

Mount Mahogany Afterschool Program 2023-2024

JANUARY



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 No Programs -Christmas Break-	2 No Programs -Christmas Break-	3 No Programs -Christmas Break-	4 No Programs -Christmas Break-	5 No Programs -Christmas Break-
Getting Along with Others	8 Positive Action: SEL (P): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: Phases of the Moon	9 Power Hour Clubs K-2: Art Club or Sports Club 3-6: Bracelet Club Sports Club	10 Positive Action: SEL (B): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: Phases of the Moon	11 Power Hour Clubs K-2: Creative Club or Game Club 3-6: Sports Club or Yoga Club	12 Physical & Creative Rotations SMART Moves
Getting Along with Others	15 No Program! -Martin Luther King Jr. Day-	16 Power Hour Clubs K-2: Art Club or Sports Club 3-6: Bracelet Club Sports Club	17 Positive Action: SEL (B): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: Morse Code	18 Power Hour Clubs K-2: Creative Club or Game Club 3-6: Sports Club or Yoga Club	19 Physical & Creative Rotations SMART Moves
Getting Along with Others	22 Positive Action: SEL (P): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: I Spy Bottles	23 Power Hour Clubs 3-6 STEAM K-2: Art Club or 3-6: Bracelet Club Sports Club	24 Positive Action: SEL (B): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: I Spy Bottles	25 Power Hour Clubs 3-6 STEAM K-2: Creative Club or Game Club 3-6: Sports Club or Yoga Club	26 No Program! -BGC Staff Development Day-
Getting Along with Others	29 Positive Action: SEL (P): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: Rock City	30 Power Hour Clubs 3-6 STEAM K-2: Art Club or 3-6: Bracelet Club Sports Club	31 Positive Action: SEL (B): Superfriend: Respect, Friendliness, Empathy Power Hour STEM Labs: Rock City	1	2

Daily Schedule Monday, Wednesday	Daily Schedule Tuesday, Thursday	Daily Schedule Friday
3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:30 SEL - Positive Action 4:30-4:35 Transition 4:35-4:55 Power Hour 4:55-5:00 Transition 5:00-5:25 STEM 5:25-5:30 Transition 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:20 Power Hour 4:20-4:25 Transition 4:25-5:25 Enrichment Clubs 5:25-5:30 Transition 5:30 Snack, Check out	3:30-3:45 Check in, Snack, Circle Up 3:45-3:55 Structured Recess 3:55-4:00 Transition 4:00-4:40 Creative Enrichment 4:40-4:45 Transition 4:45-5:25 Physical Enrichment 5:25-5:30 Transition 5:30 Snack, Check out

Contact Info
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January Club & Activity Details

Message to Parents:

Welcome back! We hope you all had a relaxing Christmas break and time spent with your loved ones. We are excited to jump back into afterschool programs. We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders! As we are continuing to grow our program, we are very excited to roll our new STEM club for our kindergarten - second graders! This means that every student will be able to participate in a STEM club! Thanksgiving Point will be back January 23rd for our STEM Club for the 3rd-6th graders. I have described each of the activities/clubs below if you would like more information on what we do each day. The color of the title will correspond with the color on the calendar.

Social Emotional Learning Clubs:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday & Wednesday with new topics each week. The January theme is getting along with others-- what a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLEA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Physical & Creative Clubs:

Art Club - Art Club gives students the opportunity to use their creativity on paper! They are provided with crayons, markers, glue, tape, and more to create whatever they wish. Art Club will be ran on Tuesdays and Thursdays for the K-2nd graders.

Sports Club/ Sports Club - Sports Club will be available to all students, just on different days. All students will have the opportunity to do Sports club on Tuesdays and Thursdays. We will focus on one sport chosen by the students each week. They will be taught the skills to succeed and eventually be able to play the full game! Volleyball and Basketball were our focuses last month and the kids did great and improved so much.

Yoga Club - This club will be for our 3rd-6th graders. They will be able to listen to calming music while learning new yoga poses and how to meditate. This will help them relax after a long day at school. This will be Tuesdays and Thursdays.

Bracelet Club - The students are provided with fun material to make bracelets, necklaces, and chains. They work together to build fun creations, enhance their friendships, and learn how to be responsible with cleaning up all the materials. This club was chosen by the 3rd-6th graders and is available on Tuesdays and Wednesdays this month.

Game Club - This club is for our K-2nd graders on Tuesdays and Thursdays. They will learn fun games to help with physical activity, brain development, and getting some energy out! Some of the games we have done in the past are four corners, ships and shores, and red light green light.

Creative Club - This club is for our K-2nd grade students on Tuesdays and Thursdays. They will be able to use cardboard, paper, and other fun materials to create whatever they want. We have done rocket ships and cars in the past few months and they've loved it. This will help engage their brains and have a creative outlet.

STEM Club - This club is for all students! They will be provided with engaging activities related to science, engineering, technology, and mathematics. It will be held on Mondays and Wednesdays. Thanksgiving Point are our community partners and will be coming back starting January 23rd for our 3rd-6th graders. They do similar activities as what was listed above on Tuesdays and Thursdays.

JANUARY 2023

Mount Mahogany

618 N 1300 W St, Pleasant Grove, UT 84602 | 801-633-1525



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our Social Emotional Learning focus this month is getting along with others!

Get To Know Miss Hannah!

We would like to introduce one of our YDP's, Hannah! This is Hannah's first year with the Boys & Girls Club. She is attending UVU and majoring in English. Hannah enjoys writing and reading.



Upcoming Events

Martin Luther King Jr. Day - Jan 15th
CLUB CLOSED
BGC Staff Development Day - Jan 26th
CLUB CLOSED

Happy Birthday!

Adam	01/07
Belen	01/15
Aaron	01/18
Liam V	01/19
Emmry	01/23
Chloey	01/25
Jaxson	01/25
Amanda	01/26
Dylan	01/29
Lillie	01/31



CLUB CLOSED

January 1st-5th - Christmas Break
January 15th - Martin Luther King Jr. Day
January 26th- BGC Staff Development Day



Contact Information:

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Project Learn

Monday-Thursday 4:30-5:00 pm

The main focus of Power Hour will be to help members complete homework, work on learning activities, and participate in our reading program. The students can practice writing, reading, multiplication, addition, and subtraction during this time.

STEAM Labs

Monday-Thursday 5:00 - 5:30 pm

Friday 4:30 - 5:30 pm

We are having a variety of different Science, Technology, Engineering, and Math activities that every student has a chance to participate in. We have the Coding Club and Science Club every Tuesday and Thursday!

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Monday, Wednesday, Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.



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Utah State Board of Education



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