

Orem Jr. Afterschool Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing My Stuff & My Developing Brain	30	31	1 SEL-Positive Action (B): Brain Development and My Behavior Clubs Sports Perler Beads First Paycheck Playlist (Finances) Movie STEM Activity Tutor Lab/Power Hour: 2-5	2 SEL: SMART: Coping Quiz Clubs Sports Virtual Reality Latin Dancing (student-led) Drawing Class Robotics Tutor Lab/Power Hour: 3-5	3 Clubs Sports Open Art Bracelet Making First Paycheck Playlist (Finances) Dungeons and Dragons Tutor Lab/Power Hour: 3-5
Mid-Surveys	6 SEL-Positive Action (P): Mid-Survey Clubs Reading and Hammocking Latin Dancing (student-led) Drawing Class Robotics Tutor Lab/Power Hour: 3-5	7 Clubs Sports Open Art Cooking Origami STEM Activity Tutor Lab/Power Hour: 3-5	8 SEL-Positive Action (B): Empathy Clubs Sports Perler Beads First Paycheck Playlist (Finances) Movie Robotics Tutor Lab/Power Hour: 2-5	9 SEL: SMART: Teaching Others Clubs Sports Virtual Reality Open Art Drawing Class Latin Dancing (student-led) Tutor Lab/Power Hour: 3-5	10 Clubs FIELD TRIP: Hike Tutor Lab/Power Hour: 3-5
Managing Me	13 SEL-Positive Action (P): My Character, My Actions Clubs Reading and Hammocking Latin Dancing (student-led) STEM ACTIVITY Drawing Class Tutor Lab/Power Hour: 3-5	14 Clubs Nail Design Sports Open Art Origami Robotics Tutor Lab/Power Hour: 3-5	15 SEL-Positive Action (B): Feeling Your Way Through Clubs First Paycheck Playlist (Finances) 3v3 BASKETBALL TOURNEY STEM Activity Tutor Lab/Power Hour: 2-5	16 SEL: SMART: Recap/Fun Final Activity Clubs Sports Virtual Reality Latin Dancing (student-led) Drawing Class Robotics Tutor Lab/Power Hour: 3-5	17 Clubs Sports Open Art Bracelet Making First Paycheck Playlist (Finances) Dungeons and Dragons Tutor Lab/Power Hour: 3-5
My Code of Conduct	20 SEL-Positive Action (P): Treating Others How I Want to Be Treated Clubs Reading and Hammocking Latin Dancing (student-led) Drawing Class Robotics Tutor Lab/Power Hour: 3-5	21 Clubs Sports Open Art Cooking STEM Activity Origami Tutor Lab/Power Hour: 3-5	22 THANKSGIVING BREAK	23 THANKSGIVING BREAK	24 THANKSGIVING BREAK
Connection & Kindness	27 SEL-Positive Action (P): Love, Connection, Relationships Clubs Reading and Hammocking Latin Dancing (student-led) Drawing Class Robotics Tutor Lab/Power Hour: 3-5	28 Clubs Nail Design Sports Open Art Origami STEM Activity Tutor Lab/Power Hour: 3-5	29 SEL-Positive Action (B): Kindness Clubs Sports Perler Beads First Paycheck Playlist (Finances) Movie Robotics Tutor Lab/Power Hour: 2-5	30 SEL: SMART: Post Survey Clubs Sports Virtual Reality Open Art Drawing Class Latin Dancing (student-led) Tutor Lab/Power Hour: 3-5	1 Clubs Sports Open Art Bracelet Making First Paycheck Playlist (Finances) Dungeons and Dragons Robotics Tutor Lab/Power Hour: 3-5

Daily Schedule

M/T/Th/F

2:45-3:00 Super snack in the lunchroom, select club
3:00-3:30 SEL Positive Action or SMART(Th)
3:30-4:20 Club rotation
4:20-4:30 Small snack. Late bus arrives.
4:30-5:30 Ending club rotations and cleanup

Wednesdays

1:45-2 Super snack in the lunchroom, select club
2-2:30 SEL: Positive Action
2:30-2:50 Club rotation
2:50-3:00 Small snack. Late bus arrives
3:00-5:30 Ending club rotations and cleanup

HOMEWORK HELP (Power Hour) IS OFFERED EVERY DAY until 5:00 in the Tutor Lab



Contact Info

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Site Coordinator
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Program Address: 650 W Jaguar Ave, Orem, UT, 84057



November 2023

Orem Jr. High School

650 W Jaguar Ave, Orem, UT, 84057 | 801-592-6312



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Managing Myself and My Standards

Get To Know

My name is Leann, I have been working with The Boys and Girls club for almost three years and I love it! I am studying at UVU and will graduate in the spring! I love baking, running, and anything crafty. I love the kids here and they're the reason I love my job!



Upcoming Events

We want to take your kids on a hike this month! Getting in touch with nature is very important. We will be sending you permission slips to sign soon!

We are reaching out to the Provo Bike Collective to learn about bike repairs. We hope to get this started this month!

 www.instagram.com/bgcutah

Happy Birthday!

- 04-Carter
- 07-Jade
- 10-Ema
- 16-Juan
- 17-Alexis
- 18-Parker
- 19-Logan
- 20-Brynlee



CLOSED
THANKSGIVING BREAK
November 22-24



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 www.facebook.com/GCUTah

STEM Labs

Mon-Fri

STEM activities will be the first and second A day of each week. Robotics will be after school on every B day. Power Hour (homework help) is every day.

Enrichment

Mon-Fri

Virtual reality club is every Thursday, and Cooking will be every other Tuesday!

We have sports happening most every day, and we will be continuing to do our cosmetology club.

We have a NEW CLUB! We will be starting a new Drawing class with the chance of winning a competition.

We have a new club being run by one of our students: Latin Dancing!

Prevention & Education

Mon-Fri

We will be educating our kids about financial literacy this month! This is a new course that we are very excited about, so please encourage your kids to come!

 Utah State Board of Education

 WORKFORCE SERVICES CHILD CARE