

[Site Location] Afterschool Program 2023-2024

JANUARY



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 Winter Break No Clubs	2 Winter Break No Clubs	3 Winter Break No Clubs	4 Winter Break No Clubs	5 Winter Break No Clubs
	8 Sportsmanship Club: Charades: Traditional Power Hour	9 P.E. Club: SEL (P) - Chinese Jump Rope Power Hour	10 STEM Club: Sir Isaac Newton: Color Mixing Wheel Power Hour	11 Art Club: SEL (B) - Puffy Paint: Window Clings Power Hour	12 Literacy Club: Pick-a-Path Story Power Hour
	15 MLK Day No Clubs	16 P.E. Club: SEL (P) - Chinese Jump Rope Power Hour	17 STEM Club: Sir Isaac Newton: Laminar Flow Power Hour	18 Art Club: SEL (B) - Puffy Paint: Bracelets Power Hour	19 Literacy Club: Pick-a-Path Story Power Hour
	22 Sportsmanship Club: Charades: Reverse Power Hour	23 P.E. Club: SEL (P) - Chinese Jump Rope Power Hour	24 STEM Club: Sir Isaac Newton: Camera Obscura Power Hour	25 Art Club: SEL (B) - Puffy Paint Rocks Power Hour	26 Literacy Club: Pick-a-Path Story Power Hour
	29 Student Led: Student led group activity Power Hour	30 Student Led: SEL (P) - Student led P.E. activity Power Hour	31 Student Led: Student led STEM activity Power Hour		

Daily Schedule

Monday & Wednesday	Tuesday & Thursday	Friday
<ul style="list-style-type: none"> 3:15-3:30 – Check In & Snack 3:30-4:00 - Recess (M, W) 4:00-4:30 - Enrichment Club 4:30-5:00 – Power Hour 5:00-5:30 – Recess 5:30 - Head home 	<ul style="list-style-type: none"> 3:15-3:30 – Check In & Snack 3:30-4:00 - Positive Action SEL (T, Th) 4:00-4:30 - Enrichment Club 4:30-5:00 – Power Hour 5:00-5:30 – Recess 5:30 - Head home 	<ul style="list-style-type: none"> 1:15-1:30 - Check In 1:30-2:15 - SEL: Smart Moves 2:15-2:45 - Recess 2:45-3:00 - Snack 3:00-4:00 - Enrichment Club 4:00-4:30 - Meditation 4:30-5:00- Power Hour 5:00-5:30 - Fun Friday Rotations 5:30 - Head home



Contact Info
 Kati Bobo - Site Coordinator
 Email: kati.bobo@bgcutah.org
 Phone: 801-372-8594
 Program Address: 4230 N University Ave.



January Club & Activity Details

Message to Parents:

Welcome to the New year. Boys and Girls club has asked that we adopt a slightly different format for our calendars and newsletters. Going forward, they will be combined into one document with a more detailed description alongside them. Please feel free to contact me if you have any questions, comments, and/or concerns.

Sportsmanship Club - While no one likes to lose, it can be even more frustrating when playing with a poor winner. This is even more so with children. During our sportsmanship days we try to incorporate elements of social/emotional learning (SEL). We take a few minutes to remember what it means to be a good sport when playing games and discuss the particular ways our current activity can cause frustration. Our hope is that, through discussion and practice, we can provide ample opportunities for our students to build their skills in interacting well with their peers.

This month we will be practicing these skills through the game Charades. Specifically, we will be working on our skills in communication and teamwork. Classic Charades will challenge our students to use other ways of communicating with their peers. While Reverse Charades will encourage them to work as a team to convey meaning.

P.E. Club - Physical education is an important topic for everyone, especially our young ones who are still figuring out all the ways their growing bodies move.

This month we will be playing Chinese jump rope. This activity challenges their pattern recognition while distracted, dexterity, and gross motor skills (specifically jumping). This tends to be a popular P.E. activity as everyone messes up at some point. The beautiful part is how encouraging they get with each other.

S.T.E.M. Club - S.T.E.M. is my passion, and I firmly believe that if we can introduce these concepts in a stress free environment with the main focus being... well, safety... but the second expectation being fun, we can ignite a similar passion in all of our students.

This month we will be exploring some of the concepts that have been directly impacted through the studies of Sir Isaac Newton.

Art Club - Art is almost universally loved by students. During clubs we try to introduce mediums that the students likely won't have had many opportunities to experience, or new ways of using more common art materials that are more unique.

This month we will be working with puffy paint. Not only is this an art medium that the students will be able to stretch their artistic muscles, but also their fine motor muscles as well.

Literacy Club - It's unfortunate that many people develop a negative perception of literacy. We try to find fun ways of encouraging our students to read and write in new and stress free ways.

This month is one of my favorites. Each Friday, the students will be working together to write and produce a completely unique Pick-a-Path story. We will discuss the Hero's Journey and how choices can impact a situation. We often integrate more specific SEL lessons during this time as well.

Student Led Club - One of BGC's goals is to provide opportunities for our students to practice their leadership skills. At Walden, one of the main ways we do this is setting aside the last week of every month for student led activities. During this week, students will vote on topics that they are interested in and would like to learn about. Then, with the support of our teachers, the students teach each other.

JANUARY 2024

Walden Elementary

[4230 N University Ave.] | [801-372-8594]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is:

Get To Know...



Holly Payne

Holly has been with us for a few years now. She is kind and patient. Recently, she has added a member to her Family. If you see her with her baby, Sage, Make sure to say Hi!

Upcoming Events

As you can see from our calendar, there will be no clubs on the 15th due to it being MLK day. But as there will also be no school, hopefully, this won't be an issue.



www.instagram.com/bgcutah

Happy Birthday!

- Charlotte
- Elizabeth
- Enzo
- Henry
- Jayden
- Madeline
- Mila
- Rory
- Saroja
- Sydney



CLUB CLOSED

- July 1st - 5th - Winter Break
 - No School
- July 15th - MLK Day
 - No School



Contact Information:

Kati Bobo - Site Coordinator

Phone: 801-372-8594

Email: kati.bobo@bgcutah.org



www.facebook.com/BGCUtah

Project Learn & STEM Labs

Monday-Friday

We have homework help available every single day. We also will have reading, writing, and math activities.

We will have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

Club Enrichment Topics

Sportsmanship - Charades

P.E. - Chinese Jump Rope

S.T.E.M. - Sir Isaac Newton

Art - Puffy Paint

Literacy - Pick-a-Path

SEL (Prevention and Behavior)

Tuesday, Thursday & Friday

We will use three programs to teach SEL to the kids, which are Positive Action, SMART Moves, and Kid-Grit. We will implement daily lessons and activities from those programs to teach the kids the importance of understanding their emotions.



Utah State Board of Education



WORKFORCE SERVICES CHILD CARE