


Heritage Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	1 STEM CLUB SMART Moves Rotations
Managing Me	4 SEL (P) Positive Action: My stuff, Our stuff Project Learn	5 Project Learn Clubs: Visual Art Unique fitness	6 SEL (B) Positive Action: My stuff, Our stuff Project Learn	7 Project Learn Clubs: Visual Art Unique fitness	8 STEM CLUB SMART Moves Rotations
Managing Me	11 SEL (P) Positive Action: Managing money & talents Project Learn	12 Project Learn Clubs: Visual Art Unique fitness	13 SEL (B) Positive Action: Managing money & talents Project Learn	14 Project Learn Clubs: Visual Art Unique fitness	15 STEM CLUB SMART Moves Parent Night 4:30pm-5:30 pm
Managing Me	18 SEL (P) Positive Action: Managing thoughts, actions and intro to big feelings Project Learn	19 Visual Art Club Unique fitness Club Project Learn	20 No Program 	21 Winter Break No School	22 Winter Break No School
	25 Winter Break No School	26 Winter Break No School	27 Winter Break No School	28 Winter Break No School	29 Winter Break No School

Monday-Thursday Schedule	Friday Schedule
3:30-3:45 pm Welcome Check-in/Snack 3:45-3:55 pm - Recess 4:05-4:15 pm - Circle up 4:15-4:45 pm - Project Learn 4:50-5:20 pm - SEL Positive Action (Monday/Wednesday), Clubs (Tuesday/Thursday) 5:20-5:30 pm - Clean up/ hand out PM snack/Check-out	12:00-12:15- Check-in/Recess 12:20-12:35 pm- Snack 12:40-12:50 pm - Circle Up 1:00-1:30 pm - SMART Moves 2:05-4:45 pm - Station Rotation Club Time 4:50-5:00 pm - Team Building 5:05-5:20 pm - Gratitude 5:20-5:30 pm - clean up/check out



Contact Info
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December 2023

Heritage Elementary

747 E Riverside Dr. St. George UT 84790 | 801-372-3434



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: Managing Me

get to know us

Marianne Jhonson - Program Manager



I am Marianne Johnson, the Program Manager for Heritage Elementary this year. I am passionate about interior design, the outdoors, and music. I also like hiking, board games, and sunsets. Working with kids brings so much excitement to my life and I really enjoy being a part of the Boys and Girls Club!

Upcoming Events

WINTER BREAK!! December 21st-29th
Parent Night: December 15th, come enjoy some Christmas activities!
Short Day: December 20th No Program

 www.facebook.com/BGCUtah

 www.instagram.com/bgcutah

Happy Birthday!



26th Austre
5th Niklaus
29th Jadiel

CLUB CLOSED
WINTER BREAK!! December 21st-29th
Short Day: December 20th No Program



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Project Learn

Monday- Thursday: 4:20 pm- 4:50 pm

Building strong minds through reading and positive thoughts/actions. We will also talk about self-discipline and continuing to build our self awareness.

STEM Labs

Fridays 1:20 pm- 2:00 pm

Members will have the opportunity to participate in STEM labs. They will learn how science, technology, engineering and math can be used in everyday life.

Enrichment

Tuesday: 4:50 pm- 5:20 pm

Friday: 4:00 pm- 4:30 pm

Enrichment clubs are offering our members opportunities to participate in a variety of activities which will continue to change as the year progresses.

Prevention & Education

Monday/Wednesday/Thursday: 4:40 pm- 5:20 pm

Positive Action & SMART Moves curriculum provide members with important social-emotional skills.

