Sunset Afterschool Program 2023-2024
JANUARY

BOYS & GIRLS CLUBS OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Pre-Survey Units 4-6	1 *Winter Break*	2 *Winter Break*	3 Sign Language Club OR 4 Square Club SEL Positive Action(P) Pre-Survey Power Hour	4 STEM Power Hour	5 Volleyball Club OR Jewelry Club SEL Positive Action(B) Pre-Survey Power Hour
Golden Rule	8 Sign Language Club OR 4 Square Club Positive Action SEL(P) Golden rule - Know the code Power Hour	9 Volleyball Club OR Jewelry Club SEL Kid-Grit Lesson Power Hour	10 Sign Language Club OR 4 Square Club Positive Action SEL(B) Golden rule - Know the code Power Hour	11 STEM Power Hour	12 Volleyball Club OR Jewelry Club SEL Kid-Grit Lesson Power Hour
SEP WEEK see the description below for more detail	15 CLOSED	16 SEP Week NOT full Program (Modified Schedule)	17 SEP Week NOT full Program (Modified Schedule)	18 SEP Week NOT full Program (Modified Schedule)	19 CLOSED Modified Schedule
SuperFriend	22 Sign Language Club OR 4 Square Club Positive Action SEL(P) Superfriend: Kindness, choosing not to bully Power Hour	23 Volleyball Club OR Jewelry Club SEL Kid-Grit Lesson Power Hour	24 Sign Language Club OR 4 Square Club Positive Action SEL(B) Superfriend: Kindness, choosing not to bully Power Hour	25 STEM Power Hour	26 Volleyball Club OR Jewelry Club SEL Kid-Grit Lesson Power Hour
SuperFriend	29 Sign Language Club OR 4 Square Club Positive Action SEL(P) Superfriend: Cooperation, courtesy and manners, fairness Power Hour	30 Volleyball Club OR Jewelry Club SEL Kid-Grit Lesson Power Hour	31 Sign Language Club OR 4 Square Club Positive Action SEL(B) Superfriend: Cooperation, courtesy and manners, fairness Power Hour	1 STEM Power Hour	2 Clubs TBA SEL Kid-Grit Lesson Power Hour

Daily Schedule Mon-Thurs

Time	Activity
2:35-2:45	CHECK IN
2:45-3:00	Snack Time & Feelings check-in
3:00-3:30	Recess
3:30-4:00	Power Hour
4:00-4:30	Club Time
4:30-5:15	SEL Positive Action OR SEL Kid-grit, STEM
5:15-5:30	Snack Time
5:30	PICKUP

Daily Schedule Friday

Time	Activity
1:00-1:15	CHECK IN & Pos. of the week
1:15-1:45	Recess
1:45-2:00	PM Snack Time
2:00-2:15	Feelings Check-in
2:15-2:45	Power Hour/ Computer Lab Time
2:45- 3:15	Recess
3:15-3:30	Snack Time
3:30-4:00	SEL Positive Action OR SEL Kid-grit
4:00-4:30	Brain Break
4:30-5:30	Club
5:30	PICK UP

Contact Info

Alexis Hatch
Site Coordinator
Email: alexis.hatch@bgcutah.org
Phone: 801-372-3151

Program Address: 495 Westridge Dr. St George, UT

SunsetAfterschool Program
2023-2024

BOYS & GIRLS CLUBS
OF UTAH COUNTY

January Club & Activity Details

Message to Parents:

SEP Week: We will **NOT** be having a full program this week INCLUDING Friday (@1). The students will come get the Grab & Go bag. This will be a Snack bag and an Activity. We will meet in the gym at the end of the school day.

A friendly reminder:

I will not answer the phone or emails outside the hours listed below:

Mon-Thurs: 2pm-6pm

Fri: 12:30pm-6pm

CLUBS:

Volleyball Club- This month for our **first** active club, students will be learning and participating in volleyball! Students will be learning the rules of the game, different drills and exercises, as well as a little history on the game. At the end of the month, students will get to compete as teams in a tournament and have fun showing the skills they have learned!

4 Square Club- This month for our **second** active club, students will be learning and participating in 4 Square. Students will be learning the rules of the game, different drills and exercises, as well as a little history on the game. At the end of the month, students will get to compete in a tournament and have fun showing the skills they have learned!

Jewelry Club- For our **first** Creativity club of the month, students will learn about different types of jewelry from all over the world and how they are made. Then the students will get to create some jewelry of their own.

Sign Language Club- For our **second** Creativity club, students will start to learn ASL (American Sign Language). We will start out with the Alphabet and then throughout the rest of the school year they will learn things like fruits, family members, and etc.

Since Fridays are so long we have a Brain Break. This is a time for the students to relax and reset before we continue with the rest of the day

Sunset Elementary

495 Westridge Dr. St George, UT | 801-372-3151

BOYS & GIRLS CLUBS OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.

AMERICORPS

Our SEL focus this month is: Getting Along with Others

---

get to know us

Meet Sunset Elementary's YDP Ashlyn Marcroft

Meet Ashlyn, she is one of our YDP's at Sunset! This is her first year of college at Utah Tech University. She is studying psychology. She moved down here in August from Herriman, Utah. Ashlyn graduated in 2023 from Mountain Ridge High School. Where she was a Captain on the cheer team. She was involved with dance, teaching dance & tumbling. She plans to serve a mission for The Church of Jesus Christ of Latter Day Saints in the Spring.

Upcoming Events

WINTER BREAK: December 21st-January 2nd

Happy Birthday!

Serenity 1/14
Katheryn 1/14
Taylor 1/17
Brodie 1/23

CLUB CLOSED
WINTER BREAK: December 21st-January 2nd

Sorry We're CLOSED

Contact Information:
Alexis Hatch, Site Coordinator
Email: alexis.hatch@bgcutah.org
Phone: 801-372-3151

www.facebook.com/BGCUtah

www.instagram.com/bgcutah

WORKFORCE SERVICES CHILD CARE

Utah State Board of Education

Enrichment
Monday-Thursday *4:00-4:30*
Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

STEM LABS
Thursdays *4:30-5:00*
Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Project Learn
Monday-Thursday *3:30-4:00*
Fri 2:25-2:45
The main focus of power hour will be to help members complete homework assignments, work on HYLA activities and also participate in our reading program.

SEL (Prevention & Behavior)
Monday-Friday
Positive Action, Kid-Grit, & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming