

Parkside Afterschool Program 2023-2024

JANUARY



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO PROGRAM -Christmas Break-	2 NO PROGRAM -Christmas Break-	3 NO PROGRAM -Christmas Break-	4 NO PROGRAM -Christmas Break-	5 NO PROGRAM -Christmas Break-
Getting Along with Others	8 Power Hour SEL - KidGrit: Holistic Wellness Wheel Clubs K-3: STEM Lab & Hibernation Club 4-6: Theatre Club & Music Production Club	9 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	10 Power Hour SEL - KidGrit: Conscious Breathing Clubs K-3: Dinosaur Club & Hibernation Club 4-6: STEM Lab & Theatre Club	11 Power Hour SEL (B)- Superfriend: Respect, Friendliness, Empathy Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	12 Power Hour SEL - KidGrit: Capstone Clubs Physical, Creative, Student Leadership Club
Getting Along with Others	15 No Programs -Martin Luther King Jr. Day-	16 Power Hour SEL (P)- Superfriend: Kindness, Choosing not to Bully Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	17 Power Hour SEL - KidGrit: Healthy Eating Clubs K-3: Dinosaur Club & Hibernation Club 4-6: STEM Lab & Theatre Club	18 Power Hour SEL (B)- Superfriend: Kindness, Choosing not to Bully Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	19 Power Hour SEL - KidGrit: Capstone Clubs Physical, Creative, Student Leadership Club
Getting Along with Others	22 Power Hour SEL - KidGrit: Self Affirmations Clubs K-3: STEM Lab & Hibernation Club 4-6: Theatre Club & Music Production Club	23 Power Hour SEL (P)- Superfriend: Cooperation, Courtesy and Manners, Fairness Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	24 Power Hour SEL: KidGrit - Service Project Clubs K-3: Dinosaur Club & Hibernation Club 4-6: STEM Lab & Theatre Club	25 Power Hour SEL (B)-Superfriend: Cooperation, Courtesy and Manners, Fairness Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	26 No Programs -Teacher Development Day-
Getting Along with Others	29 Power Hour SEL - KidGrit: I Appreciate You Because... Clubs K-3: STEM Lab & Hibernation Club 4-6: Theatre Club & Music Production Club	30 Power Hour SEL (P)- Superfriend Review Clubs K-3: Trip to Alaska Club & Duct Tape Club 4-6: Geography Club & Student Leadership Club	31 Power Hour SEL - KidGrit: Letting Go of Negative Emotions Clubs K-3: Dinosaur Club & Hibernation Club 4-6: STEM Lab & Theatre Club	1	2

Daily Schedule	Contact Info
2:15 - 2:25 Meet up/Check In 2:30 - 2:45 Snack & Circle Up 2:45 - 3:10 Recess 3:15 - 3:45 Younger SEL/Older PowerHour 3:50 - 4:20 Older SEL/Younger PowerHour 4:25 - 4:50 Club 1 4:55 - 5:20 Club 2 5:25 - 5:30 Dismiss to Pick Up 5:30 Check-Out	M. Wakley Site Coordinator Email: madison.wakley@bgcutah.org Phone: 801-592-6286 Program Address: 668 W 150 N, Orem, UT 84057



January Club & Activity Details

Message to Parents:

Hello and welcome back from Winter Break! We are so excited to move forward with a brand new daily schedule that will be uniform among all Boys and Girls Club sites within the county. This new schedule will cater to your kids attention spans and interests. If your student has any activity requests, our staff members are always taking suggestions! Please reach out with any ideas, questions, or concerns!

SEL:

Positive Action - (All grades, taught by Brian)

- Students will learn about Getting Along with Others by practicing teamwork with their peers in various challenges. Logic puzzles, competitions, and team building activities will take place.

KidGrit - (All grades, taught by Wakley)

- We will be implementing a brand new system with KidGrit! Students will be working towards Certificates in each subsection that KidGrit focuses on. This month we will be focusing on Physical Health. Students will learn about conscious breathing, healthy eating, meditation, a Service Project (that your students will design), as well as a Capstone project (that your students will design).

Enrichment Clubs:

Hibernation Club - (K-3 on Mondays/Wednesdays taught by Abi)

- Students will learn about the different types of animals that hibernate, and activities that surround those animals.

Trip to Alaska Club - (K-3 on Tuesday/Thursday taught by Abi)

- Students will explore different parts of Alaska and many traditions that are practiced there.

Dinosaur Club - (K-3 on Wednesdays taught by Nikki)

- Students will explore different subspecialties within paleontology. They will explore fossils, bones, and other things related to ancient life.

Music Production Club - (4-6 on Mondays taught by Brian)

- Students will learn basic music theory, lyric writing skills, music technology skills, and will get the opportunity to record their own music production.

Duct Tape Club - (K-3 on Tuesdays/Thursdays taught by Nikki)

- Inspired by the 2010's, students will use creative skills to design duct tape projects. They will work in groups, as well as individually. We can't wait to send your kids home with their new skills!

Theatre Club - (4-6 on Monday/Wednesday taught by Alanna)

- Students will practice memorization skills, portraying emotion through words and actions, confidence speaking in front of groups, and improvisation skills. There will be a large creative aspect.

Geography Club - (4-6 on Tuesday/Thursday taught by Alanna)

- Students will learn local and global geography in many different hands-on activities. Your students have expressed interest in history, and we will be helping them explore their curiosity about history from around the world.

STEM - (K-3 on Monday, 4-6 on Wednesdays taught by Sadie)

- Students will focus on the science portion of STEM, specifically biology. They will learn about membranes and explore the properties associated with them. These activities will follow the EiE curriculum.

Student Leadership - (4-6 on Tuesdays/Thursdays taught by Robert & Wakley)

- Students will be taught group leading skills, and then will put these new skills into practice. They will work closely with staff to design their own Clubs and execute them.

JANUARY 2024

Parkside

668 W 150 N, Orem, UT 84057 | 801-592-6286



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along with Others

Get To Know Wakley!

Our spotlight this week is our Site Coordinator, Wakley! Wakley grew up in Lehi and in her spare time enjoys growing plants (including avocado trees)! She has a background in Mechatronics Engineering, and taught STEM to your kids last year. She will be beginning nursing school in the summer at Joyce University. Wakley has worked for Boy's and Girl's Club for almost a year and a half, and has loved every second of it!




Upcoming Events

Bring a Friend to Clubs! - January 19th (Each child is able to bring a friend as a trial run of clubs, with the opportunity to register at the end of the day!)


Happy Birthday!

Sarah
Maylen
Ana
Alan



CLUB CLOSED

January 1-8 (Winter Break)
January 15 (MLK Day)



Contact Information:

M. Wakley - Site Coordinator
Phone: 801-592-6286
Email: madison.wakley@bgcutah.org

Project Learn

M-F (K-3: 3:50-4:20) (4-6: 3:15-3:45)

Project Learn is a time for your students to receive additional academic support. Staff members are able to help them with math, reading, writing, and other homework subjects.

STEM Labs

(K-3: M 4:25-5:20) (4-6: W 4:25-5:20)

Students will be focusing on Science, specifically biology. They will learn about membranes through Engineering is Elementary curriculum.

Enrichment

M-TH 4:25-5:20

Activity specifics are listed in the previous page titled *January Clubs & Activity Details*

Prevention & Education

M-F (K-3: 3:15-3:45) (4-6: 3:50-4:20)

Our focus this month will be on Getting Along with Others (Positive Action) and Physical Health (KidGrit).



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Utah State Board of Education

