



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
MANAGING ME	27	28	29	30	1 POSITIVE ACTION/SEL STEM: <i>WATER CYCLE</i> SEL: SMART MOVES POST SURVEY AND REFLECTION FUN FRIDAY
MANAGING ME	4 DESIGNING AND CONSTRUCTING HOLIDAY DECORATIONS CLUB: HOLIDAY BINGO POWER HOUR	5 DESIGNING AND CONSTRUCTING HOLIDAY DECORATIONS CLUB: BEAD CANDY CANES POWER HOUR POSITIVE ACTION (P): <i>MANAGING ANGER, JEALOUSY, AND FRUSTRATION</i>	6 DESIGNING AND CONSTRUCTING HOLIDAY DECORATIONS CLUB: CONSTRUCTING TREE ORNAMENTS POWER HOUR	7 DESIGNING AND CONSTRUCTING HOLIDAY DECORATIONS CLUB: GINGERBREAD HOUSES (with cardboard and tissue paper) POWER HOUR POSITIVE ACTION (B): <i>MANAGING ANGER, JEALOUSY, AND FRUSTRATION</i>	8 POSITIVE ACTION/SEL STEM: <i>WATER CYCLE</i> FUN FRIDAY
MANAGING ME	11 WINTER WONDERLAND CLUB: SNOW GLOBES POWER HOUR	12 WINTER WONDERLAND CLUB: STOCKINGS POWER HOUR POSITIVE ACTION (P): <i>MANAGING WORRY, FEAR, AND LONELINESS</i>	13 WINTER WONDERLAND CLUB: JINGLE BELL DROP (similar to egg drop) POWER HOUR	14 WINTER WONDERLAND CLUB: MAKING RECIPES FOR HOT CHOCOLATE POWER HOUR POSITIVE ACTION (B): <i>MANAGING WORRY, FEAR, AND LONELINESS</i>	15 POSITIVE ACTION/SEL STEM: <i>HOMEMADE SNOW</i> FUN FRIDAY
MANAGING ME	18 WINTER WONDERLAND CLUB: POLAR EXPRESS READ POWER HOUR	19 WINTER OPEN HOUSE PARENT NIGHT POWER HOUR	20 WINTER BREAK NO PROGRAM	21 WINTER BREAK NO PROGRAM	22 WINTER BREAK NO PROGRAM
MANAGING ME	25 WINTER BREAK NO PROGRAM	26 WINTER BREAK NO PROGRAM	27 WINTER BREAK NO PROGRAM	28 WINTER BREAK NO PROGRAM	29 WINTER BREAK NO PROGRAM

## DAILY SCHEDULE

### MONDAY - THURSDAY

3:15 - 3:50 PM: Check in, Snack, Recess  
3:50 - 4:20 PM: Positive Action/SEL  
4:20 - 4:50 PM: Rotation 1  
4:50 - 5:20 PM: Rotation 2  
5:20 - 5:30 PM: Clean Up & Pick Up

### FRIDAY

1:30 - 2:00 PM: Check in, Recess  
2:00 - 2:40 PM: STEM Rotation  
2:40 - 3:20 PM: SEL: SMART Moves Rotation  
3:20 - 4:00 PM: Snack & Recess  
4:00 - 5:15 PM: Fun Friday Rotations  
5:15 - 5:30 PM: Clean Up & Pick Up



UTAH DEPARTMENT OF  
**WORKFORCE  
SERVICES**  
CHILD CARE

### CONTACT INFO

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# DECEMBER 2023 SUNSET VIEW

1520 W 600 S ST Provo UT 84601 | 801-857-7111



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



OUR SEL FOCUS THIS MONTH: *MANAGING ME*



Hi! My name is Jane Erickson and I am a YDP this year here at Sunset View! I started working during our summer program and have loved it ever since! I am in my third year at UVU studying Art and Design and Family Sciences. Some fun facts about me: I am on a Hip Hop performing company at UVU and I illustrate children's books!

[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)  
[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)



## Happy Birthday!

FACUNDO 11  
ENVY 12  
HALLIE 28



CLUB CLOSED

20-29 DECEMBER  
*WINTER BREAK*

### Contact Information:

**Savannah Flanary - Site Coordinator**

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### Project Learn

*M-Th @ 4:45 PM*

We hold Power Hour Monday- Thursday where we help with homework, hold our reading program, and provide board games and books for the kids.

### STEM Labs

*Fridays @ 3 PM*

Our main STEM activity every week is held on Friday. This month we will be learning about the water cycle and making homemade snow!

### Enrichment

*M-Th @ 4:10 PM*

We run enrichment clubs Monday-Friday. This month we are enjoying the Winter Wonderland and Constructing Holiday Decorations!

### SEL (Social Emotional Learning)

*M-Th @ 3:50 PM*

We will be introducing the curricula of Positive Action. This month we will be focusing on our Prevention and Behavior lessons: *Managing anger, jealousy and frustration, and managing worry, fear and loneliness.*