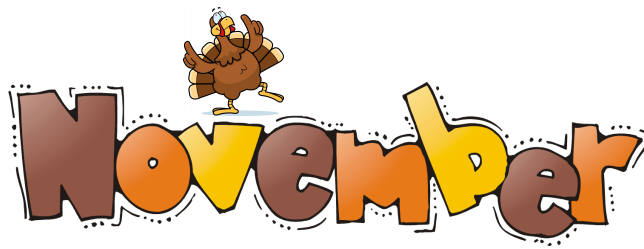


**Legacy**  
**After School Program**  
**2023-2024**



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30 <b>Harvest Club</b> Caramel Apple Friends <i>Project Learn</i>	31 <b>Harvest Club</b> <b>Halloween Games</b> <i>Project Learn</i>	1 <b>Harvest Club</b> SEL (P) - Positive Action: My stuff, Our stuff <i>Project Learn</i>	2 <b>Harvest Club</b> SEL (B) - Positive Action: My stuff, Our stuff <i>Project Learn</i>	3 <b>Harvest Club</b> STEM Club Positivity Circle SEL - SMART Moves
Mid-Surveys	6 <b>Military Appreciation Club</b> Military stars <i>Project Learn</i>	7 <b>Military Appreciation Club</b> SEL (P) - Positive Action: Mid-Survey <i>Project Learn</i>	8 <b>Military Appreciation Club</b> Operation Gratitude <i>Project Learn</i>	9 <b>Military Appreciation Club</b> SEL (B) - Positive Action: Mid-Survey <i>Project Learn</i>	10 Veterans Day <b>Military Appreciation Club</b> STEM Club Positivity Circle SEL - SMART Moves
Managing Me	13 <b>Friendship Club</b> The Money Game <i>Project Learn</i>	14 <b>Friendship Club</b> SEL (P) - Positive Action: Managing money & talents <i>Project Learn</i>	15 <b>Friendship Club</b> Mad Libs <i>Project Learn</i>	16 <b>Friendship Club</b> SEL (B) - Positive Action: Managing money & talents <i>Project Learn</i>	17 <b>Friendship Club</b> STEM Club Positivity Circle SEL - SMART Moves
Managing Me	20 <b>Thankfulness Club</b> Paper Plate Weaving <i>Project Learn</i>	21 <b>Thankfulness Club</b> SEL (P) - Positive Action: Managing thoughts, actions and intro to big feelings <i>Project Learn</i>	22  <b>No Club / No School</b>	Thanksgiving Day 23  <b>No Club / No School</b>	24  <b>No Club / No School</b>
Managing Me	27  <b>No Club / No School</b>	28 <b>Pumpkin Club</b> SEL (P) - Positive Action: Gratitude & Love <i>Project Learn</i>	29 <b>Pumpkin Club</b> Paper Striped Pumpkins <i>Project Learn</i>	30 <b>Pumpkin Club</b> SEL (B) - Positive Action: Gratitude & Love <i>Project Learn</i>	1 <b>Pumpkin Club</b> STEM Club Positivity Circle SEL - SMART Moves

Monday-Thursday Schedule	Friday Schedule
3:30 - 3:40 pm - Welcome Check-in/Wash hands 3:40 - 3:55 pm - Super Snack/Feelings Check-in 3:55 - 4:20 pm - Recess/Wash hands 4:20 - 5:00 pm - SEL - Positive Action / Club Time 5:00 - 5:25 pm - Project Learn (Academic Support) 5:25 - 5:30 pm - Pass out PM Snack & Check-out	12:00 - 12:30 pm - Welcome Check-in/Wash hands 12:30 - 12:55 pm - Recess/Wash hands 12:55 - 1:15 pm - Super Snack Time 1:15 - 2:15 pm - Station Rotation Activity Club Time 2:15 - 2:40 pm - Positivity Circle/Feelings Check-in 2:40 - 3:20 pm - STEM Club 3:20 - 3:45 pm - Movement Club SEL - SMART Moves 3:45 - 4:05 pm - PM Snack 4:05 - 4:35 pm - SEL - SMART Moves 4:35 - 5:05 pm - Recess/Wash hands 5:05 - 5:25 pm - Weekly Theme Club Time 5:25 - 5:30 pm - Clean up/Check-out



Contact Info
Heidi Taylor - Site Coordinator Email: <a href="mailto:legacy@bgcutah.org">legacy@bgcutah.org</a> * Phone: (801) 372-3284
Program Address: 280 E 100 S St George, UT 84780



NOVEMBER 2023

# Legacy

280 E 100 S St George, UT 84780 | (801) 372-3284 | [legacy@bgcutah.org](mailto:legacy@bgcutah.org)



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Feeling Good with Positive Actions

## NIKKI NORTHRUP

*BGC Southern Utah  
Legacy's Youth Development  
Professional (YDP)*



Help me welcome Nikke to her second year as an YDP at Legacy! Nikke moved to St George from Henderson, NV (Las Vegas area) last year. She is currently a senior at Utah Tech University pursuing her Bachelor degree in psychology. Some of her favorite activities are reading, thrifting, and hanging out with her friends & family. We are so happy to have her again this year.



### Happy Birthday!

Ezra N 3rd  
Jenesys C. 18th

We will **not** have program on the following days:



- 22nd No Program/No School
- 23rd No Program/No School
- 24th No Program/No School
- 27th No Program/No School

🙄 Please mark your calendar

### CONTACT INFORMATION

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Phone: (801) 372-3284

### SEL (Prevention & Behavior)

*Tuesdays & Thursdays 4:10p-4:40p*

Positive Action and Kid Grit Empowers Greatness with the direct moment by moment practice of thinking, acting, and feeling.

### STEM Activity

*Fridays 12:50p-1:50p*

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

### Project Learn

*Monday - Thursday 5:10p-5:30p*

We work with the teacher's to focus on academic support that is needed for all club members. Focus is on all subjects taught in school.

### SMART MOVES

*Fridays 2:55p-3:25p*

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills.

