

# Gateway Prep Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	1 K/5 SEL SMARTmoves: My Superhero Self Community Building Discover, Play, Engage Activity Culture Club
Managing Me	4 K/2 SEL Positive Action (P): Managing Anger & Frustration AmeriCorps STEM 3/5 Project Learn Math Culture Club	5 K/2 Project Learn Math Culture Club 3/5 SEL Positive Action (P): Managing Anger & Frustration AmeriCorps STEM	6 K/2 SEL Positive Action (B): Managing Anger & Frustration AmeriCorps STEM 3/5 Project Learn Literacy Culture Club	7 K/2 Project Learn Literacy Culture Club 3/5 SEL Positive Action (B): Managing Anger & Frustration AmeriCorps STEM	8 K/5 SEL SMARTmoves: Rainsticks & Calming Bottles Community Building Discover, Play, Engage Activity Culture Club
Managing Me	11 K/2 SEL Positive Action (P): Managing Worry & Fear AmeriCorps STEM 3/5 Project Learn Math Culture Club	12 K/2 Project Learn Math Culture Club 3/5 SEL Positive Action (P): Managing Worry & Fear AmeriCorps STEM	13 K/2 SEL Positive Action (B): Managing Worry & Fear AmeriCorps STEM 3/5 Project Learn Literacy Culture Club	14 K/2 Project Learn Literacy Culture Club 3/5 SEL Positive Action (B): Managing Worry & Fear AmeriCorps STEM	15 K/5 SEL SMARTmoves: I Can Plan Discover, Play, Engage Activity Culture Club <b>PARENT NIGHT!</b>
	18 NO AFTER SCHOOL - WINTER BREAK	19 NO AFTER SCHOOL - WINTER BREAK	20 NO AFTER SCHOOL - WINTER BREAK	21 NO AFTER SCHOOL - WINTER BREAK	22 NO AFTER SCHOOL - WINTER BREAK
	25 NO AFTER SCHOOL - WINTER BREAK	26 NO AFTER SCHOOL - WINTER BREAK	27 NO AFTER SCHOOL - WINTER BREAK	28 NO AFTER SCHOOL - WINTER BREAK	29 NO AFTER SCHOOL - WINTER BREAK

## Daily Schedule

<b>Monday K-2</b> 2:50-3:10 Snack 3:15-3:35 Recess 3:40-4:25 SEL:Positive Action (P) 4:30-5:20 AmeriCorps STEM 5:20-5:30 Clean-up 5:30 Parent pick-up <b>Monday 3-5</b> 2:50-3:10 Snack 3:15-4:00 Project Learn Math 4:05-4:25 Recess 4:35-5:20 Culture Club 5:20-5:30 Clean-up 5:30 Parent pick-up	<b>Tuesday K-2</b> 2:50-3:10 Snack 3:15-3:35 Recess 3:40-4:25 Project Learn Math 4:30-5:20 Culture Club 5:20-5:30 Clean-up 5:30 Parent pick-up <b>Tuesday 3-5</b> 2:50-3:10 Snack 3:15-4:00 SEL:Positive Action (P) 4:05-4:25 Recess 4:35-5:20 AmeriCorps STEM 5:20-5:30 Clean-up 5:30 Parent pick-up	<b>Wednesday K-2</b> 2:50-3:10 Snack 3:15-3:35 Recess 3:40-4:25 Positive Action (B) 4:30-5:20 AmeriCorps STEM 5:20-5:30 Clean-up 5:30 Parent pick-up <b>Wednesday 3-5</b> 2:50-3:10 Snack 3:15-4:00 Project Learn Literacy 4:05-4:25 Recess 4:35-5:20 Culture Club 5:20-5:30 Clean-up 5:30 Parent pick-up	<b>Thursday K-2</b> 2:50-3:10 Snack 3:15-3:35 Recess 3:40-4:25 Project Learn Literacy 4:30-5:20 Culture Club 5:20-5:30 Clean-up 5:30 Parent pick-up <b>Thursday 3-5</b> 2:50-3:10 Snack 3:15-4:00 SEL:Positive Action (B) 4:05-4:25 Recess 4:35-5:20 AmeriCorps STEM 5:20-5:30 Clean-up 5:30 Parent pick-up	<b>Friday K-5</b> 12:50-1:00 Transition to class 1:00-1:30 SEL-SmartMoves 1:35-2:35 Discover, Play Engage Activity 2:40-3:10 Snack & Recess 3:15-4:15 Culture Club 4:15-5:15 Team Building 5:15-5:30 Clean-up 5:30 Parent Pick-up
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## Contact Info

