

Provo Clubhouse After School Program 2023-2024

JANUARY



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along With Others	1 CLUB CLOSED	2	3 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-3: Fairytales Club, Comic Book Club, Music Club 4-6: Clay Club, Soccer Club, Engineering Club	4 POWER HOUR SEL (B): Golden Rule K-3: Ms. Nicole 4-6: Mr. Eli	5 KidGrit: Rotations: STEM: Make your own Snow Physical: Sledding Creative: Music Jam Session Tech Choice: Chromebooks, Legos, 3D printing
	8 POWER HOUR ENRICHMENT CLUBS: K-3: Clay Club, Soccer Club, Engineering Club 4-6: Fairytales Club, Comic Book Club, Music Club	9 POWER HOUR SEL (P): Superfriend; Respect, Friendliness, & Empathy K-3: Mr. Conner 4-6: Ms. Kaylee	10 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-3: Fairytales Club, Comic Book Club, Music Club 4-6: Clay Club, Soccer Club, Engineering Club	11 POWER HOUR SEL (B): Superfriend; Respect, Friendliness, & Empathy K-3: Ms. Kaylee 4-6: Mr. Conner	12 CLUB CLOSED
	15 CLUB CLOSED	16	17 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-3: Fairytales Club, Comic Book Club, Music Club 4-6: Clay Club, Soccer Club, Engineering Club	18 POWER HOUR SEL (B): Superfriend; Kindness K-3: Mr. Eli 4-6: Ms. Nicole	19 KidGrit: Rotations: STEM: Make your own Snow Physical: Sledding Creative: Music Jam Session Tech Choice: Chromebooks, Legos, 3D printing
	22 POWER HOUR ENRICHMENT CLUBS: K-3: Clay Club, Soccer Club, Engineering Club 4-6: Fairytales Club, Comic Book Club, Music Club	23 POWER HOUR SEL (P): Superfriend; Courtesy & Manners K-3: Mr. Conner 4-6: Ms. Kaylee	24 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-3: Fairytales Club, Comic Book Club, Music Club 4-6: Clay Club, Soccer Club, Engineering Club	25 POWER HOUR SEL (B): Superfriend; Courtesy & Manners K-3: Ms. Kaylee 4-6: Mr. Conner	26 CLUB CLOSED
	29 POWER HOUR ENRICHMENT CLUBS: K-3: Clay Club, Soccer Club, Engineering Club 4-6: Fairytales Club, Comic Book Club, Music Club	30 POWER HOUR SEL (P): "I am a Superfriend" K-3: Ms. Nicole 4-6: Mr. Eli	31 POWER HOUR STEM HYLEA ENRICHMENT CLUBS: K-3: Fairytales Club, Comic Book Club, Music Club 4-6: Clay Club, Soccer Club, Engineering Club	1	2

Daily Schedule	
Monday-Thursday	Friday
3:00 - 4:00 Club Opens - Snack & Recess - Members being dropped off at various times 3:10 - 3:25 pm - Provost Van Pick Up 3:20 - 3:35 pm - Wasatch Van Pick Up 3:30 - 3:45 pm - Treeside Van Pick Up 3:45 - 4:00 pm - Provo Peaks Van Pick Up 4:00 - 4:25 pm - Circle-Up 4:25 - 5:00 pm - Power Hour/Brain Train/ Wednesday's Only - STEM HYLEA 5:00 - 5:50 pm - M&W: Enrichment Clubs; T&Th: SEL - Positive Action 5:50 pm - Final Clean up 6:00 pm - Club Closes	1:00 - 2:00 pm - Club Opens - Recess 1:20 - 1:35 pm - Provost Van Pick Up 1:30 - 1:45 pm - Wasatch & Treeside Van Pick Up 1:45 - 2:00 pm - Provo Peaks Van Pick Up 2:00 - 2:30 pm - Circle-Up 2:30 - 3:05 pm - SEL - Kid Grit Groups 3:05 - 3:30 pm - Snack/Recess 3:30 - 5:15 pm - STEM/Physical/Creative Rotations 5:15 - 5:50 pm - Tech Choice 5:50 pm - Final Clean Up 6:00 pm - Club Closes



Contact Info	
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January Club & Activity Details

Message to Parents:

Welcome back! We hope you all had a relaxing Winter break and time spent with your loved ones. We are excited to jump back into after school programs. We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

KidGrit - The kid-grit collective is passionate about equipping educators and students with the tools needed for success. Our innovative, mindful approach builds confidence & character, resilience & social-emotional learning, self-care & wellness.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments. If you know what homework your student should be working on, please let us know and we will do our best to ensure they get it done!

