Monday 2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: Cooking or IRL Games 4:30-4:45 Break/Transition 4:45-5:15 Project Learn/ Power Hour 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	Tuesday 2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: Advanced Improv, Lego Robotics, or P.E. 4:30-4:45 Break/Transition 4:45-5:15 SEL: (P) Positive Action 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	Wednesday 2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: STEM and the Arts 4:30-4:45 Break/Transition 4:45-5:15 SEL: Kid-Grit 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	Thursday 2:50-3:15 Check-in/Snack/Circle up 3:15-3:30 Movement 3:30-4:30 Clubs: Beg. Improv, Lego Robotics, MathCounts, Project Learn/Power Hour 4:30-4:45 Break/Transition 4:45-5:15 SEL: (B) Positive Action 5:15-5:30 Snack/Clean up 5:30 Parent Pick up	Friday 1:00-1:15 Check-in/Snack/Circle up 1:15-1:30 Movement 1:30-2:00 Project Learn/Power Hour 2:00-3:00 STEM 3:00-4:00 Clubs: Cooking, The Arts 4:00-4:15 Transition 4:15-5:15 Makerspace 5:15-5:30 Snack/Clean up 5:30 Parent Pick up



Contact Info
Hailey Larsen Site Coordinator Email: hailey.larsen@bgcutah.org Phone: (801) 372-3849
Program Address: 201 E. Thoroughbred Way



February Club & Activity Details

Message to Parents:

Going into February, we are recentering our focus to helping our students thrive academically. By the end of Quarter 3, our goal is to have every student have all greens in their Summitt Program. For all students who accomplish this, they will be invited to celebrate with a pizza party and movie day. We will do all we can to help each student achieve this goal and we encourage you to help your students as well!

IRL Gaming Club - Ms. Sydney, *Monday 3:30-4:30pm*

This club is designed to engage and connect with students as we learn teamwork, sportsmanship, leadership, creativity, social skills, and learning how to interact with others outside of technology in a fun way. We will use many different kinds of games, including board games, card games, and student-created games, to explore these skills. We will learn how to tell stories through games, and how much good sportsmanship affects the way we interact with others' in our circle of influence.

- Week 1: Students will define sportsmanship and learn what it means to be respectful to ourselves and to the other players.
- Week 2: Students will understand and be able to participate in team games, with sportsmanship and leadership qualities.
- Week 3: Students will discover how different approaches change the logistics of games and in life, and how some approaches can be better than others.
- Week 4: Students will use the time to create their own board or card game, using what they have learned about creativity, leadership, and the aspects of games.

Cooking Club - Mrs. Gregersen, *Monday and Friday 3:30-4:30pm*

Students will explore history, culture, traditions of their ancestry. Discussions and research will be presented on food differences around the world and if any of the cultures/traditions are related to the climate and living conditions in the area. Explore the current with the past and discuss differences and consistencies with foods.

This club will encourage students to use technology positively and productively to gain knowledge and understanding of the world and other countries.

- Week 1: Southern Europe- Spain and Crete
- Week 2: Middle East- Dubai and Egypt
- Week 3: Asia- China and Oceania
- Week 4: Central America and Southern America

P.E. - Ms. Cassie and Ms. Hailey, *Tuesday 3:30-4:30pm*

Each month students will acquire an understanding of and a skill-set in the sport that is selected as the focus of the month. They will also have opportunities to learn about teamwork, sportsmanship, and healthy habits.

February Focus: Soccer

- Week 1: Students will learn and practice how to kick, pass, and shoot a soccer ball.
- Week 2: Students will be introduced to the different positions in soccer.
- Week 3: Students will practice playing soccer by playing various soccer-based games.
- Week 4: Students will divide into two teams and play a game of soccer.

Advanced Improv- Mr. Fergason, *Tuesday 3:00-4:00pm*

Advanced improv will take the advanced students through long form improv. Long form is based on relationships and follows how to create theater without a script. They will perform multiple scenes that are 30 mins or longer. They are learning how to maintain a scene. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes and, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv

- Week 1: The long form, form: the Harold. (Checking in and character driven improv)
- Week 2: The long form form: the Armando (Story based improv)
- Week 3: The long form form: Montague (Scene and theme based improv)
- Week 4: the long form form: Community. (character based improv)

Beginning Improv- Mr. Ferguson, *Thursday 3:00-4:00pm*

Beginning improv will take students through the basics of improv. The skill of improv can help students learn how to be leaders and better public speakers. They will follow the four rules of improv from Commit fully, Yes And, Leave your ego at the door and Respect. These rules are great rules to live by. They will go through short form games that will help bolster confidence in the art form of improv and help them build towards the advanced class.

- Week 1: The students will go through short form games based on committing fully.
- Week 2: the students will go through short form games that help with yes and and checking in.
- Week 3: the students will go through short form games that will help build confidence in scene work
- Week 4: The students will go through basic editing that takes place in long form.

