

Cherry Hill Elementary Afterschool Program 2023-2024

JANUARY



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
	1 NO PROGRAM -Christmas Break-	2 NO PROGRAM -Christmas Break-	3 NO PROGRAM -Christmas Break-	4 NO PROGRAM -Christmas Break-	5 NO PROGRAM -Christmas Break-
Getting Along with Others	8 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club	9 Power Hour SEL (P)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Let's Groove Club or On the Move Club 3-6: Safari Club or Self-Care Club	10 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club	11 Power Hour SEL (B)- Superfriend: Respect, Friendliness, Empathy Clubs K-2: Let's Groove Club or On the Move Club 3-6: Self-Care Club or Safari Club	12 SMART Moves Physical, Creative, & STEM Rotations Gratitude
Getting Along with Others	15 No Programs -Martin Luther King Jr. Day-	16 Power Hour SEL (P)- Superfriend: Kindness, Choosing not to Bully Clubs K-2: Let's Groove Club or On the Move Club 3-6: Safari Club or Self-Care Club	17 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club	18 Power Hour SEL (B)- Superfriend: Kindness, Choosing not to Bully Clubs K-2: Let's Groove Club or On the Move Club 3-6: Safari Club or Self-Care Club	19 SMART Moves Physical, Creative, & STEM Rotations Gratitude
Getting Along with Others	22 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club	23 Power Hour SEL (P)- Superfriend: Cooperation, Courtesy and Manners, Fairness Clubs K-2: Let's Groove Club or On the Move Club 3-6: Safari Club or Self-Care Club	24 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club	25 Power Hour SEL (B)- Superfriend: Cooperation, Courtesy and Manners, Fairness Clubs K-2: Let's Groove Club or On the Move Club 3-6: Safari Club or Self-Care Club	26 No Programs -BGC Staff Development Day-
Getting Along with Others	29 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club	30 Power Hour SEL (P)- Superfriend Review Clubs K-2: Let's Groove Club or On the Move Club 3-6: Safari Club or Self-Care Club	31 Power Hour STEM Labs- Science Clubs K-2: Safari Club or Self-Care Club 3-6: Let's Groove Club or On the Move Club		2

Daily Schedule

Monday-Thursday	Friday
2:15-2:30 Check-in, Snack 2:30-2:45 Structured Recess 2:45-2:50 Transition 2:50- 3:10 Circle-up 3:10-3:15 Transition 3:15-3:45 K-2 (SEL-Positive Action or STEM Labs), 3-6 (Power Hour) 3:45-3:50 Transition 3:50-4:20 3-6 (SEL-Positive Action or STEM Labs), K-2 (Power Hour) 4:20-4:25 Transition 4:25-5:25 Enrichment Clubs 5:25-5:30 Transition 5:30 Snack, Check-out	2:15-2:30 Check-in, Snack 2:30-2:45 Structured Recess 2:45-2:50 Transition 2:50- 3:10 Circle-up 3:10-3:15 Transition 3:15-4:00 SEL-SMART Moves 4:00-4:05 Transition 4:05-4:25 Rotation 1 (Creative) 4:25-4:30 Transition 4:30-4:50 Rotation 2 (Physical) 4:50-4:55 Transition 4:55-5:15 Rotation 3 (STEM) 5:15-5:20 Transition 5:20-5:30 Gratitude 5:30 Snack, Check-out



Contact Info

Zayred Villarreal-Sol
Site Coordinator
Email: cherryhill@bgcutah.org
Phone: 801-717-5035

Program Address: 250 E 1650 S, Orem UT 84058



January Club & Activity Details

Message to Parents:

Welcome back! We hope you all had a relaxing Christmas break and time spent with your loved ones. We are excited to jump back into afterschool programs. We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment

throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

SMART Moves - Is a BGCA Social Emotional Learning curriculum that is evidence based with focuses on building positive relationships, decision-making/critical thinking skills, learning how to avoid/resist harmful substances/circumstances, and bullying prevention. This program is run on Fridays with new topics each week.

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs:

Science - Youth will have the opportunity to participate in a new experiment every Monday. Youth will focus on learning about observation, hypothesis, and the scientific process in these experiments.

Fairy Tales - Youth love a good story, and fairy tales are typically filled with beautiful illustrations and engaging storylines. Combining fairy tales with STEM activities that directly relate to a particular tale helps children develop comprehension skills and build a deeper understanding of certain math and science topics. Youth will have the opportunity to participate in fairy tale STEM every Wednesday.

Enrichment Clubs:

Safari Club - In this monthly club, youth will learn more in depth about animals that you will find on a safari and other animals in other habitats. They will learn about their characteristics and their habitats in fun, interactive activities that will immerse the world of the animal kingdom in our afterschool program. This club is offered to K-2 on Monday and Wednesday and offered to 3-6 on Tuesday and Thursday.

Self-Care Club - Self-care is very important, especially in this day and age. In this monthly club, youth will be shown and offered unique opportunities to prioritize their well-being. Featuring workshops on overall body wellness such as yoga, recipes for face masks, how to keep up with good hygiene, and self-affirmations. This club is offered to K-2 on Monday and Wednesday and offered to 3-6 on Tuesday and Thursday.

Let's Groove Club - Youth in this monthly club will get to learn fun choreographies for fun, kid-friendly songs. This club is to enhance the gross and fine motor skills by challenging their memory and movement skills. This club is offered to K-2 on Tuesday and Thursday and offered to 3-6 on Monday and Wednesday.

On the Move Club - Youth will participate in physical activities where they will have to learn teamwork, endurance and sportsmanship. This club will have given them an opportunity to set goals as a team and practice to reach them. This club is offered to K-2 on Tuesday and Thursday and offered to 3-6 on Monday and Wednesday.

JANUARY 2024

Cherry Hill Elementary

250 E 1650 S, Orem UT 84058 | (801)717-5035



The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along with Others

Get To Know



I'm Miss Jackie! I'm the STEM Specialist here at the Boys and Girls Club! I love science (mostly life sciences), music, reading, and going to concerts. Working with the students here has been an absolute joy!

Upcoming Events

No Club- Jan. 15th (Martin Luther King Jr. Day)
No Club- January 26th (Staff Development Day)



www.instagram.com/bgcutah

Happy Birthday!

Nia-1/21
Kenna- 1/17
Jamie- 1/10
Jackson- 1/08
Ravi-1/13
Talita- 1/23
Sara-1/07
Samantha-1/10
Ivanna B-1/14



CLUB CLOSED

Jan. 15th- Martin Luther King Jr. Day
January 26th- Staff Development Day



Contact Information:

Zayred Villarreal-Sol - Site Coordinator

Phone: (801) 717-5035

Email: cherryhill@bgcutah.org



www.facebook.com/BGCUtah

Project Learn

Monday-Thursday

The main focus of power hour will be to help members complete homework assignments, work on HYLE activities and also participate in our reading program.

STEM Labs

Monday & Wednesday

During our power hour on Tuesdays and Thursdays, members have the opportunity to participate in STEM labs after they have

Enrichment

Everyday

Enrichment clubs are to further enrich and broaden our members' experiences by offering a variety of clubs that members have a choice between. These clubs are changed on a monthly basis.

Prevention & Education

Tuesday, Thursday, & Friday

Positive Action & SMART Moves curriculum focus on providing youth with important social-emotional skills. All SEL skills are taught through daily lessons and then integrated throughout the rest of programming.

