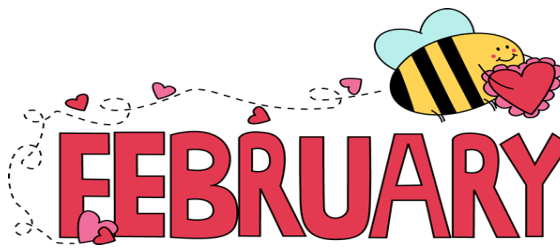


Cherry Hill Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Others	29	30	31	1 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	2 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
Mid-Surveys	5 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	6 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	7 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	8 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	9 NO PROGRAM -Teacher Work Day-
My Truest Self	12 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	13 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	14 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	15 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	16 Fun Friday SEL, Physical, Creative, & STEM Rotations Gratitude
My Truest Self	19 NO PROGRAM -Presidents Day-	20 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	21 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	22 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	23 NO PROGRAM -Staff Training-
My Truest Self	26 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	27 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	28 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Drama Club or Art Club 3-6: Workout Warrior Club or Minute-to-Win-It Club	29 Power Hour STEM Labs- Science Clubs K-2: Workout Warrior Club or Minute-to-Win-It Club 3-6: Drama Club or Art Club	1 SMART Moves Physical, Creative, & STEM Rotations Gratitude

Daily Schedule

Monday-Thursday

2:15-2:30 Check-in, Snack
2:30-2:45 Structured Recess
2:45-2:50 Transition
2:50- 3:10 Circle-up
3:10-3:15 Transition
3:15-3:45 K-2 (SEL-Positive Action or STEM Labs), 3-6 (Power Hour)
3:45-3:50 Transition
3:50-4:20 3-6 (SEL-Positive Action or STEM Labs), K-2 (Power Hour)
4:20-4:25 Transition
4:25-5:25 Enrichment Clubs
5:25-5:30 Transition
5:30 Snack, Check-out

Friday

2:15-2:30 Check-in, Snack
2:30-2:45 Structured Recess
2:45-2:50 Transition
2:50- 3:10 Circle-up
3:10-3:15 Transition
3:15-4:00 SEL Activity
4:00-4:05 Transition
4:05-4:25 Rotation 1 (Creative)
4:25-4:30 Transition
4:30-4:50 Rotation 2 (Physical)
4:50-4:55 Transition
4:55-5:15 Rotation 3 (STEM)
5:15-5:20 Transition
5:20-5:30 Gratitude
5:30 Snack, Check-out

Contact Info

Zayred Villarreal-Sol
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Phone: 801-717-5035

Program Address: 250 E 1650 S, Orem UT 84058



February Club & Activity Details

Message to Parents:

We had a great start to 2024 and now with the second month of the year, we want to continue the good streak! We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment

throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will have the opportunity to participate in a new experiment every Monday. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Enrichment Clubs:

Drama Club - In Drama Club, the children will learn proper puppetry, improv, and storytelling in a fun and new exciting way with many drama games included. Drama offers ways to express feelings in a silly, fun and expressive way. This club is offered to K-2 on Monday and Wednesday and offered to 3-6 on Tuesday and Thursday.

Art Club - In this club, children will learn different mediums of art such as coloring with water and acrylic paints. They will also learn how to do abstract forms of painting and sketching. Art can be a form of relieving stress, or even an expression of one's self. This club is offered to K-2 on Monday and Wednesday and offered to 3-6 on Tuesday and Thursday.

Workout Warrior Club - In this club children will be taught some fun games, exercises and activities that are fun to do with their friends on their own time as well. This club will teach kids that you can still have fun while staying active. We want to encourage children to keep their bodies moving while having fun because being healthy doesn't mean you have to be bored! This club is offered to K-2 on Tuesday and Thursday and offered to 3-6 on Monday and Wednesday.

Minute-to-Win-It Club - In this club, three short and easy to understand activities will be taught to the students. Some will be more physically active while others are more creative. Team work, creative thinking, and motor control are skills that will be taught during these activities. This club is offered to K-2 on Tuesday and Thursday and offered to 3-6 on Monday and Wednesday.

FEBRUARY 2024

Cherry Hill Elementary

250 E 1650 S, Orem UT 84058 | (801)717-5035



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self

Get To Know



Program Manager

Dalia was raised in Mexico in a city near the beach. She studies at UVU and is majoring in Family Studies. She loves photography as a hobby, exploring nature and traveling, music, and Latin dance. Working at BGC has allowed her to learn from children and their peculiar way of seeing life, which makes her work meaningful.

Upcoming Events

February 23rd- No Club for Staff Training Day

Happy Birthday!

Lillie V- 2/2
Manu F- 2/6
Kaimana G- 2/11
Camila D- 2/17
Mateo L- 2/24
Evelyn F- 2/26



CLUB CLOSED

February 9-Teacher Work Day
February 19-President's Day
February 23rd- Staff Training Day



Contact Information:

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www.facebook.com/BGCUtah



www.instagram.com/bgcutah

Project Learn

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also participate in our reading program.

STEM Labs

Tuesday and Thursday

During our power hour on Tuesdays and Thursdays, members have the opportunity to participate in STEM labs after they have.

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Monday, Wednesday & Friday

Positive Action & SMART Moves
curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



Utah State Board of Education

