





Washington After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Others	1 No Programs -Christmas Break-	2 No Programs -Christmas Break-	3 Craft day/club sign up day SEL (B) - Positive Action: Golden Rule-Know the Code	4 CLUBS: 3-5: Arctic Animals and K-2: Flag Football Club POWER HOUR	5STEM Skill Building Labs: Active Rotation Creative Rotation STEM Lab
Getting Along with Others	8 SEL (P) - Positive Action: Superfriend: Respect, Friendliness, Empathy POWER HOUR	CLUBS: 3-5: Arctic Animals and K-2: Flag Football Club POWER HOUR	10 SEL (B) - Positive Action: Superfriend: Respect, Friendliness, Empathy POWER HOUR	11 CLUBS: 3-5: Arctic Animals and K-2: Flag Football Club POWER HOUR	12STEM Skill Building Labs: Active Rotation Creative Rotation STEM Lab
Getting Along with Others	15 No Club Martin Luther King Day	16  SEP Week: Modified Club	17  SEP Week: Modified Club	18  SEP Week: Modified Club	19  SEP Week: Modified Club
Getting Along with Others	22 SEL (P) - Positive Action: Superfriend: Kindness POWER HOUR	23 CLUBS: 3-5: Arctic Animals and k-2: Flag Football Club POWER HOUR	24 SEL (B) - Positive Action: Superfriend: Kindness POWER HOUR	25 CLUBS: 3-5: Arctic Animals and k-2: Flag Football Club POWER HOUR	26 STEM Skill Building Labs: Active Rotation Creative Rotation STEM Lab
Getting Along with Others	29 SEL (P) - Positive Action: Superfriend: Cooperation POWER HOUR	30 CLUBS: 3-5: Arctic Animals and k-2: Flag Football Club POWER HOUR	31 SEL (B) - Positive Action: Superfriend: Cooperation POWER HOUR		2

Daily Schedule

Monday/Wednesday 3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:05 - 4:45 pm - Power Hour / Positive Action 4:50 - 5:25 pm - Positive Action / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	Tuesday/Thursday 3:30 - 3:45 pm - Check In, Circle Up, Snack 3:45 - 4:05 pm - Recess/Wash hands 4:05 - 4:45 pm - Power Hour / Club Time 4:45 - 5:25 pm - Club Time / Power Hour 5:25 - 5:30 pm - PM Snack, Check out	Friday 12:00 - 12:30 Check in, recess 12:30 - 1:00 Structured recess 1:00 - 1:40 Computer lab 1:40 - 2:00 Super Snack 2:00 - 2:45 1st Club rotation 2:45 - 3:30 2nd Club rotation (STEM) 3:30 - 4:15 3rd Club rotation 4:15 - 4:30 PM Snack 4:30 - 5:30 Quiet time/weekly recap 5:30 Dismissal
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Contact Info
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Program Address: 300 N 300 E Washington, UT 84780



January Club & Activity Details

Message to Parents:

Welcome to the Washington Boys & Girls Club and I am super excited to jump into the new year with you all! My name is Brittney Thliveris and if you have not met me yet I would like to introduce myself as the new site coordinator for our Washington location. Coming into the new year comes a lot of fun changes for our program that I will share with you. We have now started to introduce more clubs and activities to our day to day schedule! Our mission with these new changes is to give your child more opportunities for learning and interactive activities with their peers. The goal is to provide an environment that gives your child the opportunity of choice and integrate into new activities each month. There will be a new set of clubs and activities each month that will be posted on the calendar. For monthly clubs, it is the goal to build on each activity weekly, giving your child the opportunity to learn new skills every week!

I am very excited to work with you and your child this new year as we have many awesome changes to the Washington Boys and Girls club. If you have any questions please feel free to reach out to me!

~ *Brittney Thliveris* ~

Washington Site Coordinator



SEP Week: We will **NOT** be having a full program during the week of January 16th-19th **INCLUDING** Friday (@12). The students will come get the Grab & Go bag. This will be a Snack bag and an Activity. Come to the gym at the end of the school day for the bag and then head home.

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program – an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

Academic Support:

Project Learn - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs

Arctic Animals Club - Youth in the monthly club will get to learn and understand about all the many arctic animals that share this earth with us! Youth will understand how these animals live day to day and how they interact in their home habitat. They will also learn about the food that these animals eat and skills they need in order to live in the cold arctic!

Flag Football Club - With the Super Bowl coming up, the students are going to learn about football and get the chance to play. Students will learn about the Super Bowl, where it came from and how it runs. They will also get a chance to learn the rules of flag football, practice some drills, and learn some new skills with a student run tournament at the end of the month!

Skill Building Labs

Each week on Friday youth rotate among fun and engaging activities designed to build or advance a skill in a creative, physical or STEM concentration area.

JANUARY 2024

Washington

300 N 300 E Washington, UT 84780 | 801-372-5776



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is getting along with others

Get To Know

We would like to introduce one of our awesome YDP's, Kelsi! This is Kelsi's first year with the Boys and Girls club. Kelsi is a student at Utah Tech University and enjoys volleyball, hiking, and making crafts! She is passionate about making a difference in young lives and is excited to join us here at the Boys and Girls Club!



Upcoming Events

SEP Week January 16th - 19th:
Modified Club (See note on previous page)

 www.instagram.com/bgcutah

 www.facebook.com/BGCUtah

Happy Birthday!

Chandler - Jan 4th
Charles - Jan 6th
Keahi - Jan 6th
Avery - Jan 7th
Katheryn - Jan 14th
Trinity - Jan 26th



CLUB CLOSED

January 1-2: Christmas Break
January 15: Martin Luther King Day



Contact Information:

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Project Learn

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on HYLEA activities and also have the opportunity to work with program staff on assignments given throughout the week.

STEM Labs

Mondays, Wednesdays, & Fridays

On Tuesdays and Thursdays, members have the opportunity to participate in STEM labs.

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Tuesdays & Thursdays

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



