Coral Cliffs After School Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Golden Rule: Know the Code	1 Winter Break NO CLUB	Winter Break NO CLUB	Positive Action (B): Golden Rule-Know the Code K-2: Yam Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	4 STEM 3-5: Yam Club or Team Building Club K-2: Art Club or Fitness Club POWER HOUR	5 KID GRIT Physical and Creative Rotations TEAM BUILDING
Superfriend: Respect, Friendliness, Empathy	Positive Action (P): Superfriend - Respect K-2: Yarn Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	9 STEM LABS 3-5: Yam Club or Team Building Club K-2: Art Club or Fitness Club POWER HOUR	Positive Action (B): Superfriend - Respect K-2: Yam Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	STEM 3-5: Yam Club or Team Building Club K-2: Art Club or Fitness Club POWER HOUR	KID GRIT Physical and Creative Rotations TEAM BUILDING
Superfriend: Kindness, Choosing not to bully	15 MLK Day Obs NO CLUB	16 SEP Week Modified CLUB Students will receive their snack and packet before school ends	SEP Week Modified CLUB Students will receive their snack and packet before school ends	SEP Week Modified CLUB Students will receive their snack and packet before school ends	SEP Week Modified CLUB Students will receive their snack and packet before school ends
Superfriend: Cooperation, Courtesy, Manners, and Fairness	Positive Action (P): Superfriend - Kindness K-2: Yarn Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	23 STEM LABS 3-5: Yam Club or Team Building Club K-2: Art Club or Fitness Club POWER HOUR	Positive Action (B): Superfriend - Kindness K-2: Yarn Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	25 STEM 3-5: Yam Club or Team Building Club K-2: Art Club or Fitness Club POWER HOUR	26 KID GRIT Physical and Creative Rotations TEAM BUILDING
Superfriend Review	Positive Action (P): Superfriend - Cooperation K-2: Yam Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	30 STEM LABS 3-5: Yam Club or Team Building Club K-2: Art Club or Fitness Club POWER HOUR	Positive Action (B): Superfriend - Cooperation K-2: Yam Club or Team Building Club 3-5: Art Club or Fitness Club POWER HOUR	1	2

Daily Schedule

M/T/W/Th 2:35-3:20 Check In/Snack/Recess 3:30-4:35 Pos Action/STEM/Power Hour 4:40-5:25 Club 5:30 Snack/Check Out

1:00-1:30 Check In, Snack, Recess 1:35-1:55 Circle Up

2:00-2:45 Kid Grit

2:50-4:25 Physical/Creative Activities

Contact Info

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Program Address: 2040 W 2000 N St. George, UT



5:20-5:30 Gratitude/Snack/Check Out

4:30-5:15 Group Activity



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January Club & Activity Details

Message to Parents:

Hello everyone! For clubs we are focusing on creative and physical activity. The students will be choosing one physical club and one creative club. We are giving the kids the choice to choose what they want to do to make them feel more in control with how their time at club is spent. Our amazing teachers have carefully decided what clubs they want to bring to the kids to make sure they have a great time.



SEP Week: We will NOT be having a full program during the week of January 16th-19th INCLUDING Friday (@1). The students will receive a Grab & Go bag. This will be a Snack bag and an Activity that students can take home instead of staying at the school for normal programs.

Social Emotional Learning:

<u>Positive Action -</u> Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program - an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Monday and Wednesday with new topics each week. The January theme is Getting Along With Others, a great way to start off the new year!

<u>Kid-Grit -</u> The kid-grit curriculum is the perfect combination of social-emotional learning, mindfulness, character education, and youth development. We are committed to this equitable approach to social-emotional learning for both your students and staff. As a result, when educators facilitate the kid-grit curriculum in classrooms or programs, there will be no disconnect.

Academic Support:

<u>Power Hour -</u> The main focus of power hour will be to help youth complete homework assignments, work on HYLA activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Enrichment Clubs:

<u>Art Club</u> - Ms. Maddie - In this club students will learn different art mediums. They will learn about mosaic pieces and water color along with other ways to create fun art. The students have learned that art is a great way to relieve stress and are going to be utilizing this.

<u>Fitness Club</u> - Mrs. Sydney - Kids should learn about ways to keep their bodies happy and healthy. So this club is all about getting physical. Students learn how to exercise and keep their bodies healthy. They will also be touching on different sports as well. Kids can learn easy exercises that will get them moving.

<u>Yarn Club</u> - Mrs. Mimi - Creating art is all about trying new things and being unconventional. In this club students will be creating fun art projects using nothing but yarn! A lot of the pieces made are for decorations and the students will be making a bunch of different shapes.

<u>Team Building Club</u> - Ms. Savannah - Students will learn how to work and play together as a team in this club. They will partake in team building games and exercises. They will learn how it takes everyone in the team to participate to solve problems and for things to work efficiently.

STEM - Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

<u>Friday Rotations</u> - Every Friday we will have activities planned that will build both the physical skills as well as creative and artistic skills of the students. The students have loved having time to do these activities and get to rotate between them during the allotted time during the day

JANUARY 2024

CoralCliffs

2040 W 2000 N St. George, UT | 801-372-3555



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along With Others

Get To Know



Ms. Maddie is our STEM Specialist. She is currently attending Utah Tech and is from Wyoming. She is excited to show the kids more awesome things during their STEM Lesson!

Upcoming Events

Jan 1-2 Winter Break Jan 15 MLK Day Observed







Contact Information:

Zhane Tines - Site Coordinator Phone: 801-372-3555 Email: zhane.tines@bgcutah.org

Project Learn

Mon-Fri

Daily assistance with reading, writing, math, spelling, or any other homework help.

STEM Labs

Tues & Thurs

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

Enrichment

Mon-Thurs

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

SEL-Prevention and Behavior

Mon & Wed

Positive Action Empowers Greatness with the direct moment-by-moment practice of thinking, acting, and feeling.



