

# Coral Cliffs Afterschool Program 2023-2024



SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	27	28	29	30	1 SMART MOVES Journal Club Break Out Activity
Managing Me	Power Hour 4 Pos Action (P) Managing Anger, Jealousy, and Frustration K-2: Culture Club or Cup Stacking Club 3-5: Music Club or Physical Action Club	Power Hour 5 STEM LABS 3-5: Culture Club or Cup Stacking Club K-2: Music Club or Physical Action Club	Power Hour 6 Pos Action (B) Managing Anger, Jealousy, and Frustration K-2: Culture Club or Cup Stacking Club 3-5: Music Club or Physical Action Club	Power Hour 7 STEM 3-5: Culture Club or Cup Stacking Club : Music Club or Physical Action Club	8 SMART MOVES Journal Club Break Out Activity
Managing Me	Power Hour 11 Pos Action (P) Managing Worry, Fear, and Loneliness K-2: Culture Club or Cup Stacking Club 3-5: Music Club or Physical Action Club	Power Hour 12 STEM LABS 3-5: Culture Club or Cup Stacking Club K-2: Music Club or Physical Action Club	Power Hour 13 Pos Action (B) Managing Worry, Fear, and Loneliness K-2: Culture Club or Cup Stacking Club 3-5: Music Club or Physical Action Club	Power Hour 14 STEM 3-5: Culture Club or Cup Stacking Club K-2: Music Club or Physical Action Club	15 SMART MOVES Journal Club Break Out Activity
Managing Me	Power Hour 18 Pos Action (P) Golden Rule: Know the Code K-2: Culture Club or Cup Stacking Club 3-5: Music Club or Physical Action Club	Power Hour 19 STEM LABS 3-5: Culture Club or Cup Stacking Club K-2: Music Club or Physical Action Club	20 Winter Break NO CLUB	21 Winter Break NO CLUB	22 Winter Break NO CLUB
	25 Winter Break NO CLUB	26 Winter Break NO CLUB	27 Winter Break NO CLUB	28 Winter Break NO CLUB	29 Winter Break NO CLUB

## Daily Schedule

M/T/W/Th	Fri	
2:35-3:20 Check In/Snack/Recess	1:00-1:30 Check In, Snack, Recess	4:30-5:15 Group Activity
3:30-4:35 Pos Action/STEM/Power Hour	1:35-1:55 Circle Up	5:20-5:30 Gratitude/Snack/Check Out
4:40-5:25 Club	2:00-2:45 SMART Moves	
5:30 Snack/Check Out	2:50-4:25 Physical/Creative Activities	

## Contact Info

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Site Coordinator  
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Program Address: 2040 W 2000 N St. George, UT



DECEMBER 2023

# CoralCliffs

2040 W 2000 N St. George, UT | 801-372-3555



**BOYS & GIRLS CLUBS**  
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



*Our SEL focus this month is: Managing Me*

## Get To Know



Hi everyone! My name is Zhane Tines and I am the Site Coordinator for Coral Cliffs. I took over for Ms. Wendy in October and have had a blast since. I am from Las Vegas, Nevada and came to Utah in 2017. I love to listen to music, read, knit, and play Animal Crossing!

## Upcoming Events


Winter Break Dec 20-31



[www.instagram.com/bgcutah](https://www.instagram.com/bgcutah)


Happy Birthday!

Maggie 12/11



**CLUB CLOSED**

Dec 20-31 Winter Break



**Contact Information:**  
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[www.facebook.com/BGCUtah](https://www.facebook.com/BGCUtah)

## Positive Action/SEL

December 4, 6, 11, 13, & 18

Positive Action Empowers Greatness with the direct moment-by-moment practice of thinking, acting, and feeling.

## STEM Club

December 5, 7, 12, 14, & 19

Each week we will have an integrated science club. The STEM lessons will correspond to our clubs every week!

## SMART Moves

December 1, 8, & 15

SMART Moves is a suite of Targeted Programs and other resources designed to help young people develop healthy decision-making attitudes and skills.

## Power Hour

Daily

Students have the opportunity to work on their homework and get help from the staff if needed.



Utah State Board of Education

