Sunset Afterschool Program 2023-2024

November

BOYS & GIRLS CLUBS OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing me	30 *Spooky Season Club* **SEL Positive Action(P)** *My stuff, Our stuff* *Power Hour*	31 *PARENT NIGHT!!* *SEL Kid-Grit Lesson* *Power Hour*	1 Dia De Los Muertos Club **Positive Action SEL (B)** My stuff, Our stuff Power Hour	2 **STEM** Power Hour	3 Turkey Club Pos. of the week SMART Moves Lesson Power Hour
Managing me	6 Acts of Kindness Club **Positive Action SEL (P)** Managing money & Talents Power Hour	7 Acts of Kindness Club SEL Kid-Grit Lesson Power Hour	8 Acts of Kindness Club **Positive Action SEL (B)** Managing money & Talents Power Hour	9 **STEM** Power Hour	10 Acts of Kindness Club Pos. of the week SMART Moves Lesson Power Hour
Managing me	13 Gratitude Club **Positive Action SEL (P)** Managing thoughts, actions and intro to big feelings Power Hour	14 Gratitude Club SEL Kid-Grit Lesson Power Hour	15 Gratitude Club **Positive Action SEL (B)** Managing thoughts, actions and intro to big feelings Power Hour	16 **STEM** Power Hour	17 Gratitude Club Pos. of the week SMART Moves Lesson Power Hour
Managing me	20 Thanksgiving Club **Positive Action SEL (P)** Gratitude & Love Power Hour	21 Thanksgiving Club SEL Kid-Grit Lesson Power Hour	22 *Thanksgiving Break*	23 *Happy Thanksgiving Day*	24 *Thanksgiving Break*
Managing me	27 *Thanksgiving Break*	28 Fall Club **Positive Action SEL (P)** Managing anger, jealousy, and frustrations Power Hour	29 Fall Club **Positive Action SEL (B)** Managing anger, jealousy, and frustrations Power Hour	30 **STEM** Power Hour	1 *Fall Club* *Pos. of the week* *SMART Moves Lesson* *Power Hour*

Daily Schedule Mon-Thurs		Daily Schedule Friday	
2:35-2:45	**CHECK IN**	1:00-1:15	**CHECK IN**
2:45-3:00	Snack Time	1:15-1:45	Outside Club Time
3:00-3:30	Outside Club Time	1:45-2:00	PM Snack Time
3:30-4:00	Power Hour	2:00-2:15	Positives of the week
4:00-4:30	Club Time	2:15-2:45	Power Hour/ Computer Lab Time
4:30-5:00	**SEL** Positive Action OR **SEL** Kid-grit, STEM	2:45- 3:15	Outside Club Time
5:00-5:15	Free Time	3:15-3:30	Snack TIme
5:15-5:30	Snack Time	3:30-4:00	SMART Moves Lesson
5:30	**PICKUP**	4:00-4:30	Brain Break
		4:30-5:30	FUN Friday Club
		5:30	**PICK UP**

UTAH DEPARTMENT OF WORKFORCE SERVICES CHILD CARE

Contact Info

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AMERICORPS

November 2023

SUNSET

495 Westridge Dr. St George, UT | 801-372-3151

BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

AMERICORPS

Our SEL focus this month is: Managing Me

get to know us

Meet Sunset Elementary's YDP ANGEL AVINA

This is Angel Avina. Your students know him as Herc. He is our YDP at Sunset Elementary. Herc is from Los Angeles and graduated from Chaffey High School in 2019. He grew up playing football, baseball, and wrestling. He is currently attending Utah Tech, and loves to spend his free time with friends and at the gym. He is also currently a captain for the Utah Tech Cheer team.

Upcoming Events

THANKSGIVING BREAK 23rd-26th

Happy Birthday!

We have no Birthdays this Month!

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CLUB CLOSED
November 22nd
THANKSGIVING BREAK: 23rd-26th
Teacher Prep- November 27th

Sorry We're **CLOSED**

Contact Information:
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Enrichment
Monday-Thursday 4:00-4:30
Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

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STEM LABS
Thursdays 4:30-5:00
Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

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Project Learn
Monday-Thursday *3:30-4:00*
Fri *2:25-2:45*
The main focus of power hour will be to help members complete homework assignments, work on HYLA activities and also participate in our reading program.

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SEL (Prevention & Behavior)
Monday-Friday
Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

Utah State Board of Education   UTAH DEPARTMENT OF WORKFORCE SERVICES CHILD CARE