

Bonneville After School Program 2023-2024

JANUARY



**BOYS & GIRLS CLUBS
OF UTAH COUNTY**

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Have fun!	1 WINTER BREAK	2 WINTER BREAK	3 WINTER BREAK	4 WINTER BREAK	5 WINTER BREAK
Getting Along with Others	8 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	9 Power Hour SEL: Positive action (P) Respect, Friendliness, Empathy Clubs: K-2: Indoor sports club 3-6: Storytelling club	10 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	11 Power Hour SEL: Positive action (B) Respect, Friendliness, Empathy Clubs: K-2: Indoor sports club 3-6: Storytelling club	12 Rotations: STEM Physical Creative
Getting Along with Others	15 Closed -Martin Luther King Jr.Day-	16 Power Hour SEL: Positive action (P) Kindness, Choosing not to Bully Clubs: K-2: Indoor sports club 3-6: Storytelling club	17 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	18 Power Hour SEL: Positive action (B) Kindness, Choosing not to Bully Clubs: K-2: Indoor sports club 3-6: Storytelling club	19 Rotations: STEM Physical Creative
Getting Along with Others	22 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	23 Power Hour SEL: Positive action (P) Cooperation, Courtesy and Manners, Fairness Clubs: K-2: Indoor sports club 3-6: Storytelling club	24 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	25 Power Hour SEL: Positive action (B) Cooperation, Courtesy and Manners, Fairness Clubs: K-2: Indoor sports club 3-6: Storytelling club	26 Closed -BGC Staff Development Day-
Getting Along with Others	29 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	30 Power Hour SEL: Positive action (P) Superfriend Review Clubs: K-2: Indoor sports club 3-6: Storytelling club	31 Power Hour STEM Labs Clubs: K-2: Storytelling club 3-6: Indoor sports club	1	2

Daily Schedule (Monday & Wednesday)	Daily Schedule (Tuesday & Thursday)	Daily Schedule (Friday)
2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:50- 3:10 Circle-up 3:15-3:45 Power hour (K-3) & STEM (4-6) 3:50-4:20 Power Hour (4-6) & STEM (K-3) 4:25-5:25 Enrichment Clubs 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:50- 3:10 Circle-up 3:15-3:45 Power hour (K-3) & SEL: Positive Action (4-6) 3:50-4:20 Power Hour (4-6) & SEL: Positive Action (K-3) 4:25-5:25 Enrichment Clubs 5:30 Snack & Check-out	2:15-2:30 Check-in & Snack 2:30-2:45 Recess 2:50- 3:10 Circle-up 3:15-4:00 SEL-SMART Moves 4:05-4:25 Rotation 1 (STEM) 4:30-4:50 Rotation 2 (Physical) 4:55-5:15 Rotation 3 (Creative) 5:20-5:30 Gratitude 5:30 Snack & Check-out



Contact Info
Kaven Johansen Site Coordinator Email: Bonneville@bgcutah.org Phone: (801) 372-5461
Program Address: 1245 N 800W, Orem, UT, 84057



January Club & Activity Details



Message to Parents:

Welcome back! We hope you all had a relaxing Christmas break and time spent with your loved ones. We are excited to jump back into afterschool programs. This month we will be starting a new curriculum aligned with Boys and Girls Clubs across the county designed to help children develop in multiple key areas. We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders!

STEM - Children will get hands-on experience with the scientific method and engineering process. STEM Labs are taught on Tuesday and Thursday, with an additional activity during Friday rotations.

SEL -- The Positive Action curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Thursday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYL A activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

Storytelling club - The purpose of this club is to introduce children to creative writing through a variety of activities, including opportunity to participate in cooperative storytelling with their peers. By the end of the month they should be able to create new characters and even worlds, all they need is their imagination! K-2 will participate in this club on Monday and Wednesday, 3-6 will participate in this club Tuesday and Thursday.

Indoor Sports Club - Physical activity is important year round, but now that winter is upon us it can be hard to go out and play traditional sports, such as soccer or football. Our goal is to give them several options of ways to keep active indoors when going outside may not be an option, including both games in the gym and at home. 3-6 will participate in this club on Monday and Wednesday, K-2 will participate in this club Tuesday and Thursday.

JANUARY 2024

Bonneville Elementary

[1245 N 800W] | [(801) 372-5461]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along with Others

Get To Know



Hi! I'm Miss Ali, the Program Manager. I help the Site Coordinator and staff with lesson planning, training, and time management. I also help kids with understanding big emotions and feelings. Things I love to talk about include stickers, crystals, squishmellows, and dying my hair fun colors!

Upcoming Events

- January 1st: New Year's day
- January 12th: Stick To Your New Year's Resolution Day
- January 15th: Elementary School Teacher Day
- January 21st: World Snow Day ❄️👶❄️

Happy Birthday!

- Jan 6th: Victoria
- Jan 12th: Dylan
- Jan 14th: Sara
- Jan 15th: Heukeiti
- Jan 19th: Almyra
- Jan 20th: David
- Jan 23rd: Javier
- Jan 29th: Maya
- Jan 29th: Damian
- Jan 31st: Luciana



CLUB CLOSED

- Jan 1-5: Winter break
- Jan 15: Martin Luther King Jr. Day
- Jan 26: BGC Staff Development Day



Contact Information:

Kaven Johansen - Site Coordinator
Phone: (801) 372-5461
Email: Bonneville@bgcutah.org

Project Learn (Power Hour)

3:15-4:20 (Monday-Thursday)

Time to work on homework, practice math, read, or do other academically enriching activities.

STEM Labs

3:15-4:20 (Monday & Wednesday)

Activities involving science, technology, engineering, mathematics, and related topics.

Enrichment

4:25-5:25 (Monday-Thursday)

Clubs designed to introduce new activities and possibly new passions to the children.

Prevention & Education

3:15-4:20 (Monday-Thursday)

Social Emotional Learning (SEL): Lessons on becoming a good person and understanding your feelings



www.instagram.com/bgcutah



www.facebook.com/BGCUtah