Lego Robotics -Ms. Thorpe, *Tuesday and Thursday 3:30-4:30pm*

In FIRST LEGO League, students engage in hands-on STEM experiences, building confidence, growing their knowledge and developing habits of learning. The program teaches six core values:

- Discovery. We explore new skills & ideas. Innovation. We use creativity and persistence to solve problems.
- Impact. We apply what we learn to improve our world. Inclusion. We respect each other and embrace our differences.
- Teamwork. We are stronger when we work together. Fun. We enjoy and celebrate what we do!
- Innovation. We use creativity and persistence to solve problems.
- Inclusion. We respect each other and embrace our differences.
- Fun. We enjoy and celebrate what we do! (www.firstinspires.org)

This month students will make their final strides to be prepared for the competition that will take place February 10th!

The Arts Club - Miss. Annalyse, *Wednesday and Friday 3:30-4:30pm*

Discovery! Creativity! Self-expression! Not only does art improve motor skills, decision making, inventiveness, problem solving, and creativity, through exploring the arts, students have an outlet to process big emotions. A variety of mediums will be offered throughout the course including drawing, painting, puzzle-solving, sculpture, writing, design, music, theater, dance, and poetry.

- Week 1: Drawing: What texture are your emotions?
- Week 2: Valentine-making
- Week 3: Sculpt your emotions
- Week 4: Emotion Monster Pinatas

MathCounts - Mr. LeFevre, *Thursday 3:00-4:00pm*

MATHCOUNTS provides engaging math programs to US middle school students of all ability levels to build confidence and improve attitudes about math and problem solving.

- We make learning math fun.
- We believe middle school is a critical juncture when a love of math must be encouraged, and a fear of math must be overcome.
- MathCounts builds problem solving skills and positive attitudes about math, so students embrace challenges and expand their academic and career opportunities in the future.
- Week-to-week, students will work on a timed, 10-question worksheet to begin the club. After the timer is up, they will discuss each problem and work through any struggles together as a team.

Makerspace - BGC Staff, *Friday 4:00-5:00pm*

Every Friday, Boys & Girls Club staff will facilitate a "Makerspace" for students. Our goal for the Afterschool Makerspace is to support students as they delve deeper into their interests and to assist them in developing the necessary skills to help them through the creative process. Some possibilities during Makerspace may include: learning a new skill, writing and producing a play/movie, developing a new game, writing, illustrating, and publishing a book, etc. This will be student driven, supported by BGC staff and resources.

FEBRUARY 2024

Gateway Middle

201 E. Thoroughbred Way | (801) 372-3849



BOYS & GIRLS CLUBS
OF UTAH COUNTY

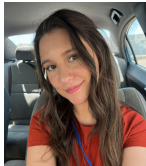
The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Friendliness, Honesty, The Truth of Me, My Truth and Others, Being Truthful

Get To Know

Hailey Larsen - Site Coordinator



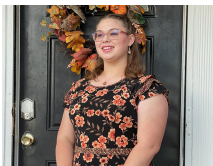
Cassie Newman - Program Manager, P.E. Club



Annalyse Davis - SEL YDP, The Arts Club



Sydney Nielson - AmeriCorps STEM YDP, IRL Gaming Club



Gateway Staff

Nate Ferguson: Improv
Kaye Gregerson: Cooking
Amy Thorpe: Lego Robotics
Travis Lefevre: Math Counts

Upcoming Events

2/10: Lego Robotics Competition
2/15: MathCounts Competition

Happy Birthday!

🎂 Ava 2/2 🎂
🎂 Khloie 2/10 🎂
🎂 Alex 2/14 🎂
🎂 Colton 2/16 🎂
🎂 Gabo 2/18 🎂
🎂 Aspen 2/27 🎂

CLUB CLOSED

Friday 2/9
Monday 2/19



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

Contact Information:

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Clubs are **free** for any middle school student and are held every day. If your child ever stays at the school and participates in a club, they are a part of the Gateway Middle Afterschool Program. All participants must be registered in order to ensure the safety of your children. Please reach out if you have any questions! Registration can be completed online through the following links:

English Registration Links:

<https://forms.gle/6ZqEg3GmS3GFYpNL8>

Spanish Registration Links:

<https://forms.gle/GdFKHWq2CyDTrBNq9>

Project Learn

Mon. 4:45-5:15, Thurs. 3:30-4:30, and Fri. 1:30-2:00 pm

Students will have time to work projects/assignments from the school day. This is an opportunity to get ahead. The Summit Program will be accessible to help facilitate their completion of any assignments/projects

STEM Labs

Wed. 3:30-4:30 and Fri. 2:00-3:00 pm

Students will be exploring various topics through experiments and projects in the STEM field. (Science, Technology, Engineering and Math)

Enrichment/Clubs

Please see detailed descriptions above

Mon. - Fri. 3:30-4:30 pm

Mon.	Tues.	Wed.	Thurs.	Fri.
Cooking	Advanced Improv	Advanced STEM	Improv	Cooking
IRL Gaming	Lego Robotics (4-5)	The Arts	Lego Robotics (6-8)	The Arst STEM
	P.E.		Math Counts	

SEL Prevention & Education

Tues., Wed., and Thurs. 4:45-5:15

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us.

