

Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me					1 FUN FRIDAY! Power Hour SMART MOVES
Managing Me	4 CREATIVE CLUB Power Hour SEL	5 MOVING CLUB Power Hour Positive Action (P): Managing Anger, jealousy, and frustration	6 STEM CLUB Power Hour SEL	7 HOLIDAY CLUB Power Hour Positive Action (B): Managing Anger, jealousy, and frustration	8 FUN FRIDAY! Power Hour SMART MOVES
Managing Me	11 CREATIVE CLUB Power Hour SEL	12 MOVING CLUB Power Hour Positive Action (P): Managing worry, fear, and loneliness	13 STEM CLUB Power Hour SEL	14 HOLIDAY CLUB Power Hour Positive Action (B): Managing Anger, jealousy, and frustration	15 FUN FRIDAY! Power Hour SMART MOVES
Managing Me	18 CREATIVE CLUB Power Hour SEL	19 MOVING CLUB Power Hour Positive Action (P/B): Golden Rule-Know the Code	20 STEM CLUB Power Hour SEL	21 CLUB CLOSED	22 CLUB CLOSED
Winter Break	25 CLUB CLOSED	26 CLUB CLOSED	27 CLUB CLOSED	28 CLUB CLOSED	29 CLUB CLOSED
Winter Break	JANUARY 1 CLUB CLOSED	JANUARY 2 CLUB CLOSED	JANUARY 3 CLUB CLOSED	JANUARY 4 CLUB CLOSED	JANUARY 5 CLUB CLOSED

Daily Schedule

- 3:30-4:00 - Check in / Snack / Bathroom
- 4:00-4:30 - Power Hour (Homework / Reading)
- 4:30-5:00 - SEL (Positive Action / SMART Moves)
- 5:00-5:30 - Clubs
- 5:30-5:45 - Check out / Go home

Contact Info

Fina Giraldo - Site Coordinator

Email: josefina.muller@bgcutah.org

Phone: 801-372-5373 (call/text)
(Monday to Friday, 2:30 p.m. to 6:00 p.m.)

Program Address: 1315 N Main St. Orem, Utah

December 2023

Windsor Elementary

1315 North Main Street Orem, UT 84057 | 801-372-5373



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is "Managing Me (Prevention and Behavior)."

Get to Know one of our Youth Development Professionals!



Hannah Edwards is our AmeriCorps STEM Specialist. She started working for the Boys and Girls Club in October 2023. She is always happy and smiling. Your children love her STEM lessons. She likes sushi and movies. She loves to be with your children every day!

Upcoming Events

Check our **DECEMBER** Calendar! This month our club will be closed on many different days. So you can plan accordingly on those days. **Please pay attention to any emails that we send you.**

Follow us on

 www.instagram.com/bgcutah

 www.facebook.com/BGCUtah



Lia - 11

Jancarlo - 18

Aylin - 25

Atziry - 28

Abby - 28

CLUBS WILL BE CLOSED

From December 21st

To January 5th



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Power Hour and STEM Club

Monday-Friday

We have homework help available every single day. We also will have reading, writing, and math activities.

We will have STEM Club once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

Club Enrichment Activities

Monday-Friday

Sports, arts, crafts, science experiments, FUN Fridays, team-building activities, and more!

SEL (Prevention and Behavior)

Monday-Friday

We will use three programs to teach SEL to the kids, which are Positive Action and SMART Moves. We will implement daily lessons and activities from those programs to teach the kids the importance of understanding their emotions.