Brain Train - The students will be able to choose from several rooms and activities; including homework help, wordle, math games, and trivia kahoot.

STEM Labs:

Engineering Club - Youth who choose this club will have the opportunity to participate in learning about building and architecture. Each lesson builds on the previous and by the end of the month students will have created their own blueprints, built a bridge, and tested their creations.

Fairy Tale Fixers Club - Youth love a good story, and fairy tales are typically filled with beautiful illustrations and engaging storylines. Combining fairy tales with STEM activities that directly relate to a particular tale helps children develop comprehension skills and build a deeper understanding of certain math and science topics.

STEM with FlowServe - FlowServe is a company based in Springville, UT that generously volunteers their time to provide a weekly STEM activity for our students every Wednesday.

STEM rotation - Every Friday all students will participate in a STEM activity. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Enrichment Clubs:

Clay Club - Introducing clay to youth provides multiple outlets for individual ideas, feelings, and developmental skills. For youth, clay holds no preconceived ideas as to what it is or how it is supposed to be used. Youth will learn how to use modeling clay, oven bake clay, and air dry clay.

Comic Book Club - Comics are a fun way of learning stories or facts by using pictures drawn in panels. It's a great supplement to help foster love and enjoyment for books. Youth will be able to express themselves creatively and grow to love reading.

Music Club - Music accelerates brain development, enhancing fine and gross motor skills, executive function, and sensory development. Youth will learn basic rhythm, how to play small percussion instruments, and create music together.

Soccer Club - Soccer helps kids develop valuable life skills, such as hard work, problem solving, and communication. They will learn how to work together, as well as dribbling, passing, trapping, and accuracy.

JANUARY 2024

Provo Clubhouse

1060 E 150 N Provo UT 84606 | Office: 801-371-6242 | Cell: 801-717-6214



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along With Others

Get To Know: Conner Tilghman, YDP



"I'm Conner Tilghman, I'm from Arizona and I love Soccer. I'm currently in my first year

at BYU studying Actuarial Science. I hope to one day visit all 50 states. I like working at the Boys & Girls Club because it is a good way for me to connect with youth and teach them new things."

Upcoming Events

February Parent Night - Featuring Lunar New Year and Black History Month - TBD



www.facebook.com/BGCUtah



www.instagram.com/bgcutah

Happy Birthday!

4 - Gigi M.
9 - Fabrizzio C.
13 - Tanan B.
15 - Eliza V.
18 - Brigham W.
18 - Maka Y.
19 - Denny B.
20 - Ms. Nicole
23 - Owen X.
25 - Kayden G.
27 - Makaio Y.
29 - Ms. Kaylee



CLUB CLOSED

January 1-2: End of Winter Break
January 12-16: MLK Day/Long Weekend
January 26: Staff Training



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Project Learn

Monday - Thursday, 4:25 - 5:00 pm

Homework Help
Literacy, Wordle, & Reading
Kahoot
Math
Workbooks

STEM Labs

Monday, 5:00 - 5:50 pm; Wednesday, 4:15 - 5:50 pm; Friday, 3:30 - 5:15 pm

M&W: Fairytale Fixers Club
M&W: Engineering Club
W: STEM with FlowServe
F: Make Your Own Snow

Enrichment

Monday & Wednesday, 5:00 - 5:50 pm

Clay Club
Music Club
Soccer Club
Comic Book Club
STEM Clubs listed above

Prevention & Education

Tuesday & Thursday, 5:00 - 5:50 pm;
Friday, 2:30 - 3:10 pm

T: Positive Action (Prevention)
Th: Positive action (Behavior)
F: KidGrit-Healthy Habits

