

Independence Afterschool Program 2023-2024

JANUARY



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Gratitude	1 CHRISTMAS BREAK	2 CHRISTMAS BREAK	3 Homework Help Basketball Practice E-Sports	4 Homework Help Basketball Practice Game Club RPG Club	5 No Clubs
Gratitude	8 Homework Help Basketball Practice	9 Homework Help Basketball Practice Cooking Club E-Sports	10 Homework Help Basketball Practice E-Sports	11 Homework Help Game Club RPG Club BASKETBALL GAME Boys vs WA @ 5:30	12 BASKETBALL GAME @ TA Boys @ 5:30 No School HEX 3 ENDS
Gratitude	15 No School MLK Day	16 No School PD Day	17 Homework Help Basketball Practice E-Sports HEX 4 Starts	18 Homework Help Game Club BASKETBALL GAME Boys V vs TA @ 5:15	19 No Clubs
Gratitude	22 Homework Help Basketball Practice	23 Homework Help Basketball Practice Cooking Club E-Sports	24 Homework Help E-Sports BASKETBALL GAME @ SLA Boys @ 5:30 PARENT NIGHT	25 Homework Help Game Club BASKETBALL GAME @ AAI Boys JV @ 4 Boys V @ 5:30	26 No Clubs
Gratitude	29 Homework Help Basketball Practice	30 Homework Help Cooking Club E-Sports BASKETBALL GAME Boys vs AHS @ 5:30	31 Homework Help Basketball Practice E-Sports	1	2

Daily Schedule

3:00 School Ends
 3:05 Snack passed out/SEL Lesson
 3:10 Homework Help begins in Library and various Enrichment activities begin
 3:15 Practice Begins in Gym
 4:30 All Programs End
 4:35 Late Bus Leaves School

Contact Info

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 Site Coordinator
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 Phone: (801) 372-5839

Program Address: 636 Independence Ave Provo UT
 84601



January Club & Activity Details

Message to Parents:

Welcome back! We are excited to be back from break and working with your youth again. We are starting to get back into the rhythm of the new year and getting clubs back up and running.

Basketball - We are still in basketball season and are excited to have a team that can work together and be able to play together. We have games every week and practice on days that there aren't games. Practices will always be in the gym from 3:15 - 4:30.

Homework Help - The goal is to help students get help with classes that they are struggling in and provide an opportunity for them to get their grades up. Offered every day in the library from 3-4:30.

Cooking Club - Youth will have the opportunity to learn how to make different kinds of foods every week. Using different foods that can be found around the kitchen, there will be a different meal cooked. This is every Tuesday from 3:00 - 4:30.

ESports - Students will learn how to communicate, problem solve, and collaborate with others while playing competitively. Every Tuesday and Wednesday there will be games at 4. Mario Kart is on Tuesdays and Smash Bros is on Wednesdays.

Game Club - Students have the opportunity to learn how to play a variety of games, as well as learn how to play with others. It also is a time for students to be able to be social with others. Every Thursday in the cafeteria from 3-4:30.

RPG Club - Students learn how to play dungeons and dragons and develop confidence and ability to express themselves. They will also use critical thinking skills, problem-solving and social emotional skills. The first two Thursdays of the month from 3:15-4:30.

Kid-Grit - Kid-Grit is a curriculum that focuses on teaching students how to become well rounded students through social emotional mindfulness techniques. When students are picking up their daily snack they will be asked a question that relates to this curriculum and get them thinking. Everyday from 3-3:15 while students are picking up their snacks.

JANUARY 2024

Independence

636 Independence Ave Provo UT 84601 | (801) 372 - 5839



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is gratitude

Announcements

There are not enough girls for a full girl's basketball team however they are welcome to practice with the boys!

Chill Snowboarding is coming up in February if anyone is interested talk to Cassi after school about going! 6 weeks of learning how to snowboard!

Upcoming Events

- 1/1-1/2 Christmas Break
- 1/11- Boys V Home vs WA @ 4
- 1/12 No School - Makeup Snow Day
- 1/12 Boys V Away @ TA @ 4
- 1/12 Hex 3 Ends
- 1/15 MLK Day No School
- 1/16 PD Day No School
- 1/17 Hex 4 Starts
- 1/24 Boys V Away @ SLA @ 7
- 1/24 Parent Night
- 1/25 Boys V Away @ AAI @ 7
- 1/30 Boys V Home vs AHS @ 5:30

Happy Birthday!



- 5 - Dejah
- 11 - Coy
- 19 - Laly

CLUB CLOSED

- 1/1-1/2 - Christmas Break
- 1/12 - Make up Snow day
- 1/15 - MLK Day
- 1/16 - Professional Development Day



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Sports Practice

Monday - Thursday 3:15 - 4:30

Working on creating a welcoming environment where all students can come and learn how to play a sport and be on a team.

Homework Help

Monday - Thursday 3:15 - 4:30

The main goal is to help students complete homework assignments and get help in classes that they are struggling with.

Enrichment

Tuesday - Thursday 3:15 - 4:30

To help introduce students to a variety of different activities and learn different skills every day.

Prevention & Education

Monday - Thursday 3:00 - 3:15

Daily Social Emotional Lessons taught throughout the day with an emphasis on gratitude