Lily Hansen - Site Coordinator | Email: [lily.hansen@bgcutah.org](mailto:lily.hansen@bgcutah.org) | Phone: (801) 372-3849 | Program Address: 201 E. Thoroughbred Way



## December Club & Activity Details

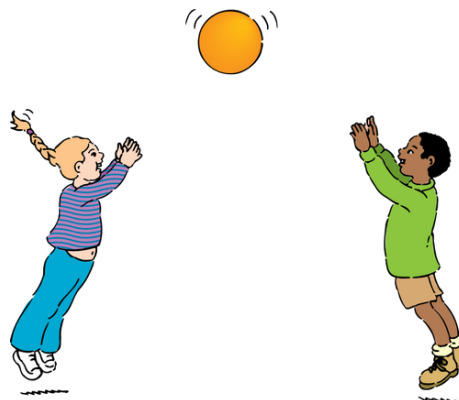
### Message to Parents:

The mission of Boys and Girls Clubs of Southern Utah is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive, caring, and responsible citizens and leaders.

Through clubs and activities, we hope to expand and grow children's interests, hobbies, life skills, and character. We support and encourage all students to participate and have fun!

**Culture Club** - In this club, students get to immerse themselves in other cultures! They will get to learn about different cultures and traditions, create something from that culture, and show it off within their peers. So far, we have created mini eiffel towers, pinatas, and origami creations. This month, club will be focused more around Holiday Traditions. We are so excited to jump into it! K/2 students experience this every Tuesday & Thursday, and 3/5 students every Monday & Wednesday.

**Community Building** - This club is focused around building positive peer relationships through body movement and games. Students will get to problem solve, work together, and celebrate their accomplishments as a group during this time. This club is usually held outside or in the gym, so please bring a coat and a good pair of shoes! All students do community building club on Fridays!



DECEMBER 2023

# Gateway Prep

201 E. Thoroughbred Way | (801) 372-3849



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is Managing Me*

## Get To Know



### Melissa Rivera - Club Teacher

Hi! My name is Melissa Rivera. I run the culture club. I was born in Provo UT, and have lived in Mexico and North Dakota. I am currently attending SUU majoring in Psychology and minoring in Criminal Justice. Some of my hobbies are reading and baking. I have been with the Boys and Girls Club since the summer and really enjoy working with kids. They bring so much joy into my life!

## Upcoming Events

Parent Night Event - December 15th  
No Program December 18th - January 5th

Happy Holidays!



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)

Happy Birthday!

Elishai - 12/13  
Gio - 12/15  
Ally M. - 12/18  
Rowdy - 12/19



**CLUB CLOSED**

December 18th - January 5th  
WINTER BREAK



## Contact Information:

**Lily Hansen - Site Coordinator**  
Phone: (801) 372-3849  
Email: [lily.hansen@bgcutah.org](mailto:lily.hansen@bgcutah.org)



[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

## Project Learn

**Tuesday & Thursday - K/2 Literacy PowerHour, Math PowerHour**  
**Monday & Wednesday - 3/5 Literacy PowerHour, Math PowerHour**

Students will have the opportunity to work on homework, class projects, and assignments. Students will also engage in math and reading through grade appropriate games, projects, and activities.

## STEM Labs

**Monday & Wednesday - K/2**  
**Tuesday & Thursday - 3/5**

Students will experience fun, age appropriate AmeriCorps STEM labs. This includes Science, Technology, Engineering, and Math.

## Enrichment

**Tuesday & Thursday - K/2**  
**Monday & Wednesday - 3/5**

*Discover, Play, Engage*

These activities are age appropriate, tactile, and fun. They promote learning in a playful way, that encourages students to try new things, and encourages team building along the way.

## SEL (Prevention and Behavior)

**Monday (P) & Wednesday (B) - K/2**  
**Tuesday (P) & Thursday (B) - 3/5**  
**Friday - SMARTmoves**

This time will be centered around learning ways to develop our sense of self, how we can better ourselves and improve our relationships with those around us. We will focus on identifying emotions, learning healthy coping skills, and building healthy relationships with peers.