

Walden Elementary Afterschool Program 2023-2024



BOYS & GIRLS CLUBS
OF UTAH COUNTY

SEL Weekly Focus	Monday	Tuesday	Wednesday	Thursday	Friday
Managing Me	30	31	1 STEM Club: Making Crystals Power Hour	2 Art Club: SEL (B) - My Stuff, Our Stuff Power Hour	3 Literacy Club: SEL - Calming Bottles Alliteration Power Hour
Mid-Surveys	6 Sportsmanship Club: Hand-Clap Power Hour	7 P.E. Club: SEL (P) - Mid-Survey Upside Down Goggles Power Hour	8 STEM Club: Starburst Rocks Power Hour	9 Art Club: SEL (B) - Mid-Survey Sewing Power Hour	10 Literacy Club: SEL - "I Can" Plan Alliteration Power Hour
Managing Me	13 Sportsmanship Club: Hand-Clap Power Hour	14 P.E. Club: SEL (P) - Managing Money & Talents Upside Down Goggles Power Hour	15 STEM Club: Geodes Power Hour	16 Art Club: SEL (B) - Managing Money & Talents Sewing Power Hour	17 Literacy Club: SEL - Coping Blocks Alliteration Power Hour
Managing Me	20 Sportsmanship Club: Hand-Clap Power Hour	21 P.E. Club: SEL (P) - Managing Thoughts, Actions & Intro to Big Feelings Upside Down Goggles Power Hour	22 Early-Out No Clubs	23 Thanksgiving Break No Clubs	24 Thanksgiving Break No Clubs
Managing Me	27 Leadership Club: Sportsmanship Power Hour	28 Leadership Club: SEL (P) - Gratitude & Love Sportsmanship Power Hour	29 Leadership Club: Sportsmanship Power Hour	30 Leadership Club: SEL (B) - Gratitude & Love Sportsmanship Power Hour	1

Daily Schedule

Monday & Wednesday

- 3:15-3:30 – Check In & Snack
- 3:30-4:00 - Recess (M, W)
- 4:00-4:30 - Enrichment Club
- 4:30-5:00 – Power Hour
- 5:00-5:30 – Recess
- 5:30 - Head home

Tuesday & Thursday

- 3:15-3:30 – Check In & Snack
- 3:30-4:00 - Positive Action SEL (T, Th)
- 4:00-4:30 - Enrichment Club
- 4:30-5:00 – Power Hour
- 5:00-5:30 – Recess
- 5:30 - Head home

Friday

- 1:15-1:30 - Check In
- 1:30-2:15 - SEL: Smart Moves
- 2:15-2:45 - Recess
- 2:45-3:00 - Snack
- 3:00-4:00 - Enrichment Club
- 4:00-4:30 - Meditation
- 4:30-5:00 - Power Hour
- 5:00-5:30 - Fun Friday Rotations
- 5:30 - Head home



Contact Info

Kati Bobo - Site Coordinator
Email: kati.bobo@bgcutah.org
Phone: 801-372-8594
Program Address: 4230 N University Ave.



November 2023

Walden Elementary

[4230 N. University Ave. Provo] | [801-372-8594]



BOYS & GIRLS CLUBS
OF UTAH COUNTY

The mission of the Boys & Girls Clubs of Utah County is to inspire and enable all young people, especially those who need us most, to realize their full potential as productive and responsible citizens and leaders.



Our SEL focus this month is: Managing Me

Get To Know: Sinalyn Nielsen



Sina has been part of Walden and our afterschool program for quite a long time. For a time she took on our AmeriCorps position, but has now transitioned to our P.E. specialist.

November 22nd


Just to let everyone know; November 22nd is a half school day but there will be no clubs on this day.



www.instagram.com/bgcutah


Happy Birthday!

- Alex
- Emilie
- Ilo
- Jax



CLUB CLOSED

- November 22nd - Early Out
- November 23 - 24th - Thanksgiving Break



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www.facebook.com/BGCUtah

Project Learn & STEM Labs

Monday-Friday

We have homework help available every single day. We also will have reading, writing, and math activities.

We will have STEM once a week with fun activities that will help children learn about Science, Technology, Engineering, and Math.

Club Enrichment Topics

Sportsmanship - Hand Clap Rhythms

P.E. - Upside Down Goggles

S.T.E.M. - Rocks

Art - Sewing

Literacy - Alliteration

SEL (Prevention and Behavior)

Tuesday, Thursday & Friday

We will use three programs to teach SEL to the kids, which are Positive Action, SMART Moves, and Kid-Grit. We will implement daily lessons and activities from those programs to teach the kids the importance of understanding their emotions.

