

Heritage After School Program 2023-2024



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Strong Body and Mind	30	31	1 Dia De Los Muertos SEL (B) Positive Action: Eating for health, avoiding harmful substances. Creativity Club Project Learn	2 Dia De Los Muertos STEM Club Creativity Club Project Learn	3 SEL-SMART MOVES Creativity Club Fitness Club
Strong Body and Mind	6 SEL (P) Positive Action: Thinking Big, Read on! Creativity Club Project Learn	7 Creativity Club Project Learn	8 SEL (B) Positive Action: Thinking Big, Read on! Creativity Club Project Learn	9 STEM Club Creativity Club Project Learn	10 SEL-SMART MOVES Creativity Club Fitness Club
Strong Body and Mind	13 SEL (P) Positive Action: Building a strong Mind. Creativity Club Project Learn	14 Creativity Club Project Learn	15 SEL (B) Positive Action: Building a Strong Mind. Creativity Club Project Learn	16 STEM Club Creativity Club Project Learn	17 SEL-SMART MOVES Creativity Club Fitness Club
Strong Body and Mind	20 SEL (P) Positive Action: Decision-making & problem solving. Creativity Club Project Learn	21 SEL (B) Positive Action: Decision-making & problem solving. Creativity Club Project Learn	22 No School	23 No School	24 No School
Managing Me	27 No School Teacher Prep Day	28 SEL (P) Positive Action: Self-discipline. Creativity Club Project Learn	29 SEL (B) Positive Action: Self-discipline. Creativity Club Project Learn	30 STEM Club Creativity Club Project Learn	1 SEL-SMART MOVES Creativity Club Fitness Club

Monday-Thursday Schedule	Friday Schedule
3:30-3:40 pm Welcome Check-in/Wash hands 3:40- 3:50 pm - Super Snack/ Daily rundown 3:50-4:20 pm - Outside Recess/wash hands 4:20-4:50 pm - Project Learn 4:50-5:20 pm - SEL Positive Action/ STEM (Thursday) 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:15 pm - Check-in/Wash hands 12:15-12:35 pm - Snack 12:45-1:15 pm - Recess 1:20-2:00 pm - SEL-SMART MOVES 2:05-3:00 pm - Station Rotation Club Time 3:00-3:30 pm - Wash hands/Snack 3:30-3:50 pm - Fitness Club 4:00-4:30 pm - Creativity Club 4:45-5:15 pm- Team Building 5:15-5:30 pm - clean up/check out



Contact Info
Site Coordinator D Leyva Email: darian.leyva@bgcutah.org Phone: 801-372-3434
Program Address: Program Address: 747 E Riverside Dr. St. George UT



November 2023

Heritage Elementary

747 E Riverside Dr. St. George UT 84790 | 801-372-3434



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: Strong Body & Mind & Managing Me

get to know us

D Leyva - Site Coordinator



I am D Leyva, the new Site Coordinator Boys & Girls Club this year. I'm a junior in college majoring in Theater Education. I spent the whole summer working at a Child Development Center for the Navy in Washington D.C. I am so excited to be back at the Boys & Girls Club for a second year.

Upcoming Events

THANKSGIVING BREAK!! November 22nd-24th

Teacher Prep Day: November 27th

www.facebook.com/BGCUtah

www.instagram.com/bgcutah

Happy Birthday!



3rd Santino

CLUB CLOSED
THANKSGIVING BREAK!! November 22nd-24th
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Project Learn

Monday- Thursday: 4:20 pm- 4:50 pm

Building strong minds through reading and positive thoughts/actions. We will also talk about self-discipline and continuing to build our self awareness.

STEM Labs

Thursdays 4:50 pm- 5:20 pm

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment

Tuesday: 4:50 pm- 5:20 pm

Friday: 4:00 pm- 4:30 pm

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Prevention & Education

Monday/Wednesday: 4:40 pm- 5:20 pm

Friday: 1:20 pm- 2:00 pm

Positive Action & SMART Moves curriculum provide members with important social-emotional skills.

