## SUNSET VIEW AFTER SCHOOL PROGRAM 2023-2024

# **NOVEMBER**



| SEL Weekly<br>Focus   | Monday  | Tuesday   | Wednesday  | Thursday  | Friday   |  |
|---|---|---|--|---|--|--|
|   | 30  | 31  | 1  | 2   | 3  |  |
| MANAGING ME   | PAN DE MUERTO<br>POWERHOUR  | SUGAR SKULL ART<br>POWER HOUR<br>SEL: POSITIVE ACTION (P):<br>MY STUFF, OUR STUFF                             | PIÑATAS<br>POWERHOUR   | TISSUE PAPER MARIGOLDS POWER HOUR SEL: POSITIVE ACTION (B): MY STUFF, OUR STUFF                 | POSITIVE ACTION/SEL<br>STEM: Designing and<br>Making Boats<br>SEL: SMART MOVES<br>FUN FRIDAY |  |
|   | 6   | 7   | 8  | 9   | 10   |  |
| MANAGING ME   | TURKEY BOWL<br>POWER HOUR   | GRATITUDE<br>CHALLENGE<br>POWER HOUR<br>SEL: POSITIVE ACTION<br>MID SURVEY                                    | LESSON ON GRATITUDE<br>AND DECORATE<br>GRATITUDE JOURNALS<br>POWER HOUR    | WRITE A TEACHER A "THANK YOU" NOTE POWER HOUR SEL: POSITIVE ACTION MID SURVEY                   | POSITIVE ACTION/SEL<br>STEM: Designing and<br>Making Boats<br>SEL: SMART MOVES<br>FUN FRIDAY |  |
|   | 13  | 14  | 15   | 16  | 17   |  |
| MANAGING ME   | POPSICLE STICK<br>TURKEY CRAFT<br>POWER HOUR  | PASSING GRATITUDE<br>ON TO OTHERS<br>POWER HOUR<br>SEL: POSITIVE ACTION (P):<br>MANAGING MONEY AND<br>TALENTS | CLAY GRATITUDE<br>LEAVES<br>POWER HOUR                                     | THANKSGIVING TRIVIA<br>POWER HOUR<br>SEL: POSITIVE ACTION (B:)<br>MANAGING MONEY AND<br>TALENTS | POSITIVE ACTION/SEL<br>STEM: Designing and<br>Making Boats<br>SEL: SMART MOVES<br>FUN FRIDAY |  |
|   | 20  | 21  | 22   | 23  | 24   |  |
| MANAGING ME   | FALL MURAL POWER HOUR SEL: POSITIVE ACTION (P): MANAGING THOUGHTS, ACTIONS, AND INTRO TO BIG FEELINGS | PAINTING FALL POWER HOUR SEL: POSITIVE ACTION (B): MANAGING THOUGHTS, ACTIONS, AND INTRO TO BIG FEELINGS      | THANKSGIVING<br>BREAK<br>NO PROGRAM  | THANKSGIVING<br>BREAK<br>NO PROGRAM   | THANKSGIVING<br>BREAK<br>NO PROGRAM  |  |
|   | 27  | 28  | 29   | 30  | 1  |  |
| MANAGING ME   | BLANKET<br>MAKING/SUNSHINE<br>KITS<br>POWER HOUR  | TREATS FOR PARENTS POWER HOUR SEL: POSITIVE ACTION (P): GRATITUDE AND LOVE                                    | WRITE LETTERS TO A<br>NURSING HOME<br>POWER HOUR                           | CLASSMATE KINDNESS<br>POWER HOUR<br>SEL: POSITIVE ACTION (B:)<br>GRATITUDE AND LOVE             | POSITIVE ACTION/SEL<br>STEM: Designing and<br>Making Boats<br>SEL: SMART MOVES<br>FUN FRIDAY |  |
|   |   | DAILY S   | SCHEDULE   | ı   |  |  |
| MONDAY - THURSDAY   |   |   |  | FRIDAY  |  |  |
| 3:15 - 3:50 PM: Check in, Snack, Recess                           |   |   | 1:30 - 2:00 PM: Check in, Recess   |   |  |  |
| 3:50 - 4:20 PM: Positive Action/SEL<br>4:20 - 4:50 PM: Rotation 1 |   |   | 2:00 - 2:40 PM: STEM Rotation<br>2:40 - 3:20 PM: SEL: SMART Moves Rotation |   |  |  |
|   |   | .L  |  | SEL: SMART Moves  | Potation   |  |
|   | I: Rotation 1   |   | 2:40 - 3:20 PM:  | SEL: SMART Moves   Snack & Recess   | Rotation   |  |



#### **CONTACT INFO**

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Program Address: 1520 W 600 S St Provo UT, 84601



## NOVEMBER 2023 SUNSET VIEW

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The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



#### OUR SEL FOCUS THIS MONTH: MANAGING ME AND MID-SURVEYS

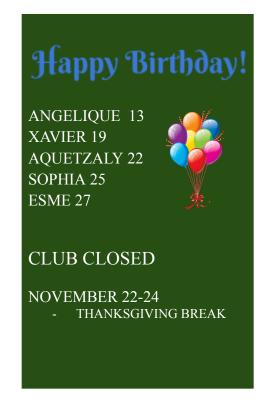


Hi! My name is Jane Erickson and I am a YDP this year here at Sunset View! I started working during our summer program and have loved it ever since! I am in my third year at UVU studying Art and Design and Family Sciences. Some fun facts about me: I am on a Hip Hop performing company at UVU and I illustrate children's books!

www.instagram.com/bgcutah www.facebook.com/BGCUtah







Contact Information: Savannah Flanary - Site Coordinator

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### **Project Learn**

M-Th @ 4:45 PM

We hold Power Hour Monday- Thursday where we help with homework, hold our reading program, and provide board games and books for the kids.

#### STEM Labs

Fridays @ 3 PM

Our main STEM activity every week is held on Friday. This month we will be designing and building boats!

### Enrichment

M-Th @ 4:10 PM

We run enrichment clubs Monday-Friday. This month we are celebrating Dia de los Muertos, Thanksgiving, and other Fall celebrations!

SEL (Social Emotional Learning) M-Th @ 3:50 PM

We will be introducing the curricula of Positive Action. This month we will be focusing on our Prevention and Behavior lessons: Managing Money and Talents; Managing Thoughts, Actions, and Intro to Big Feelings; and Gratitude and Love, as well as a mid-survey!