

Timpanogos After-School Program 2023-2024

JANUARY



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Getting Along with Others	1 Winter Break	2 Winter Break	3 Circle Up Power Hour/HYLA Clubs: Setting Goals/New Year's Resolutions	4 Circle Up Power Hour/HYLA Clubs: Setting Goals/New Year's Resolutions	5 SEL (B)- Golden Rule-Know the Code STEM Circle Up Fun Friday
Getting Along with Others	8 Circle Up Power Hour/HYLA Clubs: Setting Goals/New Year's Resolutions	9 SEL (P)- Superfriend: Respect, Friendliness, Empathy Circle Up Power Hour/HYLA Clubs: Kindness/Service	10 Circle Up Power Hour/HYLA Clubs: Setting Goals/New Year's Resolutions	11 Circle Up Power Hour/HYLA Clubs: Setting Goals/New Year's Resolutions	12 No School
Getting Along with Others	15 No School MLK Day	16 No School	17 Circle Up Power Hour/HYLA Clubs: Let it Snow!!	18 Circle Up Power Hour/HYLA Clubs: Let it Snow!!	19 SEL (B)- Superfriend: Kindness, Choosing not to Bully STEM Circle Up Fun Friday
Getting Along with Others	22 Circle Up Power Hour/HYLA Clubs: New Holiday/Celebrations	23 SEL (P)- Superfriend: Cooperation, Courtesy and Manners, Fairness Circle Up Power Hour/HYLA Clubs: New Holiday/Celebrations	24 Circle Up Power Hour/HYLA Clubs: New Holiday/Celebrations	25 Circle Up Power Hour/HYLA Clubs: New Holiday/Celebrations	26 SEL (B)- Superfriend: Cooperation, Courtesy and Manners, Fairness STEM Circle Up Fun Friday
Getting Along with Others	29 Circle Up Power Hour/HYLA Clubs: Hibernation/Animals	30 SEL (P)- Superfriend Review Circle Up Power Hour/HYLA Clubs: Hibernation/Animals	31 Circle Up Power Hour/HYLA Clubs: Hibernation/Animals	1	2

Daily Schedule MON/WED/THUR	Daily Schedule TUE	Daily Schedule FRI
3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:30 PM - Power Hour(HYLA) k-3 & Circle Up & Clubs/Rotation 4-6 4:30-5:15 PM - Power Hour(HYLA) 4-6 & Clubs/Rotation k-3 5:15-5:30 PM - Clean up 5:30 PM - Check-out/Pick up	3:05-3:45 PM - Check-in, Snack, and Recess 3:45-4:15 PM - SEL-Positive Action k-3 & Power Hour(HYLA) 4-6 4:15-4:45-SEL-Positive Action 4-6 & Power Hour(HYLA) k-3 4:45-5:15 PM Clubs/Rotations all 5:15-5:30 PM - Clean up 5:30 PM - Check-out/Pick up	1:30-2:00 PM - Check-in, Recess 2:00-3:00 PM - 30 min rotations, SEL-Positive Action/STEM 3:00-3:45 PM - Snack, Structured Physical Activity 3:45-4:00 PM - Circle up 4:00-4:35 PM - Fun Friday Rotations 1 4:35-5:15 PM - Fun Friday Rotation 2 5:15-5:30 PM - Clean up 5:30 PM - Check-out/Pick up



Contact Info
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January Club & Activity Details

Message to Parents:

Welcome back! We hope you all had a relaxing Christmas break and time spent with your loved ones. We are excited to jump back into afterschool programs. We look forward to continuing to build relationships with the youth, teach the youth new skills that can help them in the future, and watch them grow into future leaders!

Social Emotional Learning:

Positive Action - Social Emotional Learning curriculum is an evidence based program that is integrated in afterschool activities to build a positive environment throughout the program -- an environment that encourages students to do their best and be their best. Positive Action teaches real-life concepts that help students feel good about themselves. This program is run Tuesday & Friday with new topics each week. The January theme is getting along with others, a great way to start off the new year!

Academic Support:

Power Hour - The main focus of power hour will be to help youth complete homework assignments, work on HYLE activities and also participate in our reading program. Our goal is to help youth reduce missing assignments by aligning with school day teachers and completing daily assignments at programs to allow family time at home.

STEM Labs: Starting in the new year each Friday the students will be treated with an activity that is provided by our STEM specialist that will focus on helping them develop skills in math and science!!!

Enrichment Clubs:

New Year's Resolutions - During the first weeks back from the break the students will dive into learning about successful goal making and keeping strategies. Each club day the students will meet with different staff to do activities that will aid them in discovering things they want to do, and things they want to improve on in their day to day lives!

Let it Snow!! - Seeing as winter has begun, what better way to celebrate than to learn about, and play with snow! We live in a place with a lot of snow, and here the students will be able to understand how snow works, where it comes from, and also get to exercise and explore fun snow activities! Held during the 3rd week of January.

New Holidays - Some of our staff here expressed that in winter it can be hard to want to do things because of the lack of sunlight, and because of how cold it gets. To combat the feelings of stress and sadness we want to celebrate by coming up with our own club holiday and celebration day! The students will come together to create new games, holidays, and much more in order to celebrate how grand it is just to be alive! Held the 4th week of January.

Animal/Hibernation - As we transition into February we want to talk about animals like the groundhog, bears, and many more and their habits during winter. We will try out some of their habits, and learn why it is effective or not effective according to our own thoughts! Held the last week of January.

January 2024

Timpanogos Elementary

449 N 500 W, Provo, UT 84601 | (801) 857-4361



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is Getting Along With Others!

Get To Know Hannah!

Hello! My name is Hannah Cameron and I am from Salt Lake City, Utah. I am currently a senior at Brigham Young University studying Public Health with a Health Promotion emphasis. One thing about me is that I absolutely love being outside—whether it's climbing, skiing, fly fishing or camping, I love it!



Upcoming Events

December 20th-January 2nd
Winter Break



www.instagram.com/bgcutah

Happy Birthday!



1 Camden
6 Ryan
11 Mr. Marco
14 Madai
14 Emily
24 Nelma

CLUB CLOSED
December 20th-January 2nd
Winter Break
January 12th - January 16th
MLK day/break



Contact Information:

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www.facebook.com/BGCUtah

Project Learn

Monday-Thursday @ 3:45 PM or 4:30 PM

We hold Power Hour on Monday-Thursday where we help with homework, hold our reading program, and provide learning games/activities and books for the kids.

STEM Labs

Fridays @ 2 PM

Our main STEM activity every week is held on Friday. This month we will begin to focus on structured activities provided by our AmeriCorps team!

Enrichment

Monday-Thursday @ 3:45 PM or 4:30 PM

We run enrichment clubs Monday-Thursday. This month we will be focusing on the new year with goals, snow, animals, and creating our own events to celebrate!

SEL (Prevention and Behavior)

Tuesday & Thursday @ 3:45 PM before
Project Learn

We will become more familiar with Positive Action and learn how to get along with others and foster friendships that last!



Utah State Board of Education



