# Belknap Afterschool Program 2023-2024





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SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	29	30	31	Passport Club! SEL (B) - Superfriend: Review Power Hour	2
Mid- Surveys	5 Theater Club! SEL (P) - Mid-Survey Power Hour	6 STEM Club Fun! Clubs/STEM/HYLA Power Hour	7 Create Better Health Club! Clubs/STEM/HYLA Power Hour	Passport Club!  SEL (B) -  Mid-Survey  Power Hour	9
My Truest Self	Theater Club! SEL (P) - Self-Awareness Power Hour	13 STEM Club Fun! Clubs/STEM/HYLA Power Hour	14 Edventures Club! Clubs/STEM/HYLA Power Hour	Passport Club! SEL (B) - Self-Awareness Power Hour	16
My Truest Self	19 President's Day-No School	20 STEM Club Fun! SEL (P) - My Truths Power Hour	21 Edventures Club! SEL (B) - My Truths Power Hour	Parent Teacher Conferences No Club today	23
My Truest Self	Theater Club! SEL (P) - Taking Responsibility: No Blaming or Excuses Power Hour	27 STEM Club Fun! Clubs/STEM/HYLA Power Hour	28 Edventures Club! Clubs/STEM/HYLA Power Hour	Passport Club! SEL (B) - Taking Responsibility: No Blaming or Excuses Power Hour	1

## **Daily Schedule**

2:30 - Super Snack

2:50 - Restroom Break

3:00 - Brain Break/Club Fun!

3:30 - Positive Action/Smart Moves/STEM/HYLA

4:30 - Power Hour (We do our best but homework may not always get completed. Please check your child's work and their progress!)

5:00 - Club Fun, Reflection and Clean Up

5:30 - End of Program



## **Contact Info**

BELKNAP BOYS AND GIRLS CLUB

Site Coordinator: Chloe Wood Email: chloe.wood@bgcutah.org Phone: 1-801-372-4887

Program Address: 650 E. 510 N. Beaver Utah



# Belknap Afterschool Program 2023-2024



# February Club & Activity Details

## **Message to Parents:**

We are so excited for the fun activities we have planned for February! We look forward to continuing to build relationships with the youth, teach them new skills that can help them in the future, and watch them grow into future leaders!

## **Social Emotional Learning:**

**Positive Action** - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

### **Academic Support:**

**Power Hour** - the main focus of power hour will be to help youth complete homework assignments, work on HYLA activities and their book in a bag. Our goal is to help youth reduce missing assignments by aligning with school teachers, and working on daily assignments at programs to allow family time at home. If you know what homework your student should be working on, please let us know and we will do our best to assist them!

### **Enrichment Clubs:**

<u>Theater Club</u> - We are excited to be implementing a Theater Club! Theater provides a safe space for youth to explore and express a wide range of emotions. Through role-playing and character development, students develop empathy as they embody different perspectives and understand the motivations and experiences of others.

**STEM Club** - Youth will participate in a fun STEM Club activity! STEM activities provide opportunities for youth to explore STEM subjects, topics and challenges through hands-on experiential learning.

<u>Edventures Club</u> - Our Edventure Club activities encourage the discovery of talents, interests and self-confidence. While building unique creations and problem-solving through engaging challenges, learners are given autonomy and the opportunity to realize their full potential.

<u>Passport Club</u> - Kids are curious by nature and discovering that there are people and places around the world that are both similar and different from them is an important way to teach them about diversity and acceptance. They will learn about different cultures, foods, music and fun facts about each country as they utilize their passports to travel the world!

<u>Create Better Health Club</u> - Allie Bradshaw with our local USU Extension Office visits our programs monthly to offer the Create Better Health Club where the focus is to help participants establish healthy eating habits and a physically active lifestyle.

# FEBRUARY 2024

# Belknap Elementary

510 N 650 F Beaver Utah



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is My Truest Self

#### **Get To Know**



### Chloe Wood

I'm Chloe Wood, the Site Coordinator at Belknap. I love teaching the students and watching them learn new things and grow! Outside of program I enjoy spending time outdoors and anything adventurous! I also love spending time with my new growing family!

### **Upcoming Events**

Presidents day Feb. 19th No school Parent Teacher Conferences Feb. 22



### **Contact Information:**

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## **Project Learn**

The main focus of power hour will be to help members complete homework and school assignments

M-TH 4:30-5:00

### **STEM Labs**

During enrichment clubs, members will have the opportunity to participate in STEM activities that are engaging and enjoyable for all.

### **Enrichment**

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs. Clubs are to help students build skills in a variety of creative and active activities

M-TH 3:30-4:30

## **SEL** (Prevention and Behavior)

Positive Action, Kid-Grit and SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and integrated throughout the rest of the program.







